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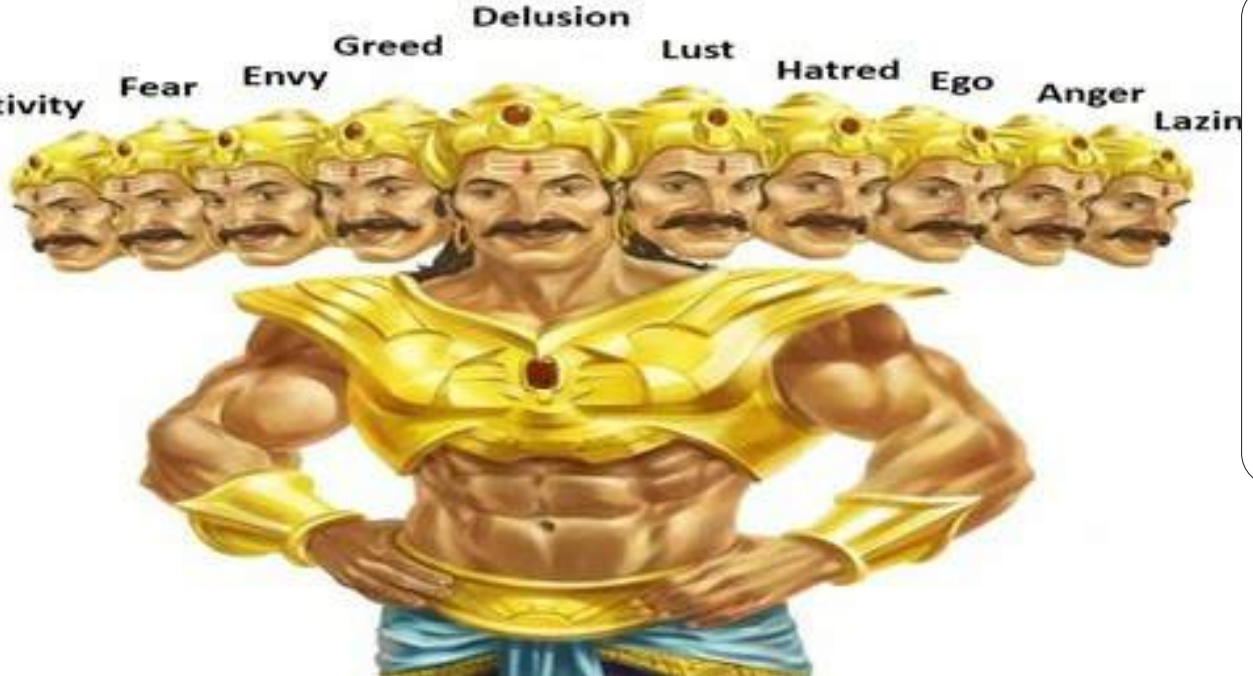
सर्वे: सन्तु निरामयाः

# **REIKI VIDYA NIKETAN**



The above image is captured during Guru Purnima event at our Devrukh Ashram in 2017. Image Credit: Nisarg

This issue is not for the commercial purpose. It's only for sharing Knowledge and experiences in the Reiki Bramha group.



### Kill the Ravan which is residing within.....

On 2<sup>nd</sup> October, 2025, we all celebrated Dusshera. On this day Lord Rama killed Ravana. There was a victory of good over evil. Ravana was called Dashanan – the one who had ten heads. Ravana was a great scholar. He knew 4 vedas and 6 shashtras. His ten heads represent that. Besides this, he was a great warrior. He had conquered 14 lokas and had imprisoned all the devatas. He had amassed all the wealth of Lord Kuber. He had everything with him.

Ravana had several positive attributes, including being a profound devotee of Lord Shiva, the creator of the Shiva Tandava Stotram, a highly skilled warrior who once lifted Mount Kailash, a master of the veena, a skilled astrologer and physician who authored texts like the Ravana Samhita, and a wise king who ensured prosperity for his subjects and is even said to have been asked by Lord Rama to impart political knowledge to Lakshmana. He was a knowledgeable king who governed his kingdom with wisdom, providing prosperity and peace.

