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सर्वे: सन्तु निरामया:

REIKI VIDYA NIKETAN

The above image is from Vardhapan Diwas 2026 at Devrukh Ashram.

This issue is not for commercial purpose. It's only for sharing Knowledge and experiences in the Reiki Bramha group.



Let your love energy spread everywhere...

Reiki is a heart energy. Our heart is a core of our existence. In our heart lies love and compassion. For a common man, it is difficult to experience his/her own love and compassion but for a Sadhak, it is very easy. In our first-degree Reiki Seminar, we cleanse upper four chakras i.e. Anahat (Heart) chakra, Vishuddhi (Throat) chakra, Ajna (Third eye) chakra and Sahastrahar (Crown) chakra. With this our transmission channel opens and this divine energy of Reiki flows through our hands.

Psychology says that a human being needs touch right from birth till death. It is called stroking in Psychology. In 1920, Dr, Fritz Talbot visited a clinic in Germany where marasmus mortality rate was zero. "Marasmus" is a situation where the infants die by losing weight and stop growing inspite of feeding them properly and giving adequate medical treatment. He discovered a motherly ward maid named "Old Anna." Whenever a baby failed to thrive and was nearing death from marasmus, Anna would wrap the baby up, carry them around, **stroke them, and give**

them constant physical affection. The clinic called this treatment "T.L.C." (Tender Loving Care). Talbot brought this practice back to America. At Bellevue Hospital in New York.

There are enough cases where mother's love and care along with medical treatment has cured deadly diseases of children. So is the case with every human being. Everyone needs love and care. Healing happens when a person also experiences love and care. When a person gets connected to divine energy. When a person gets connected to his/her soul. A person who is sick and has lost hope feels like living again as someone is there to care. Someone is there to love.

In this world, everyone is very busy, everyone is full of stress and tension. Everyone is full of worries and negativities. And so they cannot experience their own love and compassion. They are totally connected with Ego consciousness. In the race of getting life full of luxuries and comfort somewhere they are losing their



connect with their soul. They are going in to proven ness which is at the cost of their health. When they fall sick, they understand the fallacy of material life.

But, for a Sadhak, a task is assigned to spread love and compassion where he/she goes. We need to touch the heart of a person. By touching the heart with our love and compassion, we are allowing the person to connect to his/her Soul consciousness. When we are connected to our Soul consciousness, we experience our love and compassion, and this is our true nature. And anyone who is connected to his/her core nature, gets cured.

Today everyone has got relationship but there is no heart-to-heart connection. People do not have time to listen or share their inner things which causes them trouble in form of health issues.

Our presence and giving some love and support will make a difference. This is our purpose to experience our inner love and give as much love as possible. A Healer should be kind and compassionate. A healer should speak such words which would heals the wounds of the patient. We do not know how many wounds a person carries but our words should be such that heals

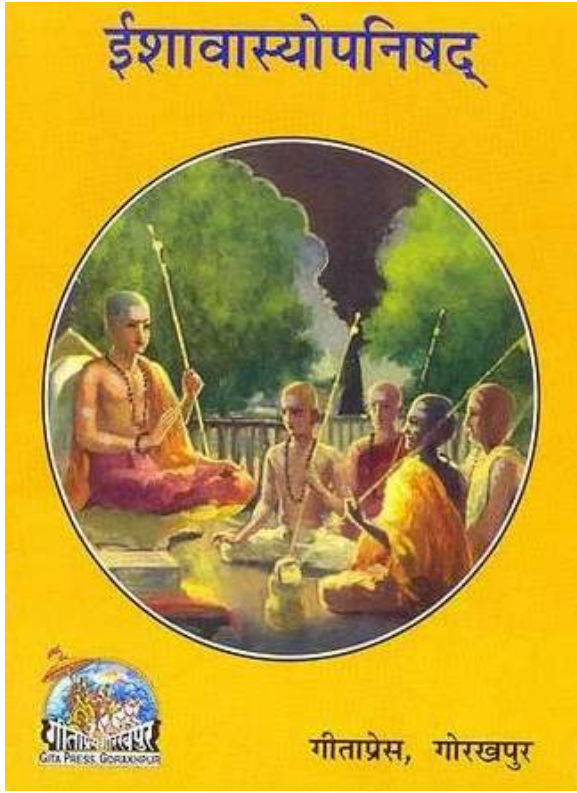
their wounds which are very old. This is biggest sewa. And to know whether we are speaking right words with right intent, we need to do our audit. We need to follow the five principles of Reiki. We should keep ourselves in their position to know what they are exactly feeling.

Many a times it may happen that we unknowingly hurt someone. For example, A person is already wounded and by mistake we put our foot on his foot. It pains him very much and we are baffled that why so much big reaction when we have done nothing. It could be that we have put our foot on some old wound which gave a worse pain. In such a case, we can say sorry and should not react. But this reaction of ours would definitely touch his/her heart. And it will put a mark on his/her existence. Such behaviour brings lot of transformation in other person as everyone around is agitated, everyone around gives lot many reactions while your such different reaction will touch the heart of a person. It will create a ripple effect and let this ripple spread around the entire world.

