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REIKI VIDYA NIKETAN

The above image is from Devrukh Ashram.

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EDITORIAL

Let there be Diwali inside.....

Wishing you all a very Happy Diwali!
Since ages Diwali is celebrated with great pomp and show as a celebration for welcoming Lord Rama after killing Ravana to Ayodhya. The whole World celebrates this day by lighting lamps, making Rangolis, Firing crackers and eating sweets. The next day of Diwali is celebrated as a New Year in Gujarat and many other states. Which means beginning of new life. In Maharashtra, on the new year day, Wife does Puja of Husband and all youngsters touch feet of elders and take blessings. All over India on Bhaiya duj day, sister does puja of Brother. This means all the relationships are worshipped and somewhere if there is any grievances, it is redressed and a new year begins with elevated consciousness and with lot of happiness.

But in sadhana, Diwali is every moment. When our inner light is lit wherever you go you spread light. In Reiki Seminar we always narrate a statement of Lord Buddha, **“Lamp unto yourself”.** When we light our inner lamp, we are happy & wherever we go we spread happiness.

Similarly in relationship, if you are experiencing your inner light, you will gauge all the relationship through that light and there will never be any complaints. You will be in lot of acceptance. You will give meaning to every relation. You will be able to justify all the relationships. This is what Lord Rama did in his life. He tried to make everyone happy. The consciousness of Lord Rama will be invoked then in our existence.

When we say Rama Consciousness. It does not mean only love. It also means protecting our near and dear ones. It also means doing justice to everyone and it also means killing Ravana when after giving many chances one does not want to walk on the path of dharma. In relationship, it means we can abandon the relationship when we have given enough chances and still ones does not walk on the path of righteousness. We should not hate anyone. And whoever comes and asks for help, we should give them.

When we experience our Soul consciousness, we are in total



acceptance of the situation, people and things which we have. We are connected to our core. And our core is divine. We will walk on the path of righteousness. We will try to see divinity in others. And this elevates our energy levels. It increases our Aura and so we gel well with everyone. When we are happy, we create an atmosphere of happiness wherever we go. So for a Sadhak, Diwali is every moment. When inner Diwali starts, we do not wait for outer Diwali. Our celebration is on all the time.

If we are not experiencing Diwali every moment then we should think about what is going wrong? If we are practicing Reiki everyday but we are in lot of rejection, it will not connect us to our soul. Rejection means we are in Ego consciousness. As we cleanse home before Diwali, we need to cleanse our existence also.

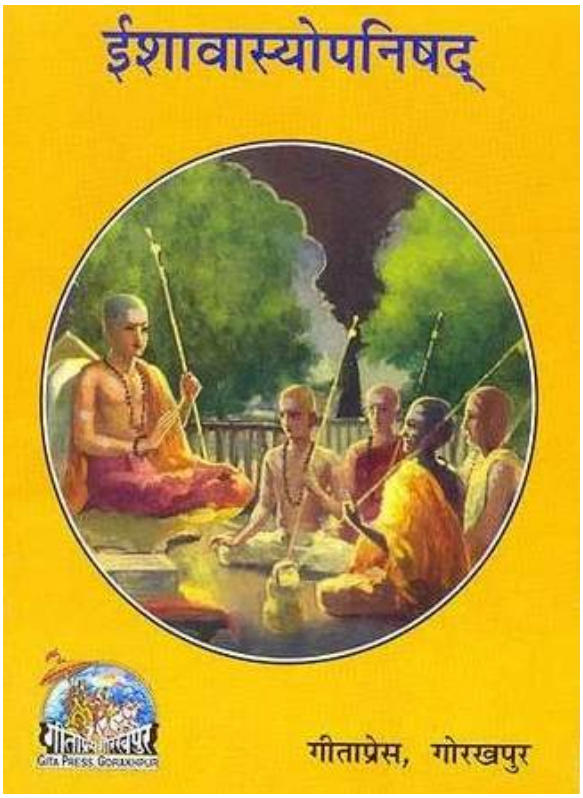
As we dispose things which are not required in our home, similarly we have to discard unwanted memories, unwanted thoughts from our existence. Now the question is how can we do that? We need to cleanse our existence by doing sadhana like Reiki, Agnihotra, Pranayam and Meditations. We need to do Audit of our thoughts and negate it with correct thought. We need to work on all our rejections. We need to have lot of faith in Divine that what ever happens, happens for good inspite of some situation which we are facing in life are adverse. Then you will see the light within. Thereafter, the Life will be celebration. You will the light which will make the atmosphere happy and light.

Let the inner light enlighten your Diwali!

With love, light and reiki
Krupadidi

Teachings from Upanishad: Ishavashya Upanishad

- Krupa Didi



यस्मिन्सर्वाणि भूतान्यात्मैवाभूद्विजानतः ।
तत्र को मोहः कः शोक एकत्वमनुपश्यतः ॥ ७ ॥