But what happened to him? He achieved everything he wanted in life and thereafter he became egoistic. And because of his ego and the boon which was given to him by Lord Brahma that he will be killed neither by Gods nor by demons. He became fearless thinking no one can kill him. In spite of having such profound knowledge, what he lacked was satvikta i.e. purity of heart.

When he had got a boon from Lord Shiva he had become satvaik and he wanted nothing except to worship Lord Shiva but then he lost his purity and ego consciousness took over from soul consciousness and from then onwards he became tyrant king. He went into the path of Adharma (non-righteousness) by adopting cruelty, greed, envy, anger, lust, arrogance, etc.

Likewise, a sadhak who is proceeding on the path of liberation should be very cautious about ego consciousness. Once he/she gets all siddhis, one becomes egoistic as he/she can do everything. When ego consciousness rules, one loses the sense of





appropriateness. Compassion and love in the heart is not felt and one becomes insensitive towards the sorrows of others.

Guruji often used to say that ego is the mother of shadripu viz. anger, lust, greed, jealousy, pride and desires. Once we are in ego consciousness, all these comes into our existence and then fear, delusion, laziness and insensitivity also creeps into our existence without our knowledge. This is nothing but the Ravana within. It leads us towards our tamasic nature and lose our satvikta i.e. purity.

A sadhak has to be aware about all these ripus or demons which are there within us but they are latent, the moment we go into ego consciousness, all these wakes up and makes our life miserable. It drags us away from our core nature and we lose the path of realising our duality.

In Bhagwat Geeta Chapter 2 shloka 63, Lord Krishna has mentioned the following:

क्रोधाद्भवति सम्मोहः सम्मोहात्स्मृतिविभ्रमः।  
स्मृतिभ्रंशाद् बुद्धिनाशो बुद्धिनाशात्प्रणश्यति॥ 2.63 ॥

Meaning: From anger, delusion arises. From delusion, the bewilderment of memory. When memory is bewildered, intelligence is lost and when intelligence is lost, one perishes.

Probably this is what happened to Ravana when Surpankha, his sister went with a complaint of Lord Rama and Lakshmana that they cut her nose and ears. Without verifying the fact Ravana went into ego consciousness and there after he went into delusion and lost his vivekbuddhi i.e. intelligence.

A sadhak has to take care of all the bad qualities which are there within us viz, fear, anger, lust, greed, insensitivity, hatred, laziness, delusion, envy and ego/ pride. And then Rama consciousness will emerge within us.

So this Dushera, let us kill the Ravana within us and invoke the consciousness of Lord Rama !

