

Volume 16

Issue 11

Nov 2024



सर्वे: सन्तु निरामया:

Reiki Vidya Niketan

Let there be Diwali inside...

Diwali is approaching and everywhere in the market we see people doing lot of shopping for Diwali. All the shops are decorated with lights. Deepavali being the festival of light, we see excitement in everyone. Moms are busy cleaning the house and preparing sweets while kids are excited for fire crackers. Girls are excited to make rangoli and elders are looking forward to various poojas approaching during the five days of Diwali.

Diwali comes on Amavasya (no moon) day of Kartik month. Diwali is connected to various religious events, deities and personalities, such as being the day Rama returned to his kingdom in Ayodhya with his wife Sita and his brother Lakshmana after defeating the demon king Ravana. It is also widely associated with Lakshmi, the goddess of prosperity, and Ganesha, the god of wisdom and the remover of obstacles. The Jains observe their own Diwali which marks the final liberation of Mahavira. The Sikhs celebrate Bandi Chhor Divas to mark the release of Guru Hargobind from a Mughal prison. Hindus of Eastern India and Bangladesh generally celebrate Diwali by worshipping the Goddess Kali.

In the Dvapara Yuga period, Krishna, an avatar of Vishnu, killed the demon Narakasura, who was the evil king of Pragjyotishapura, near present-day Assam, and released 16000 girls held captive by Narakasura. Diwali was celebrated as a signifier of triumph of good over evil after Krishna's Victory over Narakasura. The day before Diwali is remembered as Naraka Chaturdashi, the day on which Narakasura was killed by Krishna.

With so much of significance outside, all these mythological events suggests victory of good over evil. As a sadhak we should overcome our *shadripus* which are also like Asuras/ demon which bothers us. The lamp which is lit by Guruji within us, we need to see to it that it gives light to everyone around us. The excitement with which we celebrate Diwali outside should invoke our enthusiasm inside.



Many times due to struggle in life or certain situations which are out of our control, we get bogged down. We lose interest in life and get depressed. We do not see any way out. But at that time, we have to look within. Our inner light will guide us. We will come to know that none of the situation in life is permanent. Everything has an end. We should not lose hope and faith. We should develop lot of patience. Our faith in divine should be unshaken. We should just connect with the divine and divine will be there to help us. All these mythological stories reminds us that there will be victory of good over evil. It may take some time but divine will, will always prevail. There may be testing times, rough times but God will give strength to overcome it.

Diwali is the time to again ignite to our creativity through Rangolis and preparation of sumptuous recipes, connect with divinity through various poojas and remove all kinds of negativities within us. Fire crackers are the symbol of celebrations. Resorting to all these things will bring lot of positivity within us. Our inner light will again become bright and we will get ready to lead one more year ahead. Having rejuvenated our existence with new energy, we celebrate new year on Padwa, the next day of Diwali and renew relationship with spouse. And renew relationship with our siblings on the day of Bhaidooj. So let there be Diwali inside. Tamso ma jyotir gamaya.

With love, light and Reiki
Krupadidi

“ ——— Ajit Sir Quotes ”



- Do not hurt anyone
- Accept everyone and everything as it is
- In every situation we have a role to play. Play that role positively.



- Do not search for bliss, let bliss manifest itself.



Earth  Tolerance	Wind  Detachment	Sky  All-encompassing yet steady	Water  Impartial love	Fire  Be austere	Moon  Unaffected by phases	Sun  Have thought for others	Pigeon  Detachment
Python  Have faith in destiny	Sea  Remain unaffected	Moth  Control your desires	Honeybee  Refrain from amassing wealth	Elephant  Refrain from sexual desires	Bumblebee  Refrain from object pleasure	Musk-deer  Refrain from attachment	Fish  Refrain from self gratification
Courtesan  Renounce all desires	Lapwing  Discard sense objects	Child  Lead a carefree life	Bangles  Live in solitude	Artisan  Concentration	Serpent  Behave wisely	Spider  World is unimportant	Wasp  Meditate upon God

24 Gurus of Lord Dattatreya

PYTHON



"The python is a sluggard, unwilling to move out briskly for its prey. It lies in its lurch and devours whatever creature it comes across, be it sufficient to appease its hunger. From this I learnt that the man in search of wisdom should refrain from running after pleasures, and accept whatever he gets spontaneously with contentment. Thus the python was my seventh teacher of wisdom."

