

Volume 18

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REIKI VIDYA NIKETAN



The above image is from Devrukh Ashram.

This issue is not for commercial purpose. It's only for sharing Knowledge and experiences in the Reiki Bramha group.



Acceptance and Love are the two mantras of Life

In our first degree Reiki, we say the start your day with counting your blessings. In fact, when we count our blessings, we are grateful to God. We forget our worries and it raises our energy levels. The whole game of Life is based on energy. And our purpose of life to achieve liberation. Now the question is liberation/ freedom from what? It is freedom from our attachments i.e. Aasakti. Moksha means “Moha ka shayha” that means destruction from the attachments. Attachments towards what? Our attachments are towards our goals, our friends, family members, our things, our belongings, our house, etc. etc. If our goals are not fulfilled, we are sad. If you lose our near and dear ones, we are sad, if we loose our belongings or things that we love, we are sad. Why is it so? It is because of our attachments.

In Bhagwat Geeta, Lord Krishna has said you can have expectations, but you should not have Aasakti i.e. desire. You can expect something to happen in your life. But if it does not happen, you should accept that also happily. If we do not accept, we are sad. If we do not accept, then we will try to achieve it by hook or crook and will adopt unfair means that will create more sanskaras and make us feel even more sad.

The best way to lead the life is to accept what comes in your way. Go with the flow of life. And cultivate love energy within you. The six crocodiles i.e Anger, Lust, Greed, Ego, Jealousy and desires will catch us if we do not accept what comes in our life. We can kill these crocodiles only by increasing our love energy. Our heart chakra is in the centre of our existence. It is our core. Once we reach there, we can easily experience God. Because, when you do not hate anyone, when you do not feel jealous of anyone, when you do not get angry, when you are not disturbed on not happening of certain things in your life, when you do not reject and when do not want more of anything, your energies do not get drained. Your energy level increases more and more. The more love you give to others, the more love you experience.



When you emanate that loving energy, the same thing you get in return. This is the surest path to experience our divinity. In Bhagwat Geeta in Chapter 12, shloka 13 and 14 which narrates about Bhakti yoga, Lord Krishna has given a definition of Sadhak who is dear to him.

अद्वेष्टा सर्वभूतानां मैत्रः करुण एव च ।
निर्ममो निरहङ्कारः समदुःखसुखः क्षमी ॥ 13॥
सन्तुष्टः सततं योगी यतात्मा दृढनिश्चयः ।
मय्यर्पितमनोबुद्धिर्यो मद्भक्तः स मे प्रियः ॥ 14॥

adveṣṭā sarva-bhūtānām maitraḥ karuṇa eva cha
nirmamo nirahankāraḥ sama-duḥkha-sukhaḥ kṣhamī
santuṣṭaḥ satataṁ yogī yatātmā dṛiḍha-niśhchayaḥ
mayy arpita-mano-buddhir yo mad-bhaktaḥ sa me priyaḥ

Meaning:

Who does not hate any being, who is friendly and compassionate, who is free from attachment and egoism, who is equal-minded in sorrow and happiness, who is forgiving, who is always contented, steady in meditation, who is self-controlled and firm in conviction, who has surrendered his mind and intellect in Me, he (such a devotee) is dear to me.

When we perform Reiki, our heart energy is activated. It is not just mere a process, it is to activate love within us. If we practice Reiki regularly for years together but we do not experience this love energy, then we are just doing a process. When you do reiki with a feeling of connectivity with the divine, with a feeling of getting connected to your soul, it will make lot of difference.



Reiki will help you to accept things, people and situations in life. Why we need to accept them, it is because they are there to remove our sanskaras. If we reject them, hate them then it is sure that we will have to take a rebirth and again same people and same situations will come. Why to waste our valuable time in hating them? Let's see this as an opportunity to improve ourselves. Why to waste time in trivial things which as such does not matter but our ego makes it seem big in our life. Let us drop ego, let us forgive everyone and let us accept everything. Then we will see the beauty of life.

Let me give you an exercise. When you begin your day, just tell yourself that today I will love everything and everyone and I will accept everything what comes in my way. At the end of the day, evaluate your success and where you failed understand that your ego came in between. Take note of that and improve yourself.