With love, light and reiki
Krupadidi

Teachings from Upanishad: Ishavashya Upanishad

- Krupa Didi



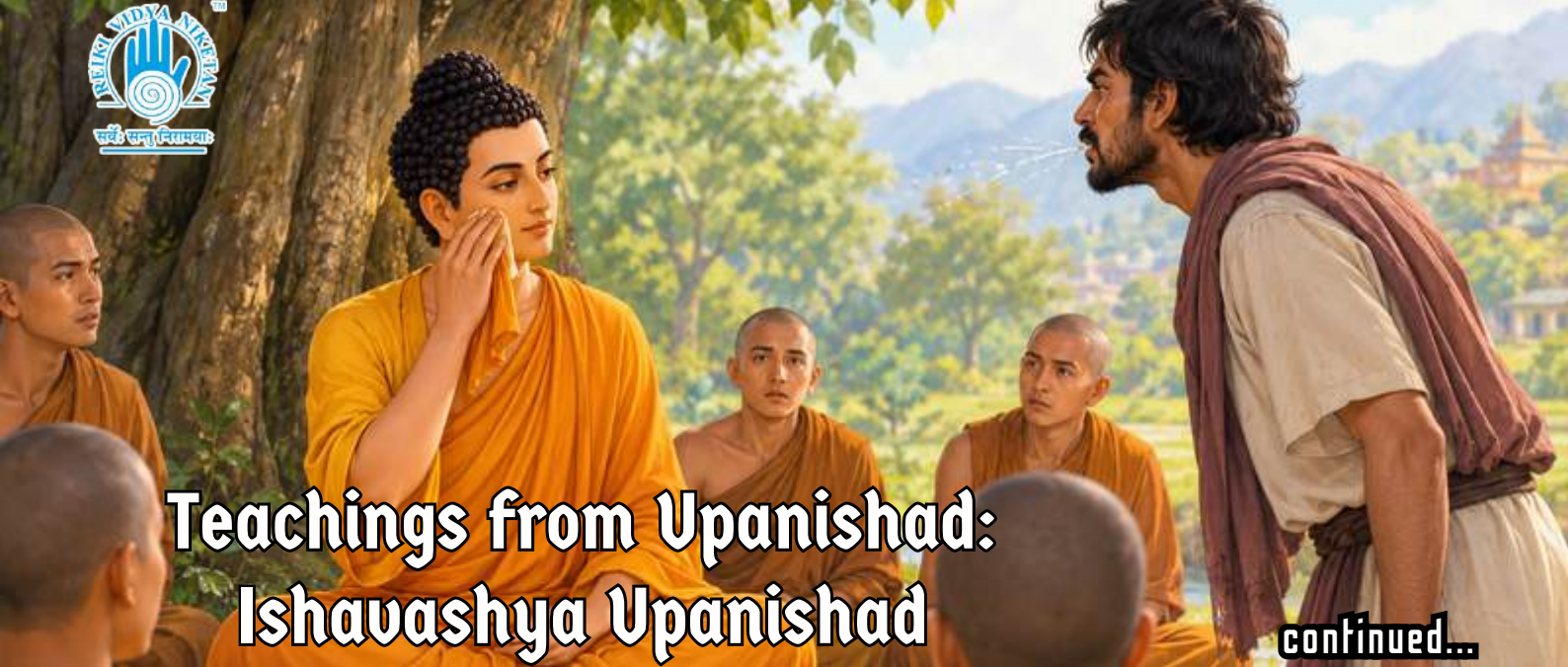
**यस्तु सर्वाणि भूतान्यात्मन्येवानुपश्यति ।
सर्वभूतेषु चात्मानं ततो न विजुगुप्सते ॥६॥**

Meaning: The meaning of this verse is that a person who perceives the supreme Self in all living beings and sees all beings within the Self feels no hatred or revulsion toward anyone. The verse dissolves the illusion of separation. A wise person recognizes that the same divine or inner consciousness (Atman) resides in every single form, and all forms exist within that same universal reality. Hatred, disgust, and prejudice (vijugupsā) stem from viewing others as completely separate, alien, or threatening. When one experiences universal unity, hatred naturally becomes impossible.

The bhava of hatred emerges from ego consciousness. A wise person who has

realised Self is immersed in Self/ Soul consciousness. He/she can connect to the Soul of everyone and does not see any difference. Do we ever like our right hand and hate our left hand? We love our entire body. Similarly, the wise man do not see any difference between one person and another person. The Self realised person have become love themselves. They are manifestation of love. Just like a child pulls the hair of mother, sometimes slaps her but mother is all loving. Mother do not hate child for this behaviour. Mother know that child is innocent and ignorant. Similarly, Self realised person forgives everyone. If someone is bothering him/her, someone is giving trouble, still Self realised person will not show any traits of hatred because he/she thinks everyone is their own extension.

Once Lord Buddha was sitting under a tree talking to his disciples when a man came and spit on his face. He wiped it off, and he asked the man, "What next? What do you want to say next?" The man was a little puzzled because he himself never expected that when you spit on somebody's face, he will ask, "What next?" He had no such experience in his past. He had insulted people and they had become angry and they had reacted. Or if they were cowards and weaklings, they had smiled, trying to bribe the man. But Buddha was like neither, he was not angry nor in any way offended, nor in any way cowardly.