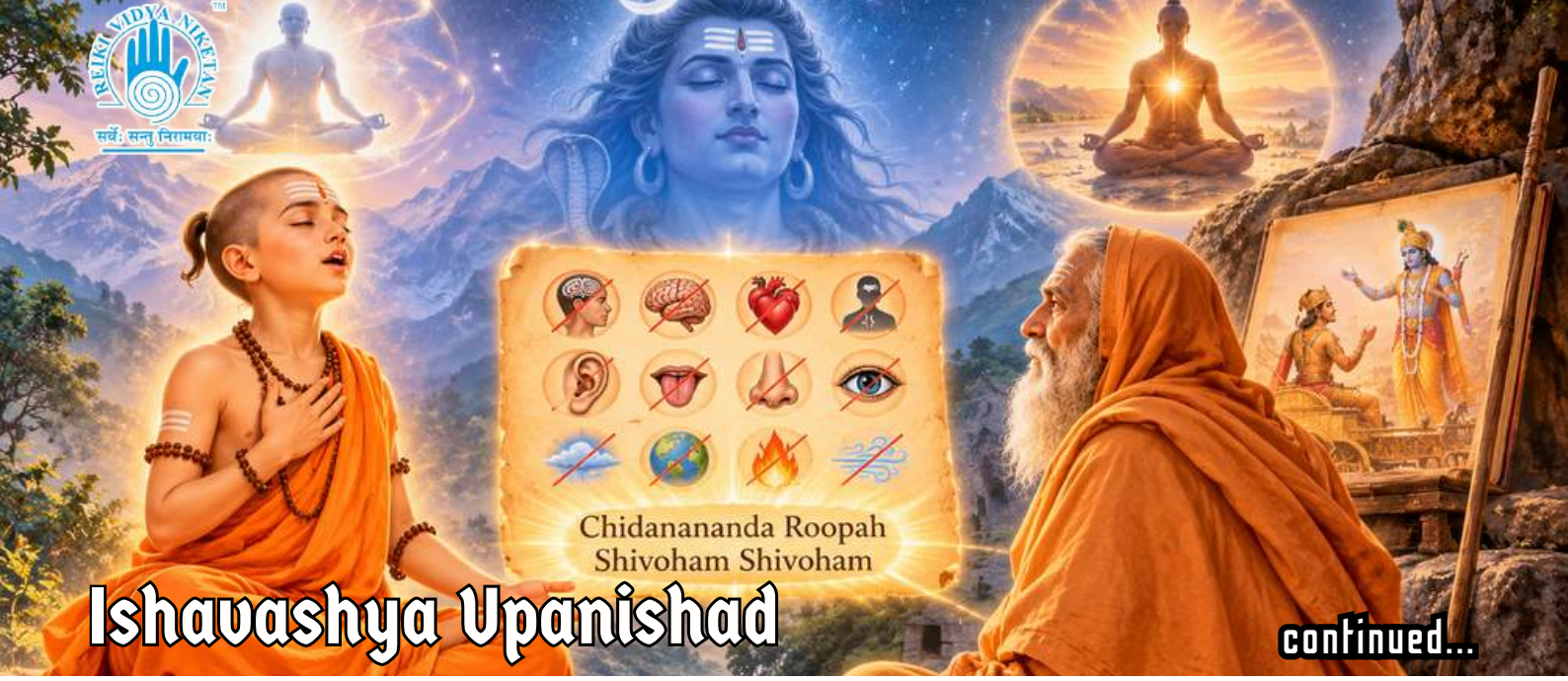
Meaning:
When, to the knower, all beings have become one in his own Self (Atman), how shall he feel deluded thereafter? What grief can there be to him who sees oneness everywhere?

In this shloka, it is mentioned that when one's consciousness is established in Self he/she does not have any hatred, any delusion and any sorrow. He/she sees oneness everywhere and hence is neither attached or have any illusion. That person is constantly experiencing the truth.

The one who has experienced the Atman cannot express his experience in words or in signs. But, the purely subjective experience of Atman brings about some unique changes in the person. All the Upanishads have documented these changes. All mystics of all religions have also documented similar changes in themselves as a consequence of Atma-darshana.

For a Self-realised person hatred becomes impossible. He sees his own image in everyone. His Ahambhava is gone so he does not see other person as a different entity. He sees everyone as a part of his own existence. Imagine a scenario where you love your right hand but you hate your left hand. How insane would that be! Similar would be the experience of this person about all beings that exist.

Delusion vanishes in Self realised person. Delusion regarding one's own true nature vanishes. We 'know' that we are this body and the mind. This knowledge is natural to us. When a person perceives Atman, he gets to know that he is not the body or the mind, but the awareness that precedes all beliefs and perceptions. In Bhagwat Geeta shlok 5.24 it is mentioned "Those who are happy within themselves, enjoying the delight of God within, and are illumined by the inner light, such yogis are united with the Lord and are liberated from material existence." Such Yogis do not seek happiness outside. Their happiness lies within. They are totally emersed in their self and outside situation do not make them happy or sad.
Such a person is free from Sorrow.



Ishavashya Upanishad

continued...

Changes in our life-situations against our wishes make us sad. We all have our own hopes and fears. Our state of mind is closely dependent on how our life's experiences are aligned with our hopes and fears. The slightest misalignment causes us sorrow. Pain and sorrow are universal experiences. And its presence in our life acts as a great motive force for determining our actions. We instinctively avoid pain and seek joy. The ideal we all aim for is a state where we do not experience sorrow at all, and we experience joy and happiness always. The direct perception of Atman is said to remove all sorrow forever.

When Adi Shankaracharya was 8 yrs old, he was searching for a Guru. He met Govinda Bhagavatpada who asked him, "Who are you?". Shankara answered with the stanzas, called as Nirvaṇashatkam/ Atmashatkam where he narrated that I am not mind, intellect, chitta or Ego. I am not sense of hearing, not sense of taste, not the sense of smell nor sense of sight. I am not sky, nor earth, nor Tej nor Vayu (Air element). I am Chidanananda roopah Shivoham Shivoham." Adi Shankaracharya was considered as an incarnation of Lord Shiva. And the same definition is given in Bhagwat Geeta which narrates that a Yogi is established in Self is always experiencing his/her inner bliss.

Ajit Sir Quotes



- Do not hurt anyone
- Accept everyone and everything as it is
- In every situation we have a role to play. Play that role positively.



- Do not search for bliss, let bliss manifest itself.

For Happiness: 18 Rules



– Dip. SAC Ashwini Telang, India

Over the six months, we've been striding through gratitude, affirmations, following our bliss, letting go, kindness, being in the present, valuing experiences, appreciation, dropping complaints, and investing in better relationships. Each of them has uncovered the veils of illusion and navigated us closer to bliss. Every month, the journey intensifies, doesn't it?

Yet, even as we practice these rules, questions remain – How do we sustain this awareness? How do we ensure our inner core continues to resonate with the world within and outside us?

We have already spoken about not only the benefits of being present but also keeping our Chitta pure. That leads us towards the 13th rule of Practice Meditation and developing Consistent Awareness.

Meditation is the natural extension of that practice — it is the here-and-now moment made consistent. By being mindful of our thoughts and feelings, we learn to transform them, cultivating our innate qualities of compassion, patience, and clarity. This awareness is not occasional; it is steady, like a lamp that continues to shine regardless of the winds around it.

In addition to this, meditation does not always mean sitting in one place with closed eyes. As a Reiki Sadhak even taking Reiki is a meditation in itself. *In psychological parlance*, it is the dialogue between our conscious and subconscious levels of mind. It is the gentle act of listening inwardly, observing the patterns of thought and emotion, and allowing them to harmonize. *Neurologically speaking*, meditation reduces cortisol and enhances activity in the prefrontal cortex, the part of the brain responsible for focus, decision-making, and emotional regulation. It increases gamma waves, associated with heightened awareness, and strengthens neural pathways that support resilience and empathy.