With love, light and reiki
Krupadidi

Ajit Sir Quotes



- Equation of Life
- $A + B + C = X$
- Manage your left side so your right side is managed in the equation of life.
- Left is your right and right is wrong.
- Make efforts and you will get the results

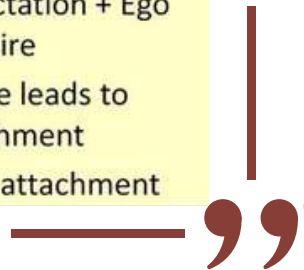


We should have expectation about the results but should not have desire

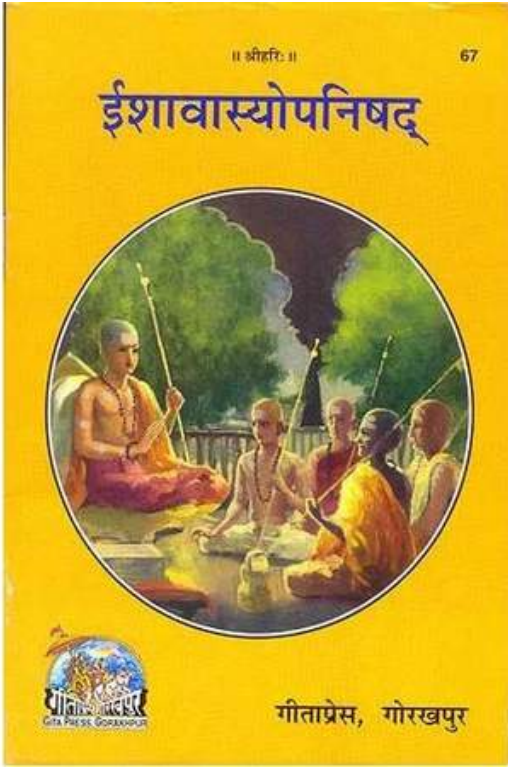
Expectation + Ego = Desire

Desire leads to attachment

Drop attachment



Teachings from Upanishad: Ishavashya Upanishad



From today onwards, we are starting a new column of Upanishad where we are going to discuss about 10 main Upanishads which are the core of Vedantic Philosophy. Upanishads are our holy scriptures and being a Hindu, we should know what is written in it. Upanishads are guidelines to realise our divinity. The very word “Upanishad” is derived from the verbal root “sad” which means loosening, movement and annihilation. Putting all three senses together, the word “Upanishad” refers to divine knowledge or wisdom which loosens the bonds of samsara of a being, annihilates his ignorance of his real nature and leads him to Brahman or God, the Absolute. The word “Upanishad” also means to sit near the Guru. Just by sitting near him, we will experience the divinity. Guru is manifestation of divine.

Guru is Brahma, Vishnu and Mahesh. Guru is a representation of the Parabrahma. And that's why sitting besides, him with full surrender, makes divinity flow into the disciple from the master. When a disciple is in surrender, he gets connected to master and gradually disciple also starts experiencing the divine. But this is possible only when a disciple is in full surrender of Guru. A slightest of doubt towards Guru will disconnect him from Guru. Thus, the secret knowledge is imparted to the worthy ones but guarded from unworthy ones.

The first among the Upanishads is Ishavashya Upanishad. It is one of the shortest but most profound scriptures in our Vedic philosophy. It consists of only 18 verses and it is founded in final chapter 40 of Shukla Yajurveda. Isha Upanishad is counted as mukhya Upanishads meaning principal Upanishad as it holds a special status in Vedanta philosophy. its very name comes from the opening words “Isha vashyam” often translated as “enveloped by the Lord” indicating that divine isha means Lord pervades everything.

Different commentators have different chronology but Adi Shankaracharya has made bhashya of Ishavashya Upanishad first. Ishavashya Upanishad starts with a Shanti Mantra (a peace chant)

ॐ पूर्णमदः पूर्णमिदं पूर्णात् पूर्णमुदच्यते
पूर्णस्य पूर्णमादाय पूर्णमेवावशिष्यते
ॐ शान्तिः शान्तिः शान्तिः।



Meaning:

"Om. That is the Whole (Infinite). This is the Whole (Infinite). From the Whole, the Whole becomes manifest. Taking away the Whole from the Whole, the Whole alone remains. Om. Peace, Peace, Peace."