Lord Dattatreya is mentioning about the spiritual approach in life. A person who wants to attain liberation should channelize his energies for spiritual upliftment. If he diverts his energies for achievement of material gain viz. accumulation of wealth, real estate, jewellery, etc. he will not be able to achieve spiritual growth because the direction of both are opposite. Here he is giving an example of Python in which he is trying to teach us that we should adopt the nature of Python. Python does not strive and put his extra energy in getting his prey but grabs only that which comes nearby him. Likewise, a Sadhak should direct his energies for spiritual growth rather than striving for material benefits.

In Patanjali Yoga sutras, there are eight steps mentioned to realise oneself. They are Yama, Niyamas, Asanas, Pranayama, Pratyahara, Dharana, Dhyana and Samadhi. The five niyamas viz. Shauch, Tapas, Santosh, Swadhyaya and Ishwari Pranidhan. Saucha means inner and outer cleanliness, Tapas means austerity and self-discipline through persistent





24 Gurus of Lord Dattatreya Continued...



meditation and perseverance. Santosh means contentment; disinterest in acquiring more than one's needs of life. Swadhyaya means study of sacred scriptures for one's liberation and Ishwari Pranidhan means total surrender to the divine. It also means immense faith in God. Santosh means contentment in

whatever we get. Just like python, is sluggish and hence does not go after his prey. But whatever comes in his way, he grabs it. Similarly a seeker should focus his entire energy in spiritual upliftment. He should be happy with what he gets in the material world so that his energies should not get scattered. Otherwise his energies will be divided on both the front and his goal will not be achieved.

Running after pleasure like acquiring wealth, physical attraction will bring the energies in the lower chakra. It will not allow us to reach our divinity. It will again make us human and we will be trapped in the cycle of birth and death because we will be never satisfied with the worldly pleasures. We will need more and more and it will leads us not towards liberation but towards rebirth. Hence, Lord Dattatrya made python his Guru and learnt that Santosh (contentment) is very much necessary in life.





SHIVA HEALS YOU

The art of Manifestation... - Vivek A Pandey Vadodara

Life does not happen equally for all on earth. Take economics and taxation into account and all one can see is injustice. People pray in desperation for things to take a turn in their favor. Wishes take a long time to materialize and by the time they are fulfilled one dematerializes. Some people attain what they want by brute force. Others lead a passive life and again some are completely submissive. No matter what attitude one adopts towards life, most of us want to be on the succeeding side of life and things happening as per our mind. In the past 100 years, the Western world has come up with a whole lot of knowledge on manifestation. What it is and how it works is the real question. Let us find out from the lowest to the highest frequency in which a human being can reverberate.

The poorest of the poor pray in desperation. They feel they are connecting with someone who is sitting upstairs far away. The prayer is almost in the form of a hue and cry backed with insecurity and disbelief in their prayers. The emotional state is scarce and not abundant. The feelings they have gathered in this lifetime contain mostly pain and agony. They speak scarcity and negativity to the universe. They also feel they are completely separate from the universe. In such cases, manifesting does not happen. In fact with this state of mind and emotions, people create a big block around them disallowing the universe to fulfil their wishes. Desperation may result in manifesting things but at the cost of extreme physical exertion.

The middle class across cultures truly believes that life is a struggle. There is a price for everything on this planet and their focus is on the price alone. They pray religiously and almost develop a pattern around it. Nonetheless, they strike a deal with God for everything. The belief though better than the poorest of the poor is still intact in the name of faith. Manifestation is usually replaced by a logical mind that cannot go beyond calculation. Things happening illogically or magically cannot be perceived as the minds become fixed due to the ruthless ways of the world. The idea of the universe operating on their behalf and guaranteeing everything they wish for is just not a part of their belief system.