In spiritual parlance, meditation is considered to be the dialogue



between the divine and the soul. Whether we are walking, working, or simply breathing, meditation can be practiced as consistent awareness — a living conversation between the self and the divine within. In short, meditation is the doorway to the divine within. It is not about escaping the world but about seeing it clearly. When we sit in awareness, we realize that our thoughts are waves upon the ocean of consciousness. By observing them without attachment, we return to the ocean itself — our true core. This ocean is like a vast library of unlimited wisdom, accessible through the password of meditation.

But awareness alone is not enough. Just like having access to unlimited wisdom without any purpose is a wasted resource. To live fully, we must also direct this awareness toward purpose. This directs us to the rule 14 of Setting the Goal.

Though we are complete and whole, we have come to this planet to learn, grow, and achieve something. For some, the goal may be patience — to re-establish eternal bonds. For others, it may be unconditional acceptance — to unleash the power within. Each soul has its own purpose and reason for being here. The key is openness – to listen, to understand, and to align with the unique path designed for us.

Goals are not about chasing external validation; they are about channelling our completeness into expression. When awareness meets purpose, life becomes a conscious journey. Meditation keeps us rooted, and goals give us direction. Together, they ensure that our bliss is not only realized but manifested in the world around us.



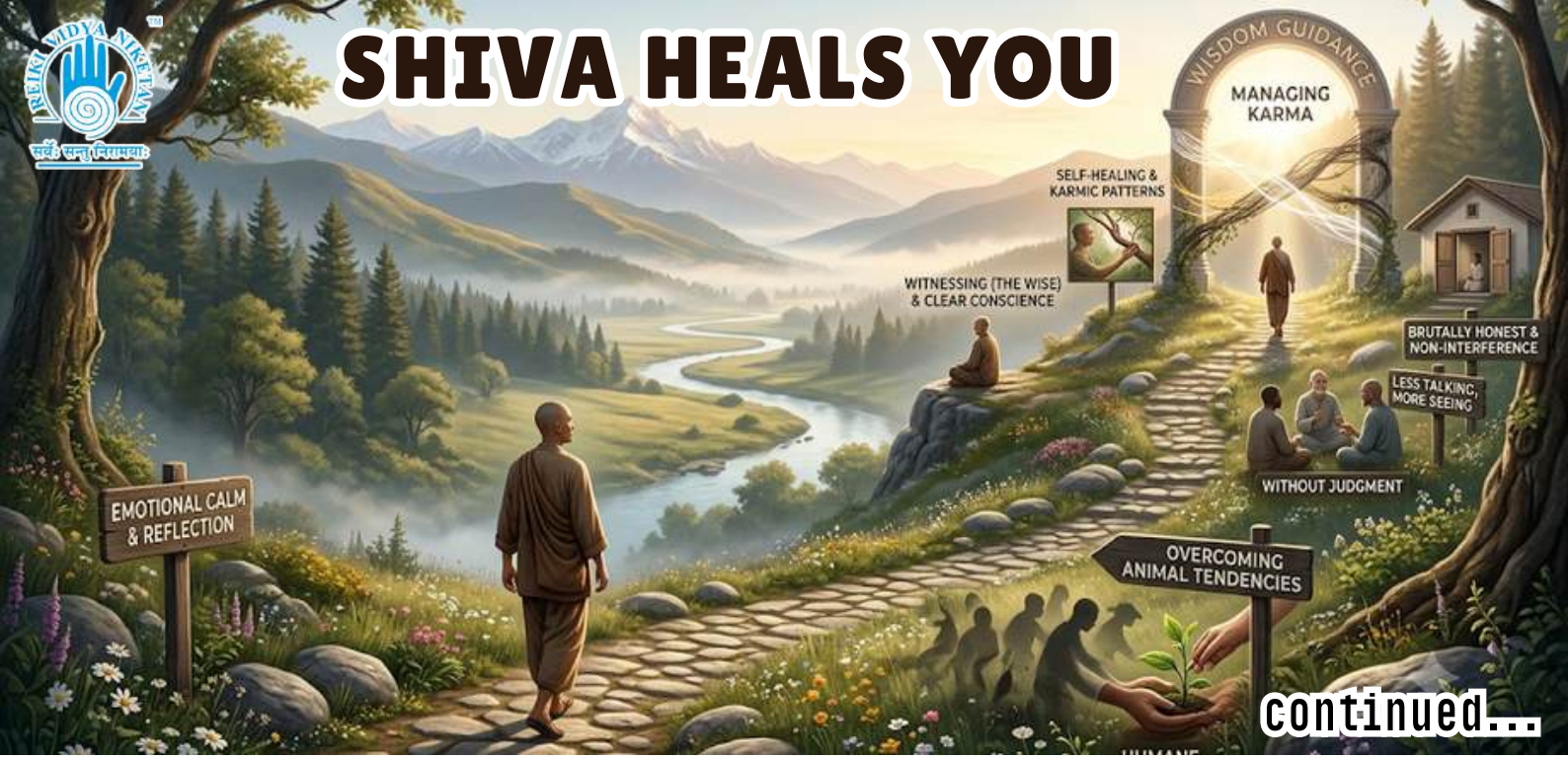
Witnessing and Self-Healing

- Vivek Pandey, Vadodara

In the journey of life, people watch more and see less. Recently, the world feels like it won't stop shifting. A global pandemic, ongoing conflicts, and the rapid rise of artificial intelligence have arrived in quick succession. With the news cycle moving faster than people can absorb, many feel unsettled, overwhelmed, or unsure of where they fit. But these moments of upheaval also open up a surprising psychological opportunity. When events larger than personal life unfold, history—something that usually feels distant and abstract—suddenly feels real and immediate.

Healing is both an art and a science. It is divine in nature, and hence the laws of the physical world do not apply to healing. For the body, we definitely need assistance from outside. But in the case of mind, emotions, and intellect, it is better to have an understanding of our own. In the first place, one cannot heal the mind with the mind. Emotions cannot deal with emotions or heal them. Likewise, the intellect must be addressed with a higher faculty. Hence, when an individual witnesses his own pain, he or she is watching all the above faculties from outside. One is always witnessing their own being, but in most cases the gross understanding of the world prevents them from being a pure witness. Before one proceeds to address the subtle, one must have a stable physical body. Even without any ailment, one must have awareness regarding their own inner faculties.