This is one of those famous verses of the entire Vedas, often quoted as representing the essence of Vedic spirituality. The Ishavasya Upanishad gets off to a flying start by presenting here the highest Goal of the Vedic philosophy.

The emphasis of the Upanishad is wholeness. Wholeness does not mean perfection. Perfection comes from ego. And to become perfect we live in future. But wholeness is being whole right now. Its perfectly to be in present. To become whole means to be one with the Universe, one with the master. To become totally transparent to the master by surrendering the existence. And then the disciple does not remain. Only master remains. Master is purna, whole and then disciple does not remain.

Verse 1

ईशावास्यमिदं सर्वं यत्किञ्च जगत्यां जगत् ।
तेन त्यक्तेन भुञ्जीथा मा गृधः कस्य स्विद्धनम् ॥ १ ॥

Meaning: All this-whatsoever moves in this universe (and those that move not) is covered (indwelt or pervaded or enveloped or clothed) by the Lord. That renounced, enjoy. Do not covet anybody's wealth.

It means God pervades everywhere in all living and non living things. The world is created with a basic energy is Isha. And Isha is dwelling "Vashyam" in the entire jagat i.e. World. It is there in all the forms like human beings, animals, plants, trees, birds, flowers and all non-living things. This is what it means that everything is made up of the divine of energy which is said as "Isha" in this Upanishad. Just like every gold ornament is made up of Gold, just like every earthen pot has clay as a base, similarly every form that we see in this world is made of God. So this Upanishad says to realise God and your divine nature, try to see that behind everything.



Continued...

And the next line says “Ten tyakten bhunjitha” means not to get attached in material things. We can use it with non-attachment. We have to remember that we will not take anything with us. Everything will remain here only so till the time we are living, let us enjoy whatever God has given to us. We should not covet anybody’s wealth. We should not be greedy, just have satisfaction with whatever is given to us.

It covers three principles of Reiki i.e. Just for today I will love and respect all the living beings and just for today, I will be honest in my work and I will be in attitude of Gratitude. If we see God in everything, we will definitely respect everything and everyone. And if we are honest, we will not covet anyone’s wealth nor we will adopt unfair means to earn money. And we will be grateful to everyone by understanding that God is helping us in so many ways

This first verse of Ishavashyam Upanishad is so profound that if we just understand and work on it, we will reach our divinity.

For Happiness: 18 Rules

- Dip. SAC Ashwini Telang, India



We all are aware that we do not. We do everything in our life, for only one thing that is to achieve equilibrium – Where we experience happiness forever – usually termed as bliss. Some call it eternal happiness, some blissful state, while others simply call it Peacefulness.

Though each term is interchangeably used it still carries different levels of happiness. Like **short term happiness (the feeling of being happy when we get what we wanted in temporary) can be termed as joy**. The biggest example will be when we eat our favourite food(s) like ice cream. Till we are having it we feel happy. That's Joy.

Bigger than joy that lasts for a little more time can be considered as Happiness. For instance, when one has received a degree or honourable certificate, a person stays happy for maybe a week or month or year. That's sheer happiness.

And the happiness that lasts forever can be called "Bliss". This bliss is not generated by external means but by internal realisation that we are born happy. To return to our original state, let's dive into this vast ocean of achieving something that we all already have within but aren't experiencing fully yet. For this we need to know that there are in all 18 rules that I thought of can help us to achieve this, if we follow them honestly.

These 18 rules are not commandments, but gentle reminders. They are simply practices that help us uncover the happiness already present in our everyday lives.

So today, let's dive into the first 2 rules that guide us to shift our perspective. The first on list:



1. Stop feeling sorry for yourself:

Self-pity is like standing in the rain without opening an umbrella. The rain – Life challenges-may be real, but we still have the choice to protect ourselves and move forward. When we don't open the umbrella, we stay deranged in negativity. When we do, we find shelter and strength to keep walking.