Teachings from Upanishad: Ishavashya Upanishad

continued...

But just matter-of-fact he said, “What next?” There was no reaction on his part.

Buddha’s disciples became angry, they reacted. His closest disciple, Ananda, said, “This is too much, and we cannot tolerate it. He has to be punished for it. Otherwise everybody will start doing things like this.”

Buddha said, “You keep silent. He has not offended me, but you are offending me. He is new, a stranger. He must have heard from people something about me, that this man is an atheist, a dangerous man who is throwing people off their track, a revolutionary, a corrupter. And he may have formed some idea, a notion of me. He has not spit on me, he has spit on his notion. He has spit on his idea of me because he does not know me at all, so how can he spit on me?

I can see that this poor man must have something else to say because this is a way of saying something. Spitting is a way of saying something. There are moments when you feel that language is impotent: in deep love, in intense anger, in hate, in prayer. There are intense moments when language is impotent. Then you have to do something. When you are angry,

intensely angry, you hit the person, you spit on him, you are saying something. I can understand him. He must have something more to say, that’s why I’m asking, “What next?”

The man was even more puzzled! And Buddha said to his disciples, “I am more offended by you because you know me, and you have lived for years with me, and still you react.”

Puzzled, confused, the man returned home. He could not sleep the whole night. When you see a Buddha, it is difficult, impossible to sleep again the way you used to sleep before. Again and again he was haunted by the experience. He could not explain it to himself, what had happened. He was trembling all over and perspiring. He had never come across such a man; he shattered his whole mind and his whole pattern, his whole past.

The next morning he was back there. He threw himself at Buddha’s feet. Buddha asked him again, “What next? This, too, is a way of saying something that cannot be said in language. When you come and touch my feet, you are saying something that cannot be said ordinarily, for which all words are a little narrow; it cannot be contained in them.” Buddha said, “Look,

Teachings from Upanishad: Ishavashya Upanishad

continued...

Ananda, this man is again here, he is saying something. This man is a man of deep emotions.”

The man looked at Buddha and said, “Forgive me for what I did yesterday.”

Buddha said, “Forgive? But I am not the same man to whom you did it. The Ganges goes on flowing, it is never the same Ganges again. Every man is a river. The man you spit upon is no longer here. I look just like him, but I am not the same, much has happened in these twenty-four hours! The river has flowed so much. So I cannot forgive you because I have no grudge against you.”

Such are the Self realised people who are epitome of love and compassion. All Gurus and Saints show such kind of motherly love because they are beyond all shadripos i.e. six aggressive emotions viz. Anger, Lust Greed, Ego, Desire and Jealousy.

Ajit Sir Quotes



- Equation of Life
- $A + B + C = X$
- Manage your left side so your right side is managed in the equation of life.
- Left is your right and right is wrong.
- Make efforts and you will get the results



We should have expectation about the results but should not have desire
Expectation + Ego = Desire
Desire leads to attachment
Drop attachment

For Happiness: 18 Rules



- Dip. SAC Ashwini Telang, India

For five months, we've been walking through the path of gratitude, affirmations, following our bliss, letting go, kindness, being in the present, valuing experiences, and appreciation – unveiling layers of illusion and guiding us toward bliss. Each month dive deeper into the journey, isn't it?

Yet still we have so many questions, doubts about many things. Like for instance, you may have wondered as to 'why is complaining considered to be such a hindrance in achieving our innate state?'

We saw, last month, how appreciation uplifts both the giver and the receiver, igniting energies to rise. Complaining, on the other hand, does the opposite. It drains energy, clouds perception, and distances us from our inner core. When we crib about someone or something, we are not just expressing dissatisfaction — we are reinforcing the illusion of incompleteness.

In Neurological terms, complaining increases cortisol, the stress hormone,

and keeps the brain locked in patterns of negativity. It reduces serotonin and dopamine, making us more anxious and less motivated. Over time, habitual complaining rewires the brain to focus on problems rather than possibilities. In contrast, dropping complaints allows the brain to restore balance, opening pathways for joy, resilience, and creativity.

Spiritually speaking, complaining is like resisting the flow of life. Every individual, each circumstance, is part of the divine play. When we complain, we reject the Creator's design, leading to rejection of our inner core. When we drop complaining, we accept life as it unfolds. To appreciate creation is to appreciate the Creator, but to complain about creation is to deny the perfection hidden within it. Dropping complaints is therefore not passive — it is an active surrender, a conscious choice to align with the supreme divinity within and around us.

Many of us might've another question

Complain



arise in the mind, “So, does that mean we shouldn’t stand up against injustice?” Or “does it mean ignoring or remaining silent in circumstances that require intervention?”

Let’s address this before we plunge into the next rule. The answer is no.

Dropping complaints does not mean turning away from injustice. It means standing up against it with the complete understanding that you are already whole, and that even this situation is part of the divine design for your growth. When we act from this awareness, our response is not born of bitterness or blame, but of clarity and compassion.

Coming back to our main point of discussion about dropping the complaint with clarity and compassion. Compassion often can’t be a lone factor; it needs some other entity to express itself. Thus, it naturally leads us to the 12th rule of Investing those emotions in forming a Better Relationships.