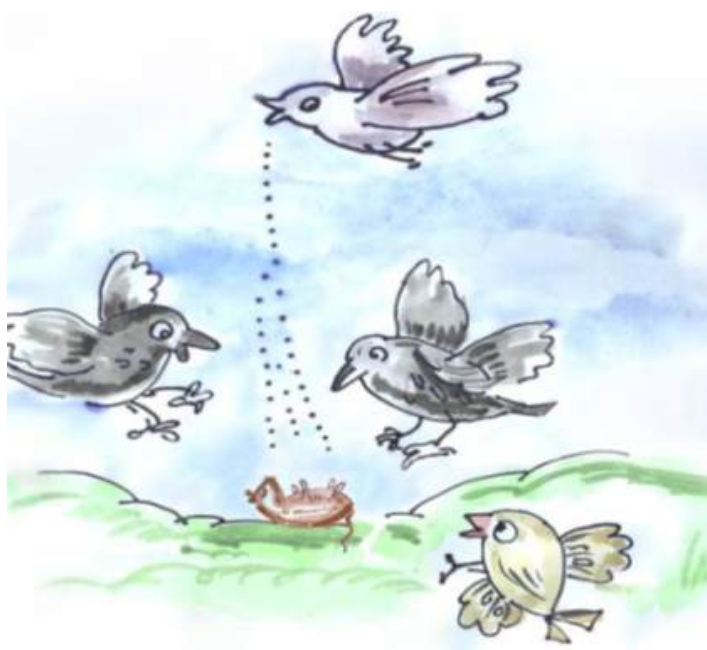
With love, light and reiki  
Krupadidi



<b>Earth</b>  Tolerance	<b>Wind</b>  Detachment	<b>Sky</b>  All-encompassing yet steady	<b>Water</b>  Impartial love	<b>Fire</b>  Be austere	<b>Moon</b>  Unaffected by phases	<b>Sun</b>  Have thought for others	<b>Pigeon</b>  Detachment
<b>Python</b>  Have faith in destiny	<b>Sea</b>  Remain unaffected	<b>Moth</b>  Control your desires	<b>Honeybee</b>  Refrain from amassing wealth	<b>Elephant</b>  Refrain from sexual desires	<b>Bumblebee</b>  Refrain from object pleasure	<b>Musk-deer</b>  Refrain from attachment	<b>Fish</b>  Refrain from self gratification
<b>Courtesan</b>  Renounce all desires	<b>Lapwing</b>  Discard sense objects	<b>Child</b>  Lead a carefree life	<b>Bangles</b>  Live in solitude	<b>Artisan</b>  Concentration	<b>Serpent</b>  Behave wisely	<b>Spider</b>  World is unimportant	<b>Wasp</b>  Meditate upon God

## 24 Gurus of Lord Dattatreya

### RAVEN / KURARI



*"A bird of prey is my eighteenth guru. One day, I saw one such carrying away a dead rat. Many other birds like crows and eagles attacked it, now kicking on its head and again pecking on its sides in their endeavour to knock off the prey. The poor bird was thus very much pestered. At last, it wisely let its prey fall and all the other birds rushed after it. From this, I learned that a man who runs after worldly pleasures will soon come into clash with his fellow-beings who too run for the same."*

Here Lord Dattatreya talks about the rat race in which a common man is. He has given an example of a bird which was carrying a dead rat and all the ravens and eagles started following and pestering him. Finally to save his life, he left the dead rat and everyone left him to get the rat. Similarly, a person who is after earning wealth and worldly pleasures will be bothered by those who are after it. Everyone will be your friend when a person is rich and when a person is in difficulty, everyone who is after material pleasure will desert him/her. This is how common man thinks.

Here, till the time bird was attached to the prey which he had caught, all other birds were after him. But the moment he dropped his desire to have food, he found the peace as the birds went away. Similarly, when a person is after worldly pleasures and tries to fulfil his/her desires, obstacles from outside world will come to bring him down, But the



Continued...

moment one realises that the real happiness is found by going within and not by fulfilling the desires as desires will keep coming one after the other and there is not end to it.

In Bhagwat Geeta, Chapter 16, Lord Krishna has explained that desires i.e. Kama leads to krodha (anger) if the desires are not fulfilled. If the desires are fulfilled, the same kama (desirers) leads to Moha (greed) as one wants it more and more.

त्रिविधं नरकस्येदं द्वारं नाशनमात्मनः ।

कामः क्रोधस्तथा लोभस्तस्मादेतत्त्रयं त्यजेत् ॥ 16.21॥

Meaning: There are three gates leading to the hell of self-destruction for the soul—lust, anger, and greed. Therefore, one should abandon all three.

So for a sadhak who wants to achieve the liberation, should know that expectations are fine but it should not turn into desires. Desire is a combination of Expectation + Ego. One wants to fulfil one's desire by hook or crook that i.e. because of ego and this leads to self-destruction. Person adopts unpleasant ways to fulfil it and this leads to self-destruction.

One needs to understand that the real peace and happiness one gets by going within. Nobody becomes happy by fulfilling desires as it keeps increasing and there is no end to it. A sadhak needs to have moderation and should be satisfied with what one has.

Today we see that everyone is stressful in life. It is because our wants have increased. People want hefty salary because they want to travel abroad, they want a spacious house with swimming pool and all amenities, they want a luxurious car, etc. etc. There is no end to it and in this race person buys everything on credit with EMIs and then there is a constant fear lurking in the mind of losing a job which makes one stressful. This stress leads to health issues and again hefty bills of hospitals adds to his financial burden.

Somewhere a common man also has to take a pause and look at a life. He should ask a question to himself that am I leading a quality life? In order to get all the comforts of life, am I losing my peace of mind? Am I fulfilling my desires at the cost of my health? If the answer to these questions are yes, then one redefine the idea of good life and look within for inner peace and happiness.