Let's use few examples to understand this concept much clearer. A student who fails an exam can either, circle into “I am not good enough” Or pause to ask: “What can I learn from this?” Or maybe a parent overwhelmed by responsibilities may feel trapped but reframing the situation – “I’m shaping lives, my actions set examples to all around me.” – turns burden into something more meaningful and also feel the relief from anxiety.

2. Be grateful:

Gratitude is the core of our existence. It is the art of noticing the abundance already present. It shifts our focus from what is missing to what is alive and available. It is the magic that exists around us as it creates wonders if utilised appropriately. Maybe that is why even 5 principles of Reiki begins with the very first principle as: Attitude of gratitude.

For instance, a teenager frustrated about not owning the latest bike pauses to appreciate the fact that s/he at least has true friends around who are not with him/ her only for the ride. Or a person who feels lonely, finds gratitude about being able to introspect and work on his/ her energy levels to keep himself or herself happy, healthy and harmonious. Understanding the fact that even when we feel that we are alone we still have Lord watching over us.

By now, you may wonder: what exactly happens when we stop feeling sorry for ourselves or feel grateful for everything we have?

As Reiki Sadhaks, we know that feelings are nothing but energy. Newton’s law of energy applies here too: energy can neither be created nor destroyed, only transformed. When we indulge in self-pity, our energy gets stuck. It’s like a cop holding a burglar — the cop seems in control but is also restricted until the burglar is put behind bars. In the same way, we remain caught in negativity until we release it. On the other hand, when one genuinely feels grateful about what one has in life, the brain releases “feel-good” chemicals like Dopamine, Oxytocin, Endorphins and Serotonin. Each contributes to lifting our mood and creating a sense of bond, balance, and bliss – connecting us more deeply with others, harmonizing our inner state, and opening the doorway to lasting happiness.

In short, gratitude, boosts this transformation as being grateful makes our energy levels to rise enabling us to experience lightness and bliss within.



SHIVA HEALS YOU

Agnihotra- The twilight meet.

- Vivek Pandey, Vadodara

An advanced Agnihotra Practitioner's session was conducted by RVN recently.

Although the session was basic, it produced the necessary effect in the minds of the participants who attended the same. The teachers who conducted the session revised the whole process with meticulous precision and also answered a few questions. Their devotion and discipline towards Agnihotra are admirable in so many ways. However, it has been noticed that many thousands of people learn Agnihotra, but only a few hundred perform it daily and practice it religiously. Let us look at some aspects of what Agnihotra is and why it cannot be treated as an optional activity.

There are two kinds of Karma mentioned in the Hindu Shastras. One is Naimittika and the other is Nitya. The former is optional and performed occasionally to fulfill wishes. The later, however, is a part of daily routine to be followed religiously. Agnihotra falls under the category of Nitya Karma and needs to be performed with utmost sincerity and eagerness. Whereas most people are aware of the benefits of Agnihotra, few understand the subtle power that this whole process carries. The universe is only 4% gross and 96% subtle in nature, and before one proceeds to understand the impact of Agnihotra, one needs to know the subtle world. The 96% subtle invisible world is the underlying fabric of the known world. The more work we do at the subtle level, the higher the correction that happens in the Gross world. Any mistake in the subtle world translates into something huge in the physical world. If we wish to fix the problem of pollution, we need to work in the world of energy, and the result will be seen magnified in the outer world.

Agnihotra comes from the Vedas and is a process discovered by the Rishis to give back to the subtle world what came from there. Lord Krishna has described Agnihotra as Ishta Kamadhuka, which means a wish-fulfilling Yagya. Wishes can be fulfilled only when one is directed towards a process of completion. Everyone needs to perform Agnihotra to give it back to nature first, then the farmers and the soil, and also for personal benefits. We eat food, and by performing Agnihotra, we complete the whole cycle of giving back to nature and nourishing the cosmic energies.