People have sharp eyes. They notice everything in the outside world. However, when it comes to looking at their own patterns, they fail. Hence, the art of witnessing one's own being assumes a lot of significance. Initially, one must start with their eyes closed. The attention automatically and naturally reaches the area of disturbance. Slowly, one releases the negative vibrations from the trouble-making zone. To heal the body also, one needs to witness the mind and emotions. To follow righteousness and the spiritual principles is a must while healing. To perform any task, it also becomes very important to have a clear idea of how the intellect is functioning. Wisdom keeps us aware of the principles, and intelligence ensures



that the execution of any task is smooth. When one witnesses with honest intentions, one notices where the problem lies.

In order to be wise, one needs to be emotionally calm. Aggressive people cannot move towards wisdom. The lesser the animal tendencies, the more humane the behaviour. It is only after one drops the animal tendencies that one can turn towards wisdom. Witnessing is surely the domain of the wise and people with a clear conscience. People with less of a habit of talking can see more. Add those making sure they don't judge, end up becoming wise. Once wisdom rules and guides a person, he or she can manage their karma in a better way. Surely, before self-healing, one needs to learn to manage their Karmic patterns. However, the underlying principles of being brutally honest and not indulging in other people's lives need to be ensured.

To be a witness, a lot of integrity needs to be inculcated. If one is spreading their energies on many people, a wise life cannot be led. It becomes essential not to allow your energies to be sprayed.

Viewing not just the world but also one's own shortcomings gives us a less perturbed state. To carry your personality as if it were impersonality. To move about with the tenderness of a flower and the sharpness of a knife. Pure awareness surely dawns upon such an individual. Another aspect to look at is the art of spreading and contracting oneself. When in a crowd, one must allow their awareness to spread. When alone, one must enjoy their own company. People often become conscious of their own being in public, and the whole world opens up when they are alone. It should be the other way round.

Yet another aspect to look at is how quickly one shifts to a happy state. In happiness, the mind automatically expands, and so does the state of attention. A casual person is not taken seriously in this world. A serious personality is not much appreciated. Awareness entertains only the empty, null, and void. Spreading charm with their high spirits and keeping their behavior just appropriate.



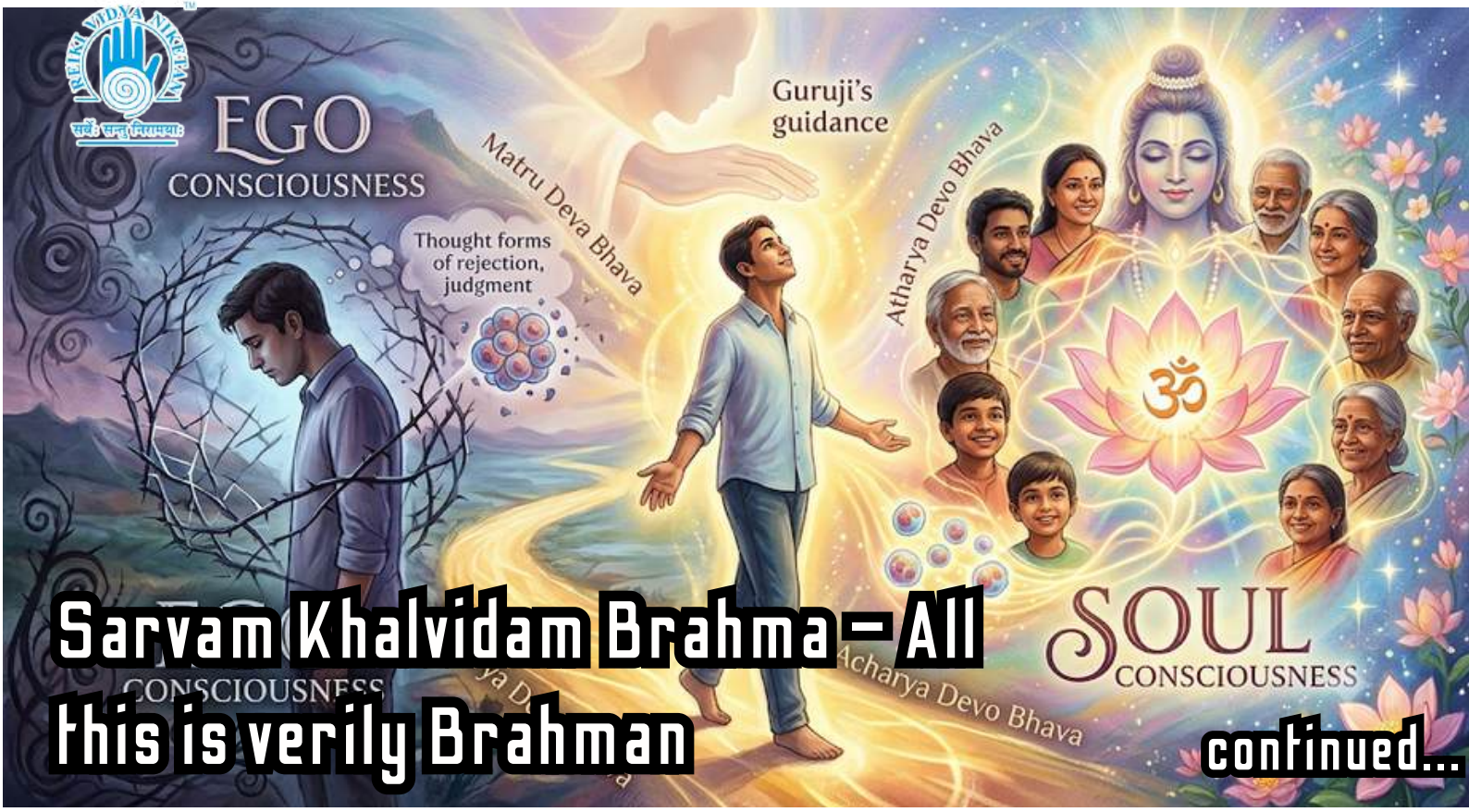
Sarvam Khalvidam Brahma – All this is verily Brahman

– Aruna Margam, Bengaluru

"Sarvam khalvidam brahma taj-jalan-itit santa upasita". This is nothing but reiki. Everything is arising from this very Brahman, sustained by it and also dissolves into it, so one should meditate on the omniscient omnipresent universal energy reiki. Today quantum physics believes that we are all made up of waves and particles. Our soul is formless but which is the source of our physical existence in this world. We are made up of 7 elements, they are Soul, Intellect, Mind, Emotions, Physical body, Memories and Ego. These are the expressions of the soul. In chapter 13 of the Bhagavad Gita "Kshetra – Kshetrajna Vibhaga Yoga" Lord Krishna explains the distinction between the form and formless. Kshetra is the field where we observe, measure or experience and Kshetrajna is the soul is the knower of the body, the witness.