To elaborate, when we stop complaining, we free our energies to flow into connection. Instead of draining ourselves in resistance, we invest in harmony. Dropping complaints is not about silence—it is about transforming our speech into constructive, compassionate dialogue. This shift strengthens bonds; nurtures trust and allows relationships to become mirrors of our inner bliss.

Relationships, when nurtured with appreciation and freed from complaints, become the fertile ground where happiness blossoms. They remind us that bliss is not a solitary pursuit—it is shared, multiplied, and reflected in the lives of those around us.

Reiki space a divine space

- Aruna Margam, Bengaluru

As I was remembering the year 2015, Guruji had visited Hosur in Tamil Nadu border of Karnataka. Me and my husband had visited him took his blessings and started back to Bangalore. Guruji thought as we have travelled so much in the morning we will be attending the seminar too. As a coordinator in of Bangalore that period, I was blessed to attend seminars, so this time my prime aim was to meet Guruji and take his blessings. When we were about to leave I saw a clear disappointment on his face. I assured Guruji I will be leaving my full time job as a teacher and will be able to spend more time in the future. He still was disappointed and said "Let's see". This was etched in my memory that I have disappointed Guruji. Here I will have to tell you the transformation and happiness in the participants after every seminar actually kept me connected to the space, but I was yet to understand the essence of it too.

My journey continued and got more opportunities to be with Guruji and slowly I heard multiple times from Guruji how seminar space is so important and a healing space. One has to keep visiting it as a Sadhak. He has

kept it an open option only to help all of us. In 2019, Guruji did a few Datta Yag for the benefit of the world in different places. One Datta Yag happened at our home in October 2019. Many of our friends, relatives and reiki sadhaks had attended the homa. After everyone left Guruji had told me that "Whoever attended this Datta Yag have got immensely benefitted. I was happy but could not understand the deep essence still. Yes, I believed Guruji completely, but I got a first-hand experience when my mother was diagnosed with cancer and I had visited her that time. Guruji asked that if we can have a seminar in Chennai as there was a considerable break during covid. We had a seminar at our mother's home in the ground floor. We were blessed to have atleast four seminars in a row from September 2021. Every time we had a seminar I used to see tremendous improvement in my mother. Once she was bed ridden in 2022 and when there was a seminar she actually started walking inside the house. Then it struck me why Guruji was disappointed for not attending the seminar in Hosur. Sometimes we may not know or understand the benefits on the surface but it will be touching each one of us. After this experience I became a little



Reiki space a divine space



alert and aware.

This experience made me see the profound effect of space whether it may be Wave of Faith every Thursday, Reiki seminar, Devrukh Ashram sewa, Reiki Intensive, Festivals at Devrukh (every festival has it own flavour), Gurucharitra Parayan space, Samuhik Parayan and also the Jyotirling Yatra in Maharashtra last year. Each and every space is so divine and healing because of our beloved Guruji's Sankalpa and love for all of us.

I came across a story of Pundalika a great Vittala Bhaktha which re-emphasized the value of space and sewa. We all know that he was doing sewa to his parents and he asked his Lord Vittala to wait by throwing a brick as an asan. Though his parents have brought him up pious, he changed after his marriage and neglected his parents and treated them very badly. They wanted to visit Kashi to come out of all these difficult life situations. Pundalika and his wife also accompanied them. They travelled comfortably on a horse and parents had to walk in their old age. They had stopped in a forest called "Dindivan" and took rest in Sage Kukkuta's ashram. While they were sleeping Pundalika got disturbed with the noise coming from the outside. When he got up he saw three radiant ladies with soiled clothes cleaning the

ashram. He asked them who are they and why are they doing this sewa here in this ashram. They replied they are none other than the sacred rivers Ganga, Jamuna, Saraswati who are burdened by the sins of millions who take bath in the rivers. They get cleansed serving the pure devoted Sage Kukkuta as he is very devoted to his parents sewa. They also explained that a person who is doing sewa of their parents in their old age need not go for any pilgrimage. Their parent's feet itself will be equivalent to the holy rivers of Ganga, Jamuna and Saraswati. They also told him he is doing a great sin by mistreating his parents. This changed Pundalika completely, he repented for his misdeeds and took it as his prime duty in his life. We also know how Vittala has waited for Pundalika and blessed him saying whoever is touching this space of Pandarpur and take bath in Chandrabagha with love and bhakti will get purified.

This story actually reminded me about the space what Guruji was talking to us. Our Guru is our parent, mother and father and his sewa is also is only to redeem us from this cycle of birth and death and reach the abode of divine. Opportunities are many as our Guruji is so loving and compassionate. Let us all use these opportunities to grow, live in Joy and bliss forever as we support our Guruji's Mission of health, happiness and harmony in the world. Jai gurudev.



The first Darshan of Kailash

- CA Pranjal Joshi, Pune

We reached Mansarovar lake on 28th August, 2026 evening, had a heart touching experience, took the holy water in our hands, offered it as arghya to the Sun and then took the sip of this holy water, as a tirth. The experience was beyond any expression. We got the feeling as if the whole existence is cleansed before visiting Lord Shiva's Mount Kailash. Distance from Mansarovar Lake to Darchen (base camp of Mount Kailash) is about 40 kms. We were supposed to travel to Darchen, on the next day.