Continued...

These are the people whom we refer to as, “God-fearing people.” Logic, calculation, and an anxious mind prevent such people from manifesting things easily.

Then comes the category of the rich and the elite class of the society. Such people are born in abundance and their belief systems develop in such a manner that they feel it's their right to own it all. Their assumption stands correct but in an arrogant manner. Even if the upbringing includes the element of humbleness, it becomes inconvenient for them to face any sort of discomfort. They usually do not pray or manifest as they feel they are above the system and can easily manipulate the same. They command and do not wish.

Then also comes a category of rare species that are attached to a deity. They may belong to any strata of the society but their connection with the deity makes things work for them. Their faith towards one connecting point which in turn makes them connect to the whole universe. Even in recent historic times, from Tulsidas to Narsinh Mehta to Kabir, big miracles have been showered by the universe. The devotee does not look at the situation or the problem, he is only busy addressing his deity no matter what the situation is (good/bad) and that is what makes the deity fulfil their wishes. However, the deity is not to be used to make things work for you. The idea is of total surrender and that too with a smile. This state is not of active or passive doer. It is the state that arrives after total annihilation of the ego. The idea of self dissolves in the universe and the universe rushes for your help every single time.

The few essentials to manifest are not the do's but are don'ts. The idea of a separate self needs to be dropped as the entire universe is vibrational in nature. You cannot ask for something that is already you. The second aspect is to keep yourself completely aside so that the universe can easily operate and take care of your life. However, keeping one's ego, logic and anxiety aside becomes the most arduous of all tasks. Even if you and I didn't exist, the universe would still be operating perfectly. The sense of personal involvement in the accomplishment of a task and the idea that we exist separately has created only problems. Do yourself one favour, and start working on your mind and belief systems. This will work more for you than the actual work you do.





Guru Gita a candle to Lamp unto Ourselves

- Aruna Margam
Bengaluru

We all received the Shree Guru Gita book of Gururji this October as a Prasad on his first anniversary. We all know that Gururji wants to keep sharing and giving more and more to all his students. He was an epitome of sharing and caring. So when I started to read the Guru Gita, the very first line shook me inside completely. **“One needs to be qualified to listen to Guru Gita because it is ultimately Lord Mahadev who has come out with this”**. Are we qualified? Yes because our Guru is none other than beloved Ajit Telang sir. That is our qualification is what I feel. Through this Guru Gita book Gururji once again given us loads of guidance about the importance of Guru, his capacity and his commitment to all of us. How blessed are we to have a Guru like this, who is in spirit and still finding every opportunity to be there for us. Amazing Gururji. No words can express our gratitude for what you lived for and still living in each one of us to take us to our ultimate which is also you Gururji.

Are we the seekers as mentioned in the Guru Gita, one seeker gets stuck and the other wanders and the one who surrenders to his guru is the one who reaches. He goes one more step to tell us that do not go by the logic and try to understand Guru Gita from your intellect. The logic here is a Divine logic, which is different from the human logic because it is “anadi and ananth” meaning no beginning and no end. Yes Gururji when we introspect today we know our relationship with you has a no beginning or an end. You are the Mahadev for each one of us.

Gururji has always guided all of us to ask questions. Even in seminars he believed its Swami or the collective consciousness and it is expressed through that one participant and it is an opening gate for so many who are part of the space. He says here that when you are asking questions you are ready to learn. He also says that when a “shishya” is ready to learn only learning starts otherwise its only teaching from the guru and the learning doesn’t happen. How simple but so profound.