Guruji beautifully explains with an example for us to understand the role of the Soul in our life. When we live in a rented house and we need any repair work then we tell the owner of the house to get it done. Same way when we want any changes or improvement or cure for a disease just tell the soul.

Soul will be able to help us guide us through intuitions towards better health and in turn better life. Mostly we run outside for help and it is temporary. Our life can even get wasted in this loop. With right understanding we can help ourselves. Bruce Lipton also has researched on this topic "Epigenetics". He says we are made up of 50 trillion cells. His research says that it is not the genes, they are only blue print. It is only the environment which decide the health of our cells in turn our whole existence. Cells are nothing but waves and particles. We are all connected as waves. The physical existence what we see is not the actual reality. If only we take this forward and apply to each and every person, trees, animals, nature and the entire universe we can have an experience that we are all one.

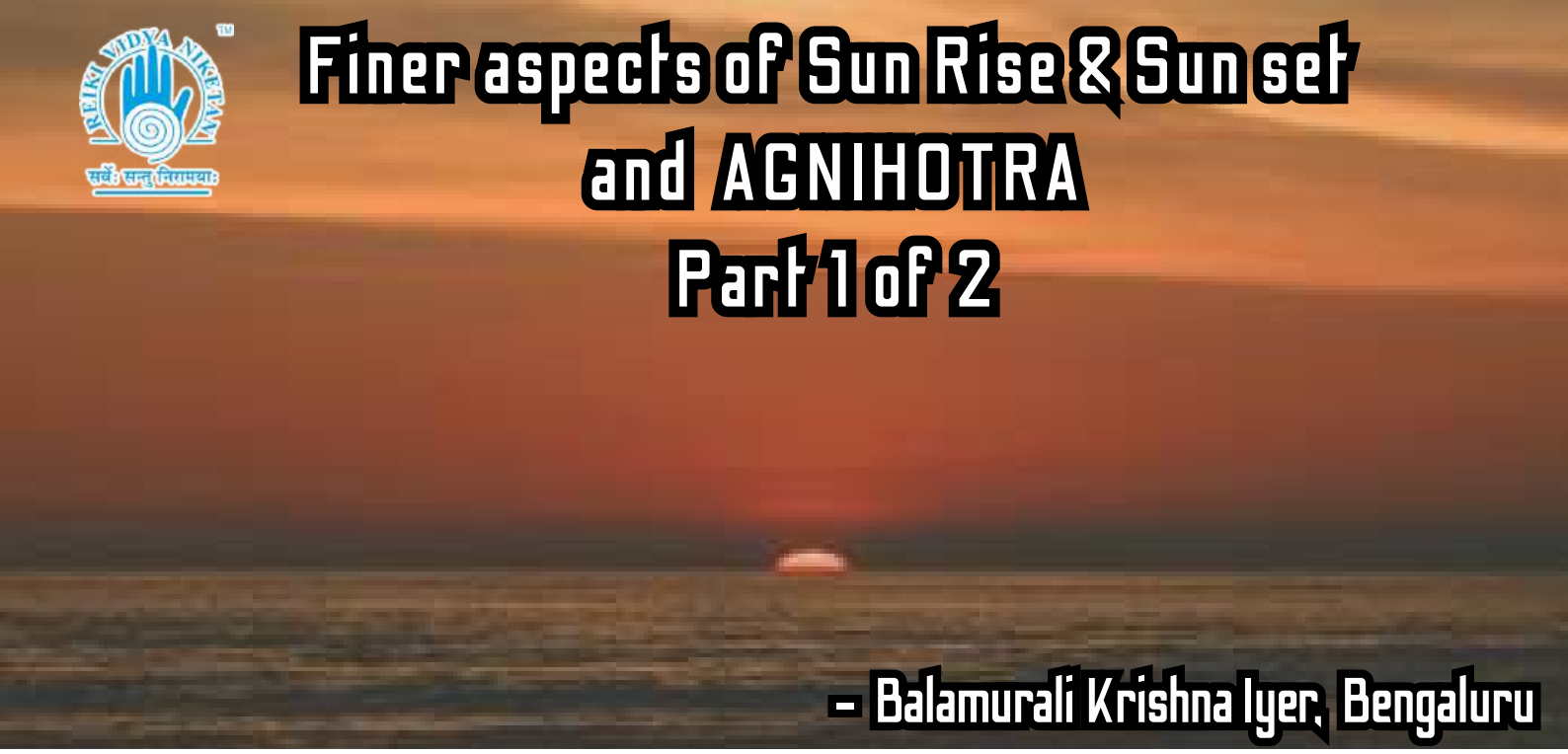


Sarvam Khalvidam Brahma – All this is verily Brahman

continued...

If we love others we love ourselves, If we hate or reject others we are hating or rejecting ourselves. Our cells are getting the message from our thoughts and emotions. It is a practice in day to day life to see God in each one. Our culture taught us "Matru Deva Bhava, Pitru Deva Bhava, Acharya Devo Bhava". These are like seed inside us from childhood. "Athithi Devo Bhava" is also taught from young age to treat our guests like God. As we grow we become Ego conscious and we start becoming self- centred in day to day life. This actually makes us limited as we believe only physical reality. When we are able to connect to the soul we become unlimited. Our whole purpose of our life is to elevate from Ego consciousness to Soul consciousness is our Guruji's guidance.