But the human nature is really amazing. We all were enjoying the beautiful view of Mansarovar lake, the pleasing environment around us and were feeling very much blessed. But then everyone wanted something more. Soon all the eyes started looking up in the sky to check if we can get the first darshan of Mount Kailash from Mansarovar lake itself. It was slight cloudy sky. The mobile cameras started zooming and suddenly one of us shouted, "Look there, Mount Kailash is seen". So everyone started looking into that direction, somewhere on our left side up through the mountain region. The cameras started clicking the photos,

everyone wanted to see it. Suddenly, there was a rush as expected. Few started clicking the photo and few others started looking with admiration and love, into the camera for the photo already captured. However, the joy did not last long enough. Soon everyone realised that it was not the Mount Kailash.

Promod (our fellow Yatrekari) was the first one to call it as Mount Kailash and then correcting it again stating that it is not, and informing us with confirmation that it is Nandi Parvat and Not Mount Kailash! Everyone started laughing and all the eyes again started searching for Kailash through mobile camera.

Soon the magic happened. Just like a theatre curtain opening for a play, the dark clouds moved away to both sides, and we were blessed with the wonderful first darshan of Mount Kailash right in front of us! It was shining with all its glory. Everyone cheered with joy and excitement, and many eyes filled with tears. It was the sense of fulfilment and contentment.

Lord Shiva must be laughing as well joined by Nandi, for our innocent mistake of identifying Nandi Parvat as Mount Kailash. It must be his design.

The first Darshan of Kailash

continued...

In any shiva temple, we first pray to beautiful Nandi patiently waiting before his lord with full concentration and attention towards him. May be Lord Shiva wanted all of us to take his darshan in the similar fashion, not rushing directly towards him, but praying first to the Nandi.

The moment of first vision of Mount Kailash is difficult to explain. You get the feeling that you are complete. Nothing is required now, no expectations, no desires, no cravings, no worries, everything is blissful, everything is complete, the purpose of life is achieved. The whole existence is dancing and resonating with the almighty.

As a human entity, we are such a miniscule for that almighty and specifically with the background of what happened just few hours back at Nepal, the feeling that "Life itself is a blessings" got even stronger. But suddenly when you are in the company of Mount Kailash, you feel that you are part of that almighty. We unnecessarily worry, apply our logic, trying to fit everything into correct and incorrect aspect, justifying our own propositions, forgetting that everything is his wish, it is his design.

Everything is happening for a specific purpose and there is a cause behind every happening, the reasons may not necessarily get unfolded before us each time. We may not be capable enough to handle it or able to comprehend it.

May it so be. Now since you are in his lap, you fear nothing, worry nothing, expect nothing, demand nothing. Everything is fulfilled. Many reiki sadhaks can trace this situation back to the second degree reiki seminar, when suddenly Ajit Sir around 12.00 pm used to say that the Lord Dattatreya is in front of you and you can demand or ask for anything you wish. But ask for something which is imperishable, which is permanent. But do ask for it.

Ajit Sir used to allow 1 full minute to think and put our demand and he used to declare the time left is getting reduced every moment. The participants for the seminar used to look here and there, but the mind is rushing, the intellect is searching and running to phrase the demand and the emotions are at its peak, and Ajit Sir is counting and announcing the time elapsed, and soon used to declare that the one minute time is over. This used to be

The first Darshan of Kailash

continued...

followed by a genuine inquiry with all the participants, "Why you did not asked for what you wanted throughout your life? The Lord Dattatreya was right in front of you and how could you miss this opportunity?" The tone in which Ajit Sir used to announce this, his conviction and the words were so impactful that many used to have tears in their eyes, amazed with oneself that how they lost this opportunity and more importantly still confused with what exactly they want in this life? Lord Dattatreya was in front of us and we have the precious

opportunity to get anything from him and we could have phrased our demand to get it. But we failed! Ajit Sir in his melodious voice and compassionate tone with kind words used to tell everyone, "I know, why you could not ask for anything. It is not only difficult but impossible to phrase our demand! What to ask from him?"

Honestly, the situation at Mansarovar Lake with the first darshan of Mount Kailash was same. The state of completeness, nothing is required now!

KEEP THE CHANGE

HOMA PSYCHOTHERAPY

By Barry Rathner, Clinical Psychologist



Many of us have heard of "**The Road Not Taken**" (**Robert Frost**), the poem which ends, "*Two roads diverged in a wood, and I— I took the one less traveled by, And that has made all the difference*".

It might be argued that the spiritual path—FIVEFOLD PATH, in our case--, not only is not for the faint of heart, but for most of humanity, is The Road Not Taken.

Why is this? The answer is complicated.

KEEP THE CHANGE

HOMA PSYCHOTHERAPY

By Barry Rathner, Clinical Psychologist



No doubt the ocean of materialism we find ourselves in with its concomitant multiple levels of MAYA, may cloud our choice to embark on the path. There were enough temptations and diversions even before the advent of the Worldwide Web.