Apart from the outer universe, one needs to understand that the human body is also composed of the same subtle particles. The proton, the electron, and the neutron. Scientists have discovered God's particles in the name of Higgs-Boson and quarks, which are even subtler. Nonetheless, even these are held together by waves of an unseen field. Agnihotra produces subtle vibrations and waves that address the basic fabric of the universe. The fact that a mistake at the level of energy cannot be corrected easily needs to be reiterated a thousand times. Say, for example, once wood is created, one can only make furniture out of it. Food cannot be made out of wood. The world is an illusion we suffer because we insist on it being the truth. Almost everyone has this experience of the fragile and transient nature of the world, and yet they only understand how to seek peace in it. The moment one gets entangled in the outer world, one has already changed the direction and act of completion. No wonder most of the people in the world suffer. Only processes that take you inwards and enrich your mind and soul can take you through this life. People seek life in relationships and material pleasures.

They can give happiness for a while, but never really address or align one with the basic nature of life. One needs to become friends with one's own being first. Only then can one really connect with the world outside. Otherwise, all connections are superficial and not real. Agnihotra is a process that can connect us well to our own fundamental energies. The more we repair the subtle world within us, the healthier we become, and thus we become an asset to the rest of humanity. Anyone can understand this: while performing Agnihotra, we are watering our own roots. And the roots of humanity, when nourished in the right and the most natural manner, lead to vibrations spreading on the whole earth. Agnihotra is the first best friend that one can have, and one needs to meet this best friend twice a day with the enthusiasm of a child. Even though Agnihotra is a routine that needs to be performed daily, one shouldn't take it as a routine. One needs to make a life out of it, as it indeed is a life-nourishing process.



- Equation of Life
- $A + B + C = X$
- Manage your left side so your right side is managed in the equation of life.
- Left is your right and right is wrong.

- Aruna Margam, Bengaluru

“Left is your Right, Right is wrong” - This message we have heard from Guruji in seminars. This is incomplete without the shloka “कर्मण्ये वादिकारस्य मफलेषु कदाचन”. As per Guruji’s explanation we have right only for the action and no right on the fruit (result) which is the right side. So manipulating the right hand side is wrong understanding and thinking it is our right is also wrong understanding. Many times in our life we do our actions sincerely with some expectations. Expectations are not always fulfilled.

There is a beautiful story from “Periyapuramam” sacred text in Tamil which has the life stories of the 63 devotees of Shiva known as Nayanmars. Based on that there is a young boy known as Sundarar who was born into a pious family. He was adopted by the king. Though he grew in royalty he was trained in Vedas also. On the day of the marriage, an old saint came and showed some documents to parents that he is supposed to serve him as a servant. This was written and given by his ancestors. Sundarar leaves everything and travels along with him. After some time this sage enters the temple of the town and merges with Lord shiva. Sundarar asks Lord that why did you do this to me?

Lord Shiva then gives him the memory of his life at Kailash. He was living there and he was almost like a mirror of Shiva. His duty was to pluck flowers for Pooja. One day he got distracted looking at the maids of Parvati. That moment Lord Shiva said it is your turn to go to the earth and complete the wish of yours. He felt bad and asked one promise from Lord Shiva that if I forget Who Am I? and get entangled in this world kindly release me and save me. Now Sundarar understands why Lord took him back. He later writes a very famous poetry Known as “Thevaram” which is still sung in Tamilnadu in praise of Lord Shiva. It was a Leela of Lord Shiva.

We too are entangled here without remembering Who we are ? What is our purpose of Life? When Lord reminds us we still think Lord is punishing us or testing us. When we do our sewa for any of the programmes we get dejected when we are not able to succeed.



continued...

What we are forgetting is it is our duty to do the right actions, results will come as and when appropriate. Sometimes the results are very satisfactory and sometimes with the same efforts the results are not at all up to the mark. Only it is important that we keep on doing our actions in the right direction not working for achievement.

Vivekananda's Quote "Our journey is to rise from animality to humanity and then to divinity. Once we reach here then only we can cross this non-existent world and go to our ultimate. If we are working for ourselves, greedy, high goals and passionate about our career then we are getting into the zone of humanity. If we are selfless, pure, joyful, blissful, positive then we are rising to Divinity. This is where we feel our soul, learn to introspect and grow towards Spirituality. Our daily life situations keep switching between the three Gunas Satva, Rajas and Tamas. Awareness and Knowledge help us to understand and move towards the Satva (Divine) nature. After dropping the Gunas only we can grow into the ultimate state of Samadhi (enlightenment). For that we need to move and drop the unwanted qualities to grow towards divinity to the oneness of the Universe. Actions are necessary and the right attitude without expectations will take us towards the ultimate goal of our life. Guruji's guidelines "Any action is with efforts we are in Ego consciousness and any action happens effortless then Soul consciousness." Everything is Swami's design.