First step will be to see the same spirit in everyone. We are not different we are all the same waves and particles. This very thought will get us closer to purity of the soul and our perspective about the existing world changes and we become one. We are Brahman. "Aham Brahmasi". We have experienced this the existing world changes and we become one. We are Brahman. "Aham Brahmasi". We have experienced this during Guruji's Yoga Nidra". We also need to feel the same all the time and experience this beautiful universe and be in joy. When we learn to be in Joy we Enjoy our lives too. We are always Happy as that is our core nature. Again Guruji's guidance "Always be happy and do all the activities with happiness and not for happiness".



Finer aspects of Sun Rise & Sun set and AGNIHOTRA Part 1 of 2

- Balamurali Krishna Iyer, Bengaluru

Seeing the first rim of the disc of sun, either in Sunrise Or (last rim during Sun set) is NOT really SunRise/Sun set

Jai Gurudev! The sadhaks and the Reiki Masters participated in the Reiki Svachetna Shibir at Chennai during Aug 2026 had a wonderful experience of performing the agnihotra on the sea shore and witness the sun rise in tandem. There is no word to explain in full and describe how our atmosphere and internal feelings were charged. A unique one with the blessings of God and Gurus. As I expected, all of us witnessed the sun rise and typically after about 140s of delay we had our timing counter to put ahudhi in our agnihotra kund. Yes... 140 seconds!

Further to that, during the session of our Reiki Svachetna Shibir, I was allowed by all Reiki Masters to present a session and share with sadaks on the SCIENTIFIC ASPECTS OF SUN RISE and the reason for the delays we observe. Thought of sharing the content here too for the benefit of all other sadaks and a few may benefit with this information though many may be aware of this already. This explanation note is brought out in two parts. First part is published here and the second part will appear in the News Letter of next month.

The process of Sun rise

It is natural to observe that the calculation and indication of sun rise/ sun set time either through the particular app or any other algorithm of calculation is different to you see the actual sun rise (and sun set). Let us see various process involved here in a simple manner. We all know that the sun rise/ sun set are happening when the earth which is spinning from west to east, the sun light is falling at a particular location in the earth. Same way when the location on earth is moving to the other side of the sun light falling is absent, the sun set is observed. The process of dawn and the dusk is a very interesting thing to observe and understand.

- Night to Day - the whole process starts when the sun rise is below 18° to horizon. That is when the Night time is changing to Twilight time.
- Depending on the “latitude” of the location, the duration of time of Twilight varies.

Finer aspects of Sun Rise & Sun set and AGNIHOTRA, Part 1 of 2 continued...



- At the places close to north/ south poles, twilight could last for 2-3 weeks



Astronomical Twilight/ Nautical Twilight

- It happens from the start of twilight (18° below horizon) to 12° (below horizon).
- It is aptly named as the sailors of early periods will be waiting to re-calibrate their navigation.
- There is just a bit of lingering sun light but is dark enough for astronomical observations.
- Most stars and other celestial objects are visible.

Note: refer to read foot note at the end of this article for some myth buster in this aspect. (in the part 2 of this article, next month)



Magic Hours

- The end of Nautical twilight to Sun rise (6° travel to horizon) is really the Magic Hours.
- God will offer a true colour canvas for you to observe. None can match it.
- Of course, you shall have his blessings for clear sky free from overcast/ cloudy climate.
- We have, Blue Hour, Civil Twilight & Golden Hour in this phase.

Blue Hour

- In this period Artificial lighting is required for us to move around.
- Many of the brigther stars can be seen;





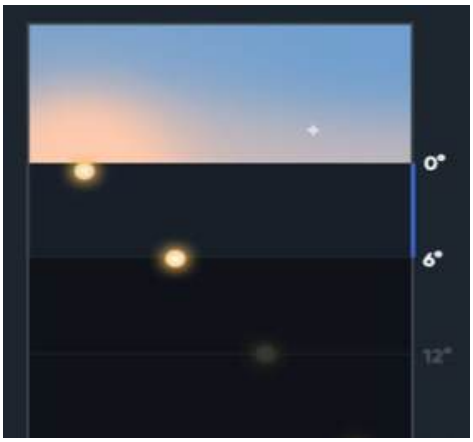
Horizon will also be visible.

Finer aspects of Sun Rise & Sun set and AGNIHOTRA, Part 1 of 2 continued...

Photographers dream for this time period to click blue tinged effect hence the name “Blue Hour”

Civil Twilight

- The last 6° to horizon phase is Civil Twilight.
- Sufficient amount of natural light will be available for outdoor activities.
- Bright celestial objects like Venus can be observed.



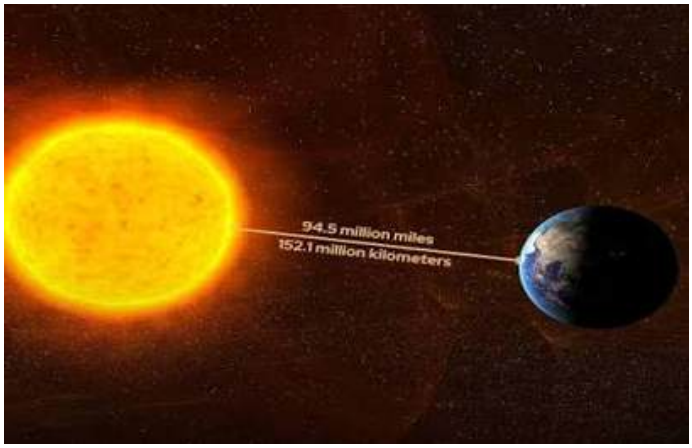
Golden Hour

- Depending on the season and other aspects, Photographers get best natural lighting effects with yellowish/ golden tinge of natural light for special photographs.
- It starts just before sun rise may be 4° to horizon (before sun rise) and upto 6° above horizon (after sun rise).



We and our Sun

- Our sun is located at about 152.1 million kilometre from earth.
- The ray of sun takes 8 minutes 20 sec to reach earth. That means we always see the sun with that much delay.
- Sun light travels at 2,99,792 km/s and carries all energy to us. Our entire life, seasons, weather everything is happening because of sun light.



In the second part of this article we discuss on the philosophy and the scientific reasons on why we don’t see the actual sun but only apparent sun.



Yamadwar–The Gateway to Purity

– CA Pranjal Joshi, Pune

We were at Kathmandu (Nepal) on 23rd August 2026. We were total 72 Yatrekaris from different background and cities. From tomorrow our journey towards Kailash was supposed to begin. Gopal Thapa, CEO of Leaf Holidays our vendor conducted detailed briefing meeting explaining do's and don'ts and other important instructions.