Parvati asks Shiva “how to go from gross to subtle as Brahman is subtle”. Gururji explains Shiva’s answer so beautifully. As intellectual people we may read sastras, puranas, vedas, shastras, history, mantras, yantras and many more. But instead of helping us





continued...

in becoming wise it has depreciated us from knowledge to information. Reasoning this Gurujji says because we are not applying it in our life. In seminar also Gurujji time and again has told us if we think reiki as a process and keep it to 26 points then we are stuck. We need to apply everything we learn in those two days in the seminar. When we apply and experience that “Reiki is a way of Life”. Gurujji has again emphasized here unless we make information into knowledge and knowledge into experience it leads us nowhere. Lord Shiva tells Parvathi to keep ourselves involved only in the process then we don’t go further in it.

Gurujji says a true guru will not give a solution common for everyone. Like every patient is different from the other and medicines has to be different for each one, it is the same for a shishya too. There is no standardized formula common for every seeker. Shiva is also telling us straight one can do yagna, vrat, tapa, donation, pilgrimage or even chanting, but everything is still a process, as long it is a process we cannot reach the principle. Gurujji further explains that these process only nurses our ego. We do so many choices with our understanding, but everything becomes a ritual because those are not connected to the Guru and his sankalpa. All our sadhana can bring fruit only if the sankalpa that is the “Spi” gets added and then the ritual becomes a “spiritual”. Gurujji we have experienced the power of your intention. You went to the extent of telling us that Take your intentions seriously. Now we know why, because it is your intention because you are within each one of us.

Shiva further says without Guru’s wisdom shishya cannot be successful. Gurujji says further that Guru’s words illuminates hundreds of lamps. If we want to understand the mysterious science by just being in the body which is nothing but Maya. Lord Shiva tells here that ony Guru sewa can dissolve the sins and only Guru’s sharan can help this body to reach the Brahma. Our Gurujji has told the same thing in reiki seminars the importance of the right toe of our feet. Touching a Guru’s feet or taking the Abhishek jal of Guru’s paduka and sprinkling on his head is equivalent dipping in the holy water of all the pilgrimages. This is coming from the Lord Shiva himself. Consuming the teertha of Guru Paduka we can swim across the ocean of life. I have just shared with you a few points from the precious gift of Gurujji Guru Gita. There is so much more to read and introspect, dive deeper into the divinity and touch the divine every moment. Thank you so much each sadhak and Gurujji for bringing this precious gem of Gurujji in this form. Indebted to all of you. We too have to reflect retrospect and evolve to emulate you in this very life itself. Whenever we connect to your message and apply we are lighting our lamps inside and all of us together will be spreading the light of love which nothing but you Gurujji.





Shree Guru Gita in a Bag: A Tribute to Guruji

= S Ramakrishnan,
Thane

In a heartfelt tribute to Guruji, one devoted Sadhak resolved to publish a book on the Guru Gita, authored by Guruji himself. Despite the manuscript being ready, unforeseen circumstances had delayed its publication for some time. Tragically, it was at the home of this devoted Sadhak that Guruji attained his lotus feet, leaving countless followers in shock.

Determined to honor Guruji's memory, the Sadhak submitted the manuscript to the printer and received a proof in time for necessary corrections. With the proof safely in hand, he set off in an auto rickshaw to drop his son at the railway station for a school picnic. However, in a moment of distraction, he forgot to take the bag containing the proof when exiting the rickshaw.

Realizing his mistake after traveling some distance, panic set in. The deadline for submitting the proof was rapidly approaching—September 29—and the book was scheduled for release on October 3, just in time to be offered as Prasad to hundreds of devotees gathering in Devrukh to pay tribute to Guruji.

In a frantic discussion with his father, the Sadhak stressed the urgency of retrieving the bag. If they could not recover it by the morning of the 29th, they would have to start over, risking delays that could jeopardize the book's release. With their plans seemingly in jeopardy, the Sadhak's father refused to give up hope. He rushed to the rickshaw stand, where he described the situation to other drivers in search of the one who had given them the ride.

During his inquiries, he recalled the name "Tannu Smruti" written on the back of the rickshaw. This clue proved valuable; he sought out the driver's colleagues, who directed him to a local grocery store, leading him to the driver's residence. Unfortunately, the driver was not at home and could not be reached by phone, heightening the tension.