Social-- anti-social often--media at times does not help at all. AI opens up another potential miasma despite alleged socially redeeming qualities, and whether it is part of the problem or part of the solution has yet to be determined.

Then there is the double-edged sword aspect of our journey. "...quality of the soul that stimulates the recognition of the divine nature in man, after which he 'knows good and evil' and has a sense of right and wrong.

It is this dual consciousness that creates the continual conflict in each one of us, the strife between the arrogant grasping selfishness of the primitive nature of ignorance, and the higher quality of altruistic selfless service of the mature soul." ('Genesis Revived' p. 31)

We may at times feel as if we are either pawns of a master chess player, or pieces of a massive jigsaw puzzle looking for our 'home.'

The Fivefold Path—Agnihotra in particular—indeed helps us fit the puzzle pieces together as well as experience the pawn successfully taking on the king.

The Serenity Prayer of Alcoholics Anonymous says: "God grant me the serenity to accept the things I cannot change, the courage to change the things I can, and the wisdom to know the difference".

So, as we are all striving for ultimate perfection, changing things takes on immense importance—for if we were already perfect, "If it ain't broke, don't fix it," would have been our de facto Mantra

Let's look for a moment at the playing field we inhabit. Life is immeasurably painful for billions, moderately so for billions, and rather easy and enjoyable for the upper 1%—a number embarrassingly close to much, much less than 1% of the 8.3 billion souls living on our planet.

This INCOME INEQUALITY may be causal or symptomatic, but in the cauldron of challenges and changes facing us all, along with Climate Change, inept, evil politicians and the cluelessness of the masses, and enough wars to keep weapons manufacturers in business till eternity, a scary picture has been and continues to be painted.

We blessed with the tools of Agnihotra and Fivefold Path not only can effect great change, but at the same time, a glorious win/win situation unfolds in which teacher and student both gain.

Armed with our 'slogans,'

* The only way out is in

* Train the mind to react always with Love

* Fill all the spheres with Love

* Love THY neighbour as thyself

* How can I help, how can I serve?

we can live for another day comforted and buoyed by the Grace that has lightened our load for decades.

We can thus tell all willing to listen, KEEP THE CHANGE...YOU CAN!.



An unforgettable experience in my life

- Agnihotra at a Seafront at dawn

- S S Yegnaswami

Reiki Vidya Niketan (RVN) Devrukh, Maharashtra organises periodically, as per the Sankalp of the Ashram's Founder Guruji Ajit Telang, a program named Swachetna Shibir. This program is meant for Second Degree Reiki Practitioners of RVN as a residential spiritual camp to sharpen the skill levels of the Reiki practitioners in Reiki, meditation and other spiritual activities including performance of Agnihotra. These periodical Shibirs have already been held this year across the country at different sacred and ashram locations to elevate the Reiki Sadhaks in Spiritual Path. The Bengaluru centre of RVN headed by Master Arunaji organised one such Seminar mainly for the benefit of Sadhaks from the Southern centres namely Bengaluru, Chennai and Hyderabad, on 22 & 23 Aug 2026. I and my wife Radha (popularly known as Radha Aunty) had the opportunity of attending this program at Suddananda Ashram, a peaceful location exuding spirituality in a natural surrounding full of trees. The Ashram is located at Uthandi, a suburb of Chennai.

As part of the course program, performance of morning Agnihotra to offer oblations to the Sun God appearing

at the eastern horizon was included to give the wonderful experience to the Sadhaks who are Agnihotris practicing at home regularly. I am happy to narrate my experiences of this great event through this article.

The performance of Agnihotra at the seafront was a novel idea of RVN, as an event on such a large scale had never been attempted. The organisation of this mega event was entrusted to Dr. N. Balamuralikrishna (fondly known as Baluji), husband of Arunaji. He had instructed all the Sadhaks to arrive by 0545 hrs on 23 Aug 26, a Sunday morning for the mass Agnihotra to be performed by 48 participants at the Nainarkuppam fishermen hamlet on the coast of Bay of Bengal about 500 metres from the Suddananda Ashram. The main attraction of this special agnihotra performed at the seafront when the sun was rising, was the participation of Nine Masters of various centers of Reiki Vidya Niketan. The masters were Krupaji, Vishalji, Rakeshji, Ashwiniji, Kalpitaji, Arunaji, Jairamji, Mrunalji, Meena Taiji.

On the morning of 23rd Aug 2026, the enthusiastic participants and others



An unforgettable experience in my life - Agnihotra at a Seafront at dawn

continued...

who were to assist the participants, woke up to the calling of cuckoos and birdsong, heading to the venue by foot while the seniors with difficulties in walking and medical issues were conveyed by four-wheelers. Baluji meticulously planned their transportation, extra Agnihotra patras and the material for the performance such as cow dung cake, cow ghee, match boxes, unpolished and unbroken rice grains. The elders who could not sit on the sandy beach were provided with plastic chairs carried from the Ashram in four-wheelers by Baluji. Another important and thoughtful planning was the provision of card-board pieces to the participants in order to protect the flames from extinguishing from the blowing wind from the sea in front. All the participants thanked Baluji for this foresight. That was his micro-level planning.