Vasanti Tai, our tour organiser also gave some instructions and suggestions. While doing so, she made following remarks, *".....and then we will reach Yamadwar. Those who will be doing Kailash Parikrama, they shall begin it from here without looking at people staying back. You are not supposed to look back once you cross the Yamadwar. Those who are staying back and not doing Parikrama shall pray to Lord Yama and then will come back to hotel from the other side.....*

"Everyone should start thinking about what you wish to offer to Lord Yama. Few people offer money which is incorrect, because whatever you offer to Yama, you should permanently stay away from it. You should leave it with Lord Yama. You can even give him something which is troubling you in your life. Some negativity or impurity, may be! But you can offer only one thing, one aspect at a time."

She made her remarks. The meeting ended, everyone got busy preparing for tomorrow's journey, and nonetheless the discussions started on the topic at the dinner time and then continued on many occasions with different groups, in different manner and perceptions.

From the moment Vasanti tai made her remarks, a churning has begun in my mind. Initially, I was wondering what I should offer to Lord Yama. I was actually thrilled with an idea that we can even request Lord Yama to take away some negativity or impurity from our life. But then the condition that only "one" aspect or thing can be offered made it difficult to choose from. Honestly, I started thinking about many aspects. What I should request Lord Yama to take it from me? There are so many patterns, perceptions and the layers of Sanskaras from this birth and may be from the past lives which need to be removed, completed, so as to achieve the purity. Here there is a golden chance, a window of possibility to get rid of one of the Sanskaras. But then only one of them can be offered. This "one at a time" was the difficult task. Making priority of one over the



Yamadwar-The Gateway to Purity — continued...

other was really challenging, making me nervous.

I was thinking about this on several occasions during our journey. There were so many that I listed out and I was not able to select the most important pattern or sanskara that I should get rid of.

Many thoughts started coming to my mind. *(1) Swami is so kind to all of us that as Reiki Sadhaks, we need not select which Sanskara we wish to purify. The Reiki being Sahaj Sadhana, it is such a simple practice that it doesn't require us to select how we wish to get purified. "Reiki has its own wisdom", as Guruji used to say. I was relaxed with this thought.* Soon after, the second thought wave appeared *(2) But then what about the mental method that was taught by Guruji in Reiki 2nd Degree level. For mental method, we have to identify the real problem that we perceive to be the block in receiving the energy. We have to continue the process of mental method of healing for 21 days consecutively, and that too for one intention. After 21 days we can take another intention to heal. So this requires active selection by us. This again unsettled me for some time.*

I started remembering Guruji, and the third thought wave appeared. Guruji was so kind to all of us. *(3) During the childhood meditation, at a particular point of time, Guruji used to inquire with us and used to allow us to list out all possible fears, negativities, patterns and perceptions which are bad, negative in our life and hence are troubling us. He used to announce that the Lord Dattatrey is there and you can offer all this to him. He will accept it, and will purify your existence.* I was filled with a great level of gratitude and love towards Guruji which is difficult to explain at this moment.

Oh Dear! Will Lord Yama also, be so kind and compassionate and loving like my Guruji? Will he understand my trouble and the difficulty in selecting the "one" which I should get rid of ? Ultimately Lord Yama also will obey to Swami's instructions. Isn't he? It may be difficult to tell something to Lord Yama, as we will be visiting his place for the first time. But then I can tell my problem to Swami and then Swami for sure can tell or direct or suggest Lord Yama what he should do in such situations.

The thoughts never ended throughout our Yatra. From a logical perspective,



Yamadwar-The Gateway to Purity continued...

one will laugh at all these thoughts. It is just a physical process of crossing the Yamadwar, and then coming back. But the single thought that we get an opportunity to purify ourselves was so profound and impactful, that I think crossing Yamadwar is definitely the process beyond the physical realms.

We came back to Pune. My father, Arti's parents and Modak kaka, kaku all were waiting and were very happy and got relaxed as we returned back safely. We had a narrow escape from Nepal's devastating floods, just by few hours and by 24 kms of distance. During the discussion about visiting Yamadwar, Usha kaku quickly remarked, "All of you have actually touched the Yamadwar and came back" It's all Guruji's and Swami's blessings that we all came back safe and sound. Of course, they know much more about us.

Before going to bed at my home, I prayed to Swami and Guruji, thanking them with moist eyes. I think, they must have told Lord Yama what he should take away from me. Guruji knows better about me than myself.