We all know we have to practice this in our daily life. Then how to have the understanding all the time? Again Guruji's words "Life is not your right, it is a blessing". If we remember and count our blessings and have gratitude towards whatever God has showered on us then our life will become a smooth effortless life which will be blissful living in Soul Consciousness.

MANAGING ADDICTIONS A KEY TO THE STAIRWAY TO HEAVEN HOMA PSYCHOTHERAPY By Barry Rathner, Clinical Psychologist



If it is true—and much evidence so indicates—that we humans all have addictions, IDENTIFYING them and then coming up with a ‘treatment’ plan, are good beginning steps.

The severity and extent of Addiction A compared to Addiction B varies of course. But a clue is to what extent it interferes with your life or, worse case scenario, makes your life unmanageable.

Well “interfere” may be a ‘loaded’ or easily manipulated word, and a phenomenon with built-in possibilities for self-delusion, illusion and additional ‘ions.’

First of all, to ‘admit to’ an addiction is not to admit to a character flaw or lack of self-discipline, no more than thinning hair in older age is connected to some failure of morals.

It’s a part of the ‘game,’ the game of life. It goes with the territory.

Your addictions —or propensities or habits or samskaras (old impressions on the mind), if you prefer—are part of your reality, and your ‘game plan’ best acknowledge them.

Failure to do so may not exactly condemn you to places unwanted, but if there is a “STAIRWAY TO HEAVEN,” reducing the pull of addictions will likely expedite your climb.

Feed your dog to avoid it pulling at your pants legs as you traverse your universe. One hand tied behind your back is not a good place to be. Our lives are not dress rehearsals.

Replacing a good addiction for a bad one may be one approach to try. You are chronically late: try being chronically early.

Attractions ‘turn you on?’ Don’t look at her! Or look at her feet.

Recognition of a problem, and realizing you can’t fix it on your own, may be a call to action, whereby surrendering self-will to exceptional, external (Divine) guidance may remedy.

Best we understand, however, that free will is not returnable. It doesn’t have an expiration or “Best by...” date. SOONER THE BETTER may be a more apt way of looking at it.

Surrender—Total Surrender—is the pièce de résistance, the mountain peak, the fountain of youth—if that resonates with you.

So, ‘stuck’ with FREE WILL and its companion POWER OF DISCRIMINATION, how best may we avoid (or at least reduce) the Six Crocodiles—anger, greed, lust, pride, envy and attachment—all obstacles to our evolution, serenity, and peace of mind?

Each of us must find his/her path and then either trudge or merrily skip along the yellow—or red or mauve or teal) brick road moment to moment, to get closer to the SOURCE.

Thousands on every continent vouch for the importance and efficacy of twice daily AGNIHOTRA as a truly irreplaceable action for greatly reducing the effort needed for this ultimate journey. BELIEVE WHAT YOU EXPERIENCE.

MANAGING ADDICTIONS

A KEY TO THE STAIRWAY TO HEAVEN

HOMA PSYCHOTHERAPY

By Barry Rathner, Clinical Psychologist



The nearer we get, just as the fragrance of distant incense increases as we approach its source, we gradually and inexorably KNOW, really know, we're not only in the right stadium, but center stage awaits. The closer we get, our momentum and Grace carry us HOME. And what a glorious place, as promised, it is.

Indeed, the Kingdom of Heaven is near at hand. And surely we'll recognize it when we see it, feel it, cherish it.



REIKI EXPERIENCES

Reiki Experience of Aruna Rani

In March 2026, I went through a difficult health challenge when I developed a serious throat issue. On 10th March 2026, my condition became concerning enough that I underwent endoscopy and stroboscopy, and the doctors prescribed steroids for 15 to 20 days along with complete voice rest. As a teacher and someone who depends greatly on speech in daily life, this situation was both physically difficult and emotionally overwhelming.