Shree Guru Gita in a Bag: A Tribute to Guruji

Continued...

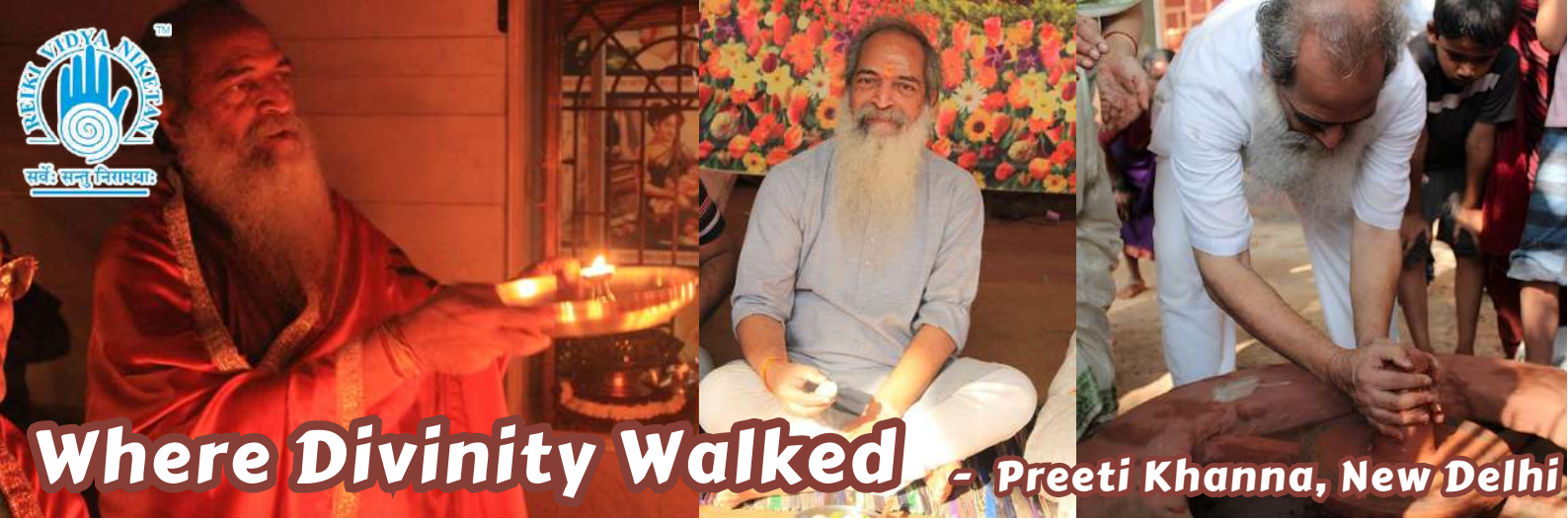
Just when despair threatened to take over, the Sadhak received a call from home: the bag had been returned by a rickshaw driver to the building's security. Overjoyed, the Sadhak quickly retrieved the bag, much to the relief of his father, who had been tirelessly searching throughout the day.

On the night of October 1, the Sadhak received a call from the printer indicating that the printing was complete, but he still needed to provide the cover page. Racing against time, he finalized the cover design and handed it over just before midnight. To his immense relief, the finished copies were ready and in his hands by 12.30 AM, just in time for the journey to Devrukh the following morning.

Arriving in Devrukh that evening, the Sadhak distributed the copies as Prasad to over 125 Sadhaks the next day, all gathered to honor their beloved Guruji. When asked how the rickshaw driver managed to return the bag, he revealed that after taking on a new passenger, he noticed the bag and found a slip inside with the Sadhak's address. Although he was not educated, the driver sought help from others and successfully returned the bag.

As the Sadhak reflected on the entire ordeal, he remarked, "Mission accomplished," to which he added, "But the task begins now; we have a long way to go in spreading the message of our beloved Guruji." The Sadhaks listened in awe as he recounted the incredible journey of the Guru Gita, reinforcing the belief that Guruji and Swami are always with them, guiding and protecting them at every step. Jai Gurudev!