# SHIVA HEALS YOU

## Confrontational Energy

- Viivek A Pandey, Vadodara

We all tend to be good hosts. Meeting people with love, greeting and treating them with love is a norm followed across the world. Indians follow the principle of “Atithi Devo Bhav” which means a guest is God. We also meet people across the professional space. Some are subordinates, and some are in a position where they can dominate. Even in relations near to us, we have many people who are enjoying authority over us. Be it in the name of age or just the nature of the relation. Meeting people and expecting a hearty and healthy conversation may not be the case every time. There are times when we need to be alert and display confrontational energy.

Confronting people does not necessarily mean having a preconditioned mind to get involved in a duel. One should never develop a habit of doubting every person around as to what they are up to. Instead, one needs to develop the habit of shifting from heart to head. Take the case of near and dear ones. One can easily understand that no two individuals are the same, and they turn up in front of us with different intentions. Naïve people start with their hearts and end up getting hurt as they are never really aware of the intentions. All one needs to understand is to greet people with a big smile and then instantly shift to the head. It also becomes important to note that one needs to settle the Karma without any delay. One cannot carry things subconsciously and take revenge later (if some ugly leftover has remained). Ideally, one should meet everyone without any prejudice or bias and also expect the unexpected. This alertness helps one protect from any potential damage.

Dominating equations with people very close to us is another thing that can be very daunting. Be it a mother-in-law and daughter-in-law equation or the dominance of a boss over their employees. Such equations that lead to transactions building negative energy are a daily thing. They can be so dominating that a person remains suppressed throughout their lives. Inability to speak in front of such people and remaining in fear may result in a distorted personality. If a person decides to retaliate, then it may result in a spoiled equation, which again is not a favorable scenario. What one needs to learn is to consciously develop confrontational energy. Just a fresh approach, and one can easily show people their place and patterns. One has to proceed with a surgeon’s precision when it comes to communicating with people in the inner circle. The first thing to be worked at is our own belief system. Some people, due to experience, get scared of people or put them in a





# SHIVA HEALS YOU

continued...

permanently dominating position. They carry their consciousness in their root chakra and label life as a red flag. Be it a boss or a mother-in-law, one cannot expect a good response if one is gutted in the root chakra. The principle remains eternally the same. The world outside is a reflection of the world within. The art of shifting and managing the inner world is the only art, as far as having good conversations is concerned.

The world should be a normal place at all times. Still, everyone has moments that are heated, or we encounter people with polar energies. Quickly reading and understanding the game and shifting and managing our own response is the only thing one needs to master. Meeting people with a smile rising to your eyes, and then also staying alert with the heart as the base. When meeting people with authority, one needs to have sincerity in the eyes and a lot of confidence while facing them. Getting emotional in front of the authority is a true disaster. One cannot have fear, guilt, shame, remorse, or anxiety while dealing with people in power. As mentioned earlier, the world outside is a reflection of the world within. To understand and master the game (to protect one's energies) is to master the art of tactfully acknowledging the nature of the other. With a smile, one accepts, confronts, gives the appropriate response, and moves on.

The principle that one always needs to remember is the fact that we are all formless. The sheer fact that at one level nothing exists and the universe is empty both within and without should settle a whole lot of issues. The second principle is the art of flowing. Even when it gets difficult, one should practice moving on and flowing with life. The third principle is that of inclusiveness. No matter what patterns people carry, one should always move on and work with them. Only in the rarest of rare cases, one may decide to part ways. Usually, the art of true leadership lies in withstanding and absorbing pressure.

# “Prayaschitta or Paschyatap”



- Aruna Margam, Bengaluru

We had a Seminar in September at Bangalore. There was a question on the Patanjali Yoga Sutra “Yoga Chitta Vritti Nirodaha”. How reiki can help us in prevention of fallouts and in turn blockages which obstructs our flow of energy. Once flow is obstructed then in turn one day or other it becomes a disease in our body. So when I was discussing this with my colleague master Kalpita Keer she gave me a few insights from Guruji’s teachings. It was an eye opener. Thought of sharing this with all of you. She said Reiki is preventive and curative.

We all know prevention is equally important for our health happiness and harmony of life, our Guruji’s mission. She gave an example of Sati mata who did not listen to the guidance of Lord Shiva and she had to suffer by giving her body in the Yagna done by Prajapathi her father. This is suffering known as Taap. But when she took a birth of Parvathi matha she did penance known as Tap. When Parvati did her penance she reached Lord Shiva and became his Ardhangini (wife).