During this challenging time, Reiki became my support and strength. My friend Madhumita suggested I seek healing support through Wave of Faith. During the Wave of Faith programme, Krupaji gave valuable guidance, including the use of Agnihotra Bhasma along with continuous Reiki practice. This guidance became an important part of my healing journey. Along with my own practice, my friend Madhumita and many fellow Sadhaks lovingly sent Reiki healing energy for my recovery. Their collective prayers, healing intentions, and positive vibrations created a powerful field of support around me. I followed the guidance with faith and gratitude.

To my great surprise, my throat began recovering much faster than expected. Improvement came steadily, and soon I was able to stop taking steroids as well. What had seemed like a difficult medical condition transformed into an extraordinary healing experience. For me, this was truly a miracle.

This journey deepened my faith in the power of Reiki and divine grace. It showed me how guidance, faith, disciplined practice, and the loving support of a spiritual community can bring profound healing. I offer my heartfelt gratitude to Krupaji for the healing guidance, to Madhumita and all the Sadhaks who sent Reiki, and above all to Guru Devji for this blessing. My experience stands as a humble testimony that when faith and Reiki flow together, miracles do happen. Jai Gurudev!

1. 2nd Degree Seminar in Devrukh Ashram on 4th and 5th April and 11th and 12th April, 2026.

In the month of April, 2026 two 2nd degree seminars were held at the Devrukh Ashram. 30 Participants in 1st seminar which was held on 4th & 5th April, 2026 and 40 participants in 2nd seminar which was held on 11th and 12th April, 2026. All the participants were overwhelmed by the ashram atmosphere and the experience of the 2nd degree at the abode of Swami and Guruji. All the participants got wonderful experiences by giving Reiki to Swamiji, Guruji, Lord Dattatreya and Goddess Kamakshi. Everyone thanked the management of RVN for conducting 2nd degree seminar in Ashram premises. All the participants also got the opportunity to do to sewa at Ashram. Everyone felt the divine blessings of Swamiji and Guruji showering on them every moment. There were tears in the eyes of participants while leaving the ashram. Everyone said that they have never experienced such peace and happiness in their life.



Ashram Wisdom



By giving Reiki to someone who is ailing, do we get that disease or sanskaras on us?

One of the Sadhak asked this question on that Guruji answered, No way! One has to understand fully well what disease and the sanskaras or blockages really mean. Blockages are not objects that they can be easily transferred from one place to the other. Blockages of Karma Sanskaras are nothing but the distorted energy hindering the flow of the energy. Say for example a river while flowing suddenly passes though a very cold region where the part of it gets frozen. By freezing what changes is the density and volume. The glacier of that same river will now become a blockage to its own flow. The moment the conditions are altered the glacier may melt and the river would flow again. Where did the glacier go? It was always a part of the river and has become river again. Last month when one of my chandeliers was not working the electrician found out that the wires had gone lose inside. He set it right and lo! The lights were on. Where did the darkness go? Did it come to me or to the electrician?

SEMINAR SCHEDULE - MAY 2026

Sr. No.	Scheduled Date	Master	Location	Degree
1	2nd-3rd May 2026	Krupa Choksi	Bhavnagar	1st
2	9th-10th May 2026	Rakesh Kumar	Nashik	1st
3	11th-12th May 2026	Jairam Athalekar	Battis Shirala	1st
4	16th-17th May 2026	Aruna Margam	Bengaluru	1st
5	16th-17th May 2026	Sangita Kulkarni	Rajkot	1st
6	16th-17th May 2026	Vishal Shridhankar	Vadodara	1st
7	16th-17th May 2026	Bharati Zinzuwadia	Ahmedabad	1st
8	16th-17th May 2026	Rakesh Kumar	Pune	1st
9	16th-17th May 2026	Seema Trivedi	Morbi	1st
10	16th-17th May 2026	Jairam Athalekar	Chiplun	1st
11	19th-20th May 2026	Jairam Athalekar	Redi	1st
12	23rd-24th May 2026	Seema Trivedi	South Mumbai	1st
13	23rd-24th May 2026	Jairam Athalekar	Kudal	1st
14	23rd-24th May 2026	Vishal Shridhankar	Goa	1st
15	23rd-24th May 2026	Rakesh Kumar	Thane	1st