Reiki Vidya Niketan Activities

1. Jyotirlinga Yatra from 23rd to 25th October, 2026.



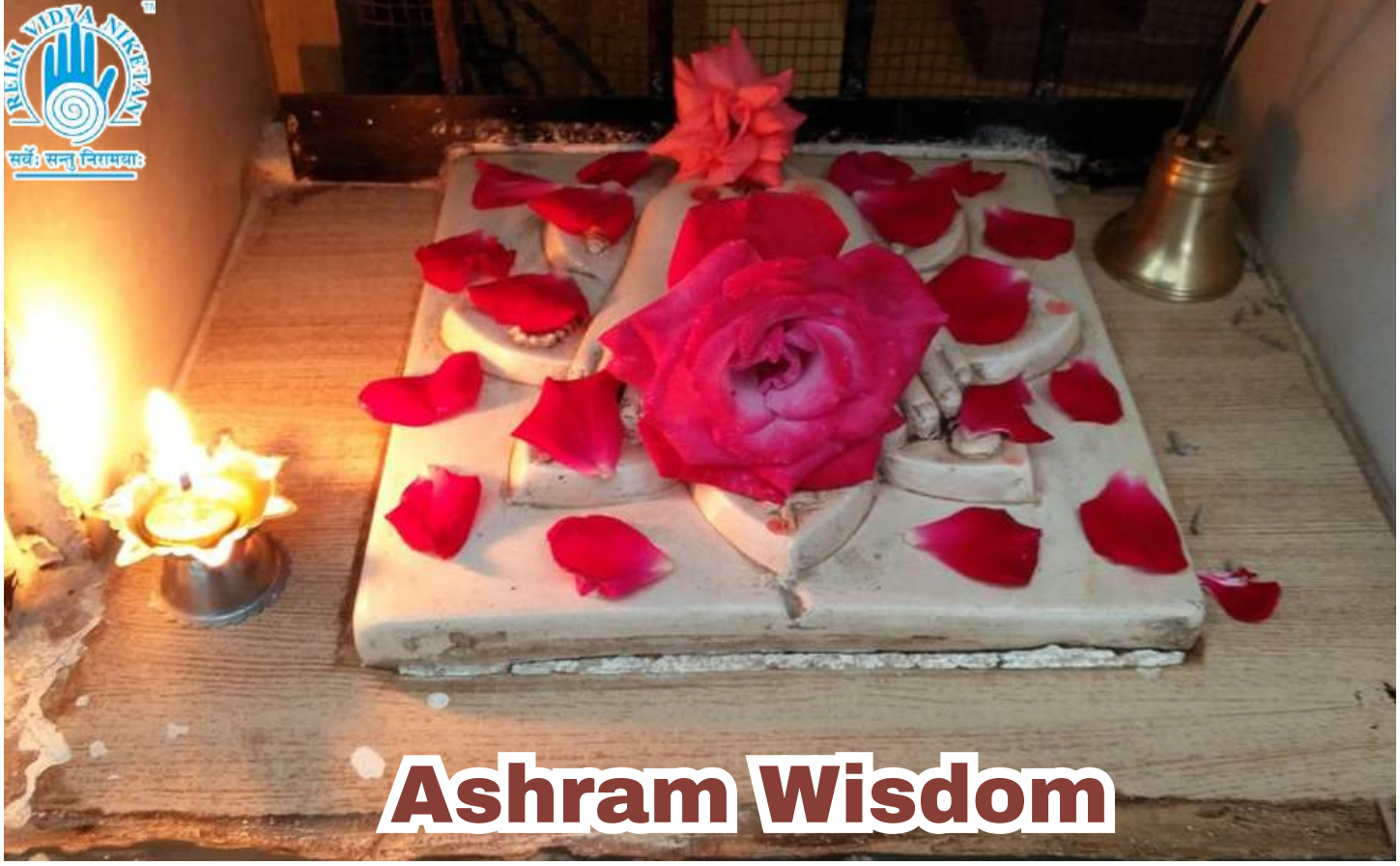
Just like last year, this year Jyotirlinga Yatra was organised from 23rd October to 25th October, 2026. Total 41 participated in the Yatra and it covered places like Ujjain, Omkareshwar, Mamleshwar and Indore. Many new sadhaks participated in the same which gave a boost in their sadhana. The Yatra was organised by Mr. Pranjal Joshi and Reiki Master Vishal Shridhankar. The yatra was very well organised and all the yatris are looking forward to next such yatra.

2. EPIC Parenting program in Dadar, Mumbai

On 25th October, 2026, An EPIC Parenting Program was conducted in Dadar, Mumbai. The program was conducted by Ms. Krupa Choksi and Ms. Ashwini Telang. All the participants were overwhelmed by knowing the traits of new generation and the discussion which was done about how to understand them and handle them without any conflicts at home. All the participants gave feedback that the program was very useful and have given so many important insights about the changes which have occurred in new generation.

3. Introduction of Guruji Ajit Telang Sir Self Competition Award jointly by Shri Swami Samarth Chaitanya Trust and DSPPL

We are very happy to inform you all that Sri Swami Samarth Chaitanya Trust has approved a scheme to introduce *Guruji Ajit Telang Sir Self Competition Award (गुरुजी अजित तेलंग सर स्व-स्पर्धा पुरस्कार)* from this year onwards. We all know that Guruji has advocated Differential Growth Evaluation Model for the students as a tool to encourage and reward "self-competition". The purpose of launching this Award is to promote the the concept of DGEM as developed by Ajit Sir and encourage such students and also the schools for such Prizes. The Award scheme will be implemented by the trust jointly with DSPPL. This award would be for the students of 10th standard.



The process is important for Human life

The other day Guruji was asked by one sadhak, why should one be involved in routine world when one has to give that up at one point of time? What is the whole idea behind that? Guruji told a story instead of answering that. He said," Once there was a King who had gone for hunting in a forest. He had taken his new cook with him. Before moving over to his hunting episode, he instructed his cook about a food to be cooked. He told him that the first step is lighting fire and then cook on that. He was also elaborate on what to do after the cooking is done. He told the cook to extinguish the fire as it was the forest and the fire should not be kept unattended. The king having said that proceeded to his hunting spree. When he came back tired in the evening, he was shocked to see that the cook had not even cooked anything. He was obviously angry and shouted at cook. The cook was cool. He said, Lord, you ultimately asked me to switch the fire off. I was wondering if the fire is to be switched off at the end, why should I start it at all? Anything that needs to be ended, why begin?" The cook must have meted his fate. But the learning is that even if one has to end up an activity has to be lived fully till it achieves the objective. The process is always surrounded by a beginning and the end on either side. But the activity has to be there. That is what life is all about."

SEMINAR SCHEDULE – NOVEMBER 2026

Sr. No.	Scheduled Date	Master	Location	Degree
1	14th - 15th Nov 2026	Rakesh Kumar	South Mumbai	1st
2	14th - 15th Nov 2026	Kalpita Keer	Devrukh	1st
3	14th - 15th Nov 2026	Aruna Margam	Bengaluru	1st
4	17th - 18th Nov 2026	Jairam Athalekar	Battis Shirala	1st
5	21st - 22nd Nov 2026	Jairam Athalekar	Nashik	1st
6	21st - 22nd Nov 2026	Aruna Margam	Hyderabad	1st
7	21st - 22nd Nov 2026	Kalpita Keer	Kudal	1st
8	21st - 22nd Nov 2026	Krupa Choksi	Kota	1st
9	21st - 22nd Nov 2026	Vishal Shridhankar	Pune	1st
10	21st - 22nd Nov 2026	Rakesh Kumar	Thane	1st
11	28th - 29th Nov 2026	Vishal Shridhankar	Mumbai	1st
12	28th - 29th Nov 2026	Meena Bhave	Vadodara	1st
13	28th - 29th Nov 2026	Krupa / Seema Didi	Rajkot	1st
14	28th - 29th Nov 2026	Bharati Zinzuwadia	Ahmedabad	1st