As a Sadhak when we introspect and think before we act (respond) then it becomes Prayaschitta that is before it falls into our chitta and becomes a Vritti. If we ignore the guidance and react then it becomes a Taap that is suffering known as Paschyatap. This means after the reaction we repent the action. Any spiritual practice is to give us the Awareness to think and choose to respond and not react. In fact Guruji used to tell us when we react there are enough chances for it to become a chain reaction. Yog is a spiritual practice which helps in the union of body, mind and soul.

When mind is with the soul it means we are in Soul consciousness. When we are with the soul we are in awareness. Again this reminds us about the famous Nagarjuna Swami’s story and the valuable question “What am I doing now?” This itself will help us to be in awareness. Awareness will help us in prevention of Vrittis. When we keep our Chitta Pure then our Actions are pure and when Actions are pure then our existence becomes pure. This will take us towards Moksha. Again Moksha is freedom from suffering. Which is here and now.

Without Knowledge we suffer in life. Guruji has guided us that Vedna is no knowledge. Not knowing “who am I” that is who we really are we suffer. We are complete, divine souls and when we experience wholeness all the time we realize and become one with our self. This is nothing but enlightenment. So Openness to Awareness, Awareness to Realization and Realization to Enlightenment. Prayaschitta can leads us to Atma Sakshatkar that is Enlightenment.



## HOMA PSYCHOTHERAPY

By Barry Rathner, Clinical Psychologist



It is more than interesting that the deteriorating situation on Planet Earth seems to affect everyone. Even those of us who erstwhile have put positive spins on just about everything, are 'getting with the program,' and are increasingly aware of the troubled waters being bridged—but not always successfully.

Some may still try to deny Climate Change and others might blame the opposition political party or aliens from another solar system, for temperature anomalies, but if you can't see the writing on the wall, check your glasses, predispositions, or your antacid, because Banksy isn't the only one trying to use walls to get the message across.

The message? We—all of us—are in trouble. Since ATMOSPHERE AFFECTS US ALL, to one degree or another, the rapidly deteriorating Prana around us bears heavily in and on our bodies, minds, and spirits. Enough doom and gloom—for now, except to add ...And we thought Covid was as bad as it could get. Seems not.

Readers of this piece have most likely heard of Agnihotra copper healing fire. If you're doing the fire 'cure' regularly, that's one thing. If you've simply put it into your "I'll think about it later," box, do consider upgrading it to 'Better I do this BEFORE IT'S TOO LATE.' Best not to "tax the Divine," it has been made clear to us.

And if, perchance, you feel reasonably able to manage without waking up at sunrise to do Agnihotra, more power to you. But service to others should indeed be part of your algorithm, and Agnihotra's far reach makes it a process whose beneficial effects go way, way beyond you or your meditation room. Yes, make yourself better and all rejoice. But helping the masses as well puts you in the rarified atmosphere reserved for true servants of the Divine.

And, believe it or not, Agnihotra is such magnificently potent good karma as to make any other endeavor you might ascribe to for 10 minutes at sunrise and sunset far less potent—far less.

Let's look at the "believe it it not" phrase of the previous paragraph.

We 'advertise' the proscription or proposition, "BELIEVE WHAT YOU EXPERIENCE." May I suggest that we add FAITH, DEVOTION and/or INTUITION to our arsenals.

What and why? Because "Faith is to believe in what we do not see, and the reward is to see what we believe." So said Saint Augustine.

An 'investment' of sorts is a first—or very early—ingredient here. Eggless egg salad is possible (using tofu), but faithless living places too great a burden on us, our environment, our angels, our God.

# "THE RECKONING or HOW DO WE COPE WITH THE STATUS QUO."

## HOMA PSYCHOTHERAPY

By Barry Rathner, Clinical Psychologist



And this is way beyond 'positive spinning, gaslighting or denial. This gets to the essence of it all, the undeniable truths of our existence. And, furthermore, THE ESSENCE IS THE SAME, IDENTICAL FOR ALL OF US. There are not different models, colors, brands or whatever for my neighbor or me. THE ESSENCE IS THE SAME.