Every one assembled at the seafront as instructed the previous day and made to sit in 3 rows. As mentioned earlier, 48 Agnihotris sat on the sand with their Agnihotra patras in front of them facing east. Their positioning in 3 rows reminded me of Army platoons arranged in a disciplined manner. Baluji acted as

the Master of Ceremony to make arrangements and was helped by a group of volunteers to supply cow dung cake, ghee, rice and match box to the performers.

I would like to narrate the scene in front of us as the stage was being set for the action, for the benefit of readers of this article who were not part of this Shibir.

The time was nearing for the Sun to rise. The couple of dogs were seen roaming along the waterfront in search of dead fish washed ashore or dropped by the fishermen from their fishing nets, I was surprised to see the dogs not even barking at so many strangers in the morning but were awe struck and sat quietly in front of the Agnihotris. I heard someone jokingly commenting, they appeared to have been sent by Bhairava the chief Security Officer of Lord Shiva to offer safety and protection to the sadhaks.

A number of fishermen were seen launching their catamarans with fishing nets praying to Lord Aditya for a good weather day and a huge catch of fish. As the minutes ticked by, the first hint of dawn - something uniquely magical, when the world still slumbers and the f



An unforgettable experience in my life - Agnihotra at a Seafront at dawn continued...

First light of the day begins to kiss the horizon. The soft imperceptible glow of the light gradually intensified pushing back the darkness. As the sky transformed from a deep indigo to a lighter shade of blue, we were thrilled to see the stars beginning to fade, making way for the pink and orange to paint the horizon. The vibrant hues created a stunning contrast which was both soothing and exhilarating. In this morning symphony, clouds dark grey in colour seemed to participate with their edges tinged with gold catching the first rays of sunlight.

When everyone facing the Bay of Bengal, whose waves seemed to be gentle and falling and retracting with their milky top, Baluji holding the microphone in his hand alerted the Agnihotris and others present about the lively arrival of Surya in front of them and told to be ready for the precise moment which was 06:01:01 hrs at that place. He started the countdown. When he started the countdown the tip of the golden disc of the Sun started appearing over the far off horizon. The countdown ended at zero, when all the Agnihotris dropped the oblation to the Sun God who was witnessing the oblation being

sent to him through the flames of Agni at the right moment. The sky was reverberating with the mantras of: "Suryaya Swaha, Suryaya Idham Namamah" "Prajapathaye Swaha, Prajapathaye Idham Namamah" chanted in unison with a loud and clear voice. It appeared the rising Sun would have been pleased to accept their offering after seeing and hearing them.

When the Agni in the Agnihotra patras were slowly reducing and extinguishing, a thought came to my mind about the solemnity of the occasion and greatness of God, in appreciating the devotees' sincerity. Since all of us are made out of the 5 elements namely Earth, Water, Fire, Wind and Space, I noticed the 5 elements presence at the time of the morning Agnihotra. The Agnihotris sat on the sand (Earth) on the sea coast, the wind was blowing gently, and it seemed the fire in the Agnihotra patras glowed steadily to accept the sacred offering, the sea waves (Water) enjoying the sight with its gentle roar, and a clear blue sky watching all this from above. Aditya seemed to be happily smiling as he moved slowly up in the sky after being satisfied by this unique offering on his day "SUNDAY", blessing the



An unforgettable experience in my life - Agnihotra at a Seafront at dawn continued...

performers and those assembled there. His golden colour slowly changed to silver. At this moment the Agni extinguished completely and all stood up to start their winding up action.

Once the winding up was over everyone male and female, young and old rushed towards the sea. Some old people appeared not to take risks, allowing the waves to gently caress their feet while other brave and enthusiastic ones started playing with the waves by moving deeper inside the sea. The waves pushed them back making some to fall and drenching them with the saline water and others wantonly got wet. The crisp, oxygen-rich sea breeze and the refreshing moisture in the air seemed to heighten their Prana Shakti which was earlier kindled by the morning Agnihotra fumes. Getting rejuvenated thus, many embraced their inner child by playing in the water.

As the Sun was becoming warmer and in order to start the day's other programs everyone started moving towards the Ashram discussing their early morning experience and fulfillment of a dream of offering oblations to Surya when he appeared to energise the universe. A unique and indeed unforgettable experience for all.

REIKI EXPERIENCES



1. Reiki experience of Vakhatrambhai from Tharad, Gujarat.



I have wonderful experiences of Reiki. Since I have learnt Reiki, I have been giving Reiki to many patients and have got wonderful results. On hearing this, few people approached me and narrated a case of 8 years old girl who had one leg short and one leg normal due to some injury. Doctor had suggested surgery is the only option to increase the height of another leg. They asked me to heal her. They wanted to test Reiki. I prayed to Swamiji and Guruji. I told them, I know nothing, please heal this girl through me. I started

giving Reiki to her. I gave Reiki for 21 days. Thereafter, the girl's parents went to doctor. Doctor examined her and said height of her leg has increased. Since the girl is young, her small difference in the height will become normal naturally. Now there is no need to do any operation. This was a miracle which Reiki has created. Thanks to Swamiji, Guruji and Reiki maa for doing this miraculous healing through me.