"Love thy neighbor as thyself," made no distinctions.

"Others...what others? Indeed, and in truth, we are all One.

To love all, to serve all, is to live in God's Temple. And that is a very, very good neighborhood or barrio to populate. Trust me. Or better yet, TRUST YOURSELF!

Shree Vasant Paranjpe wrote, 'A healed atmosphere heals the mind. A healed mind heals the body. A healed Earth heals humanity.' References to MIND are not incidental or coincidental. Agnihotra is the core of our MIND TRAINING PROGRAM, the goal of which is to TRAIN THE MIND TO REACT WITH LOVE UNDER ALL CIRCUMSTANCES.

HOMA Psychotherapy has proven to be a potent weapon in combating clinical depression and addictions of all kinds. Today's world cries out for antidotes to the confusion, stress, anxiety, and fear that beset so many of us—especially our youth.

Instead of pursuing temporary fixes—many doomed to failure from the outset—**Homa Psychotherapy, a program which employs Agnihotra as its central tenet and practice, has demonstrated a potential that belies its simplicity, and is available to all for the price of what a cup of coffee cost 45 years ago.**







# REIKI EXPERIENCES

## 1. Experience of Banudevi from Chennai

Before Reiki I was very much worried about my life. I thought not to live in the world that time. Padma Maam told me to come to a place where you will be relaxed from everything that is Reiki. I learnt Reiki and practiced regularly and now my whole life is changed. I got will power to face everything.

## 2. Experience of Vadivu from Chennai

I had back pain since last 10 years. I had bought a massage machine before 3 years valued Rs. 2.35 lacs. My back pain did not go by that machine and eventually it got conked off. Thereafter I took Reiki and now my back pain is totally gone. My machine got repaired only after I learnt Reiki but now there is no need of it. Reiki has changed my life. I have lot of experiences of Reiki thereafter.

## Reiki Vidya Niketan Activities

### 1. Reiki Bhandara in Palanpur for 3 days from 3<sup>rd</sup> to 5<sup>th</sup> September, 2025

From 3<sup>rd</sup> to 5<sup>th</sup> September, 2025, our sadhaks of Palanpur did Reiki Bhandara for the pad yatris who were going to Ambaji temple near Palanpur. 17 people participated in the camp and on the first day they gave Reiki to 71 people, on 2<sup>nd</sup> day to 40 and on 3<sup>rd</sup> day the group gave Reiki to 64 people which makes total 175 people. All the yatris who were tired got fresh after getting reiki. The enthusiasm and the energy of the sadhaks were incredible. All the sadhaks who participated in the Reiki Bhandara must have got lots of blessings from Guruji and Swamiji.



## 2. Lecture of Pranjal Joshi for Teachers at MES Bal Shikshan School on Teacher's day:

The special lecture was conducted by Mr. Pranjal Joshi of DSPPL for teachers on the occasion of teacher's day at MES Bal Shikshan Mandal School. It was attended by about 30 teachers. The topic for the session was "New Generation New Challenges New Opportunities". The various findings of our extensive research about New Generation were shared with the teachers so that they can perform their role in a better fashion. All teachers acknowledged the importance of the topic and appreciated the efforts made by DSPPL for past several years in spreading Awareness about socially important topic. Teachers accepted the need to get trained to manage this structural gap.

Session was planned for 1 hour, but enthusiastic response and question answer Session lasted for another 45 minutes.

Headmistress Mrs. Manjusha Durve has been part of DSPPL online forum in the past. She thanked DSPPL and expressed willingness to conduct full fledged Teachers Training Program. Mrs. Shilpa Yeole, Coordinator of the School and also member of Rotary Club of Pune Westend has been instrumental in arranging this session.







## How to reach a Moksha (a state of liberation)?

How to reach a Moksha (a state of liberation)? What is the process to reach there? A student asked Guruji in one of the satsangs. Guruji said “First understand what the idea of Moksha is. Then the process may look pretty simple. Moksha or liberation is nothing more than going back to your original state of existence. What does one do when one goes to take a bath and needs a thorough cleansing? One takes out all the clothes that one has worn. Otherwise the bath is not possible. You may not be able to cleanse the whole body. Why bath? Even while washing your hands one has to bare the hands so that they can be washed by a soap and a water. Even to reach one’s own body one needs to uncover, take out everything that one has worn. Same is the case with Moksha. To go back to where you came from and to the same state how you came with, one has to remove everything that is added on your existence.