1. Reiki experience of Vakhatrambhai from Tharad, Gujarat.



My name is Jashodaben Pandya. There were 3 cysts in my uterus. I took lot many medicines but there was no change. I used to spend Rs. 5000-6000 per month on medicine but it was of no use. There was lot of bleeding, and I used to feel weakness throughout the day. Doctors used to say that I need to get myself operated. I had visited Zydus Hospital in Ahmedabad and they said the same. The cost of the operation was Rs. 3 lacs so I decided to learn Reiki. I kept on taking Reiki

since I had learnt and within 2 months, my cysts dissolved and I was totally healed. I also had Allergy and Sciatica pain. By regularly practicing reiki, my allergy and Sciatica pain is totally healed. I thank Reiki, Guruji and Swamiji for coming into my life and blessing me.

1. Ganesh Festival on 14th & 15th September, 2026 at Devrukh Ashram

Ganesh festival was celebrated with a lot of pomp as usual at Devrukh ashram on 14th and 15th September this year. As every year the idol was sculpted by our sadhak and a proficient artist Avdhut Potphode. Lord Ganesha looked extremely cute. His divine idol giving blessings to everyone made entire atmosphere divine. Everyone in the ashram was excited to receive blessings of Lord Ganesha.



2. Reiki Bhandara in Ambaji Yatra at Palanpur from 21st to 23rd September, 2026.

Every year during Bhadari Purnima, people go walking to have darshan of Goddess Amba Mata. They walk for 3-4 days to reach the destination. Since past 3 years all the sadhaks of Palanpur are conducting Reiki Bhandara at resting camps for all those yatri. Reiki Bhandara was conducted from 21st to 23rd September, 2026 at Palanpur. This year many Sadhaks of Palanpur and Tharad and 16 sadhaks from Ahmedabad visited the camp and gave Reiki to 181 yatri. Everyone was very happy to receive reiki and they blessed all our reiki sadhaks.



3. DSPPL Ganesh Idol Making program on 10th September, 2026

DSPPL successfully conducted Ganesh Vandana Program at Vadodara at GSFC on 10th September 2026. It was first of its kind program conducted by DSPPL, with more than 235 participants on a single day. Heartiest congratulations to all Vadodara Sadhaks who participated, supported and volunteered for this event. Special thanks to Krupa Choksi and Hemant Gore ji for their untiring efforts and support.



4. EPIC Parenting program got 3rd Prize in Grip Regional Meet, Govt. Of Gujarat

On 11th of September, 2026, Govt of Gujarat had organised Regional GRIP (Good, Replicable, Innovative Practice) Summit. In that 98 entries all over Gujarat were there, out of which 34 were qualified for presentation. In that 34 entries our EPIC parenting program was selected for poster presentation as a social well being Activity. Ms, Krupa Choksi gave the presentation and she got third prize in poster presentation.

Reiki Vidya Niketan Activities



5. Lecture on Science behind Rituals was delivered at GSFC by Ms. Krupa Choksi

On 19th September, 2026, Ms. Krupa Choksi was invited by GSFC Ltd. in their L3 (Listen, Learn, Lead) initiative. The topic of the lecture was "Science behind the Rituals". The lecture was well received by the audience. The entire auditorium was full and everyone showed great interest in knowing the science behind the rituals. This was 108th lecture in their L3 initiative which they had started before 2 years.





Ashram Wisdom

Drop the Droppable...

One day in an ashram there was a debate on why some relationships are good and some are bad. Why some people are close to us and why some are far. Guruji after listening to the debate said that “it is not about relationships. It is the good and bad which is a problem. This good and bad come from your likes and dislikes of certain things. When the likes and dislikes are dropped, automatically the discrimination gets dropped. Then there is nothing good and nothing bad. Automatically all attachments get dropped. The duality of life ends there. That is Samadhi. The real experience of the soul who is beyond all discriminations and attachments.

SEMINAR SCHEDULE - OCTOBER 2026

Sr. No.	Scheduled Date	Master	Location	Degree
1	3 rd - 4 th Oct 2026	Aruna Margam	Chennai	1st
2	10 th - 11 th Oct 2026	Krupa Choksi	Devrukh	2nd
3	17 th - 18 th Oct 2026	Kalpita Keer	Ratnagiri	1st
4	24 th - 25 th Oct 2026	Seema Trivedi	Mumbai	1st
5	24 th - 25 th Oct 2026	Kalpita Keer	South Mumbai	1st
6	24 th - 25 th Oct 2026	Bharati Zinzuwadia	Ahmedabad	1st
7	24 th - 25 th Oct 2026	Jairam Athalekar	Pune	1st
8	24 th - 25 th Oct 2026	Rakesh Kumar	Thane	1st
9	31 st Oct - 1 st Nov 2026	Seema Trivedi	Rajkot	1st
10	31 st Oct - 1 st Nov 2026	Vishal Shridhankar	Vadodara	1st
11	31 st Oct - 1 st Nov 2026	Aruna Margam	Gulbarga	1st
12	31 st Oct - 1 st Nov 2026	Krupa Choksi	Palanpur	1st
13	31 st Oct - 1 st Nov 2026	Meena Bhawe	Chiplun	1st
14	31 st Oct - 1 st Nov 2026	Jairam Athalekar	Malshiras	1st