Everything that you have created or may be even the environment has created on you needs to be shed, got rid of. Removing everything that is self-created is a painful act, no doubt about that. But that is what a sadhana is all about. Shedding everything that is wanted or even not wanted. You need to go beyond likes and dislikes. Then you reach your roots. You reach your formless form.

You may be familiar about the Lord Amarnath in the Himalayas where millions go every year to visit. It is said that like any other yatra, it is not the outer yatra. It has a message of inner yatra. It is said that Lord Shiva dropped all his belongings one by one to reach the state of tranquility. He dropped the bull first, then the snake, thereafter the Ganesha, then the chandan smeared on his body and finally his jatas (hair) to go into the dark cave. That is moksha. That is liberation.

## Ajit Sir Quotes

“



- Do not hurt anyone
- Accept everyone and everything as it is
- In every situation we have a role to play. Play that role positively.



- Do not search for bliss, let bliss manifest itself.

” (13)



# Reiki Svachetna Shibir

## REIKI INTENSIVE PROGRAM

22-23 NOV 2025, CHANDOD, VADODARA

Only for 2<sup>nd</sup> Degree Reiki participants residing in Gujarat



We cordially invite all the 2<sup>nd</sup> degree reiki sadhaks residing in Gujarat State who want to progress on the spiritual path for:

**Reiki Intensive Program**



**22-23 November 2025**



**Ma Anandmayi Ashram, Chandod, Vadodara**

**Fees: INR 1800 only, inclusive of food & non-ac room**

**Register Link in Description or Scan the below QR Code**

**Last Date of Registration: 9<sup>th</sup> October 2025**

**This Program Includes:**

- Advanced Meditations
- Advanced Healing Techniques
- Question & Answer Sessions
- Awareness Games and many more...



For any queries, please contact:

meenabhav2013@gmail.com / mrunalikutumbale@gmail.com

9909925815 / 8758893063

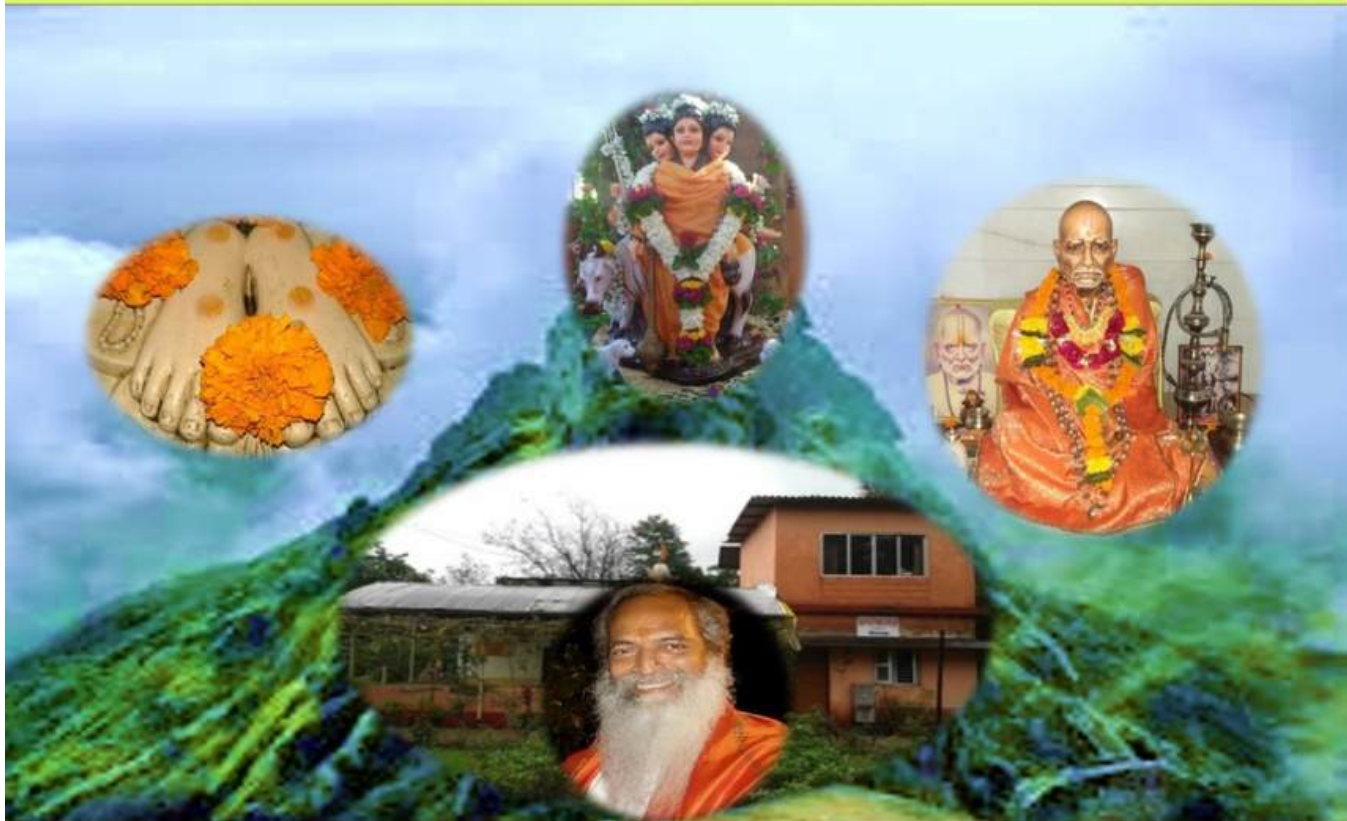




# Datt Jayanti Utsav

2<sup>nd</sup> to 4<sup>th</sup> December, 2025

at Devrukh Ashram



We cordially invite you all for Datt Jayanti Utsav at Devrukh Ashram from 2<sup>nd</sup> to 4<sup>th</sup> December, 2025.

## Program Details

- 2<sup>nd</sup> December, 2025 – Morning Starting of Dattayag
- 2<sup>nd</sup> December, 2025 – 8.30 pm Satsang
- 3<sup>rd</sup> December, 2025 - Satya Dutt Pooja and Dattayag
- 4<sup>th</sup> December, 2025 - Dattayag Purnahuti, Mahaaarti, Satsang and Palkhi

**Last date of Registration – 5<sup>th</sup> October, 2025**

For registration please fill the link given below and queries, please contact:

Kalpita Keer – [kalpita.keer@gmail.com](mailto:kalpita.keer@gmail.com), Cell - 7218498799

[www.reikibrahma.org](http://www.reikibrahma.org)

**Registration Link**

# SEMINAR SCHEDULE OCTOBER 2025

Sr. No.	Scheduled Date	Master	Location	Degree
1	4 <sup>th</sup> & 5 <sup>th</sup> October 2025	Kalpita Keer	Devrukh	1st
2	4 <sup>th</sup> & 5 <sup>th</sup> October 2025	Seema Trivedi / Krupa	Rajkot	1st
3	4 <sup>th</sup> & 5 <sup>th</sup> October 2025	Vishal Shridhankar	Sambhajinagar	1st
4	11 <sup>th</sup> & 12 <sup>th</sup> October 2025	Seema Trivedi / Meenatai	Vadodara	1st
5	11 <sup>th</sup> & 12 <sup>th</sup> October 2025	Vishal Shridhankar	Pune	1st
6	11 <sup>th</sup> & 12 <sup>th</sup> October 2025	Krupa / Kalpita	Goa	2nd
7	11 <sup>th</sup> & 12 <sup>th</sup> October 2025	Jairam Athlekar	Kudal	1st
8	11 <sup>th</sup> & 12 <sup>th</sup> October 2025	Rakesh Kumar	Thane	1st
9	25 <sup>th</sup> & 26 <sup>th</sup> October 2025	Krupa / Ashwini	Wise Program in Devrukh	
10	25 <sup>th</sup> & 26 <sup>th</sup> October 2025	Rakesh Kumar / Jairam	Mumbai	1st
11	25 <sup>th</sup> & 26 <sup>th</sup> October 2025	Sangita Kulkarni	Ahmedabad	1st
12	25 <sup>th</sup> & 26 <sup>th</sup> October 2025	Aruna Margam	Bengaluru	1st