Where Divinity Walked - Preeti Khanna, New Delhi

*He tramped through the woods
 That were dark and eerie
 He brushed aside the bushes entangled and thorny
 He with his radiance, lit the path for us to enjoy life's glory
 And we found smooth green wood where walked the Divinity.*

*He waded through the rough waters
 Fishing the whales, crocodiles and scary lobsters
 Plucking the weeds and prickly pebbles
 And we waddled through clear blues
 Where walked divinity and we grew.*

*He walked North, He walked South, He walked East, He walked West
 Weaving threads of love, harmony, purity embodying deep connection of divine realm
 And we joined hands in a Vibgyor Reiki band
 To stride on the path where walked divinity for us to land.*

*He followed the mystical call to the Devas Land
 He opened the golden gate with his key of spiritual enlightenment
 And for us a refuge, a home for our worries ,fears and sorrows to be latent
 For there walked Divinity to make us triumphant*

*He walked to Maitri ,He strolled into Mudita
 He ambled Sewa, He walked to Guru charitra
 He danced Digambara with angelic reverence of Swami
 He climbed to Kailash in solace and tranquility .*

*He sermoned eternal discourses in the verandas of Math
 To the swarming devotees flocking in hundreds
 Reverberating the pious Ashram with His enchanting soothing voice in every corner of
 Ashram embedded.
 And we danced where Divinity walked.*

*His tireless feet today rest in Swami's Lotus feet
 For us to rise up and bloom untouched by life's waters cluttered and filthy
 For us to assure of His divine umbrella above as shield
 For us to taste the nectar of the conch that he with his blessings fills profoundly
 For He is omnipresent for us to walk where
 Walked the Divinity.....*





"SIMPLE, BUT NOT EASY"



HOMA PSYCHOTHERAPY

By Barry Rathner, Clinical Psychologist

One thing we might all agree on is that there is not a lack of information available to us—that in fact it invades our space, like it or not. One challenge is to cull the dross, the rubbish, from truth, from what we know from experience to be helpful and valuable to our own happiness, fulfillment, ability to serve.

You might say the challenge is to separate the bull s..t from the cow dung. Such is the genius of the Fivefold Path that what is presented in 5 words, encompasses nearly all human behaviour.

YAJNYA—purification of atmosphere through the agency of fire—ensures that we are addressing pollution and other factors that threaten our physical, mental and spiritual health, thus, compromising effective functioning of our minds.

DAAN—sharing our assets in a spirit of humility—helps us wade through the plethora of forces and temptations aiming to attach us to the material world at the expense of the other worlds.

TAPA—self-discipline practiced with our full cooperation—is an insurance policy of sorts that likely helps us to stay on course and tread roads leading to more than just satisfying our carnal desires—the appetites and passions that if left unchecked, can deter us from evolving.

KARMA—yes, we reap as we sow and what goes around comes around. Grace of Almighty, however, can 'intervene' and not exactly give us a 'mulligan,' that is, erase the past, but certainly can and does often give us a 'break.'

SWADHYAYA—'Who am I ?'—is how this process of self-study often is addressed. Progress here can help us learn our purpose in being here and what I am 'supposed' to do with my allotted time in terms of my allotted task—my Vikarma.

So. Ignorance has been labeled bliss by some of us some of the time, but our time of not knowing is over. Why? Because we have in the succinct, condensed, concise plan of the Fivefold Path a template for how to live.

We learn that HOW to live has more to do with than just WHAT WE DO. It's not just HOW we drive our car, it's also WHERE we choose to go—and WHEN. So it is not only WHAT WE DO, but as well WHY, WHEN, and HOW we do it.

Once we 'know,' the responsibilities increase exponentially. You may think you are being compassionate giving the person sitting on the ground some money for whatever. But if it is obvious the funds will not be put to good use, but in fact be put to bad use—fueling addiction, for example—the knowledge that the karmic consequences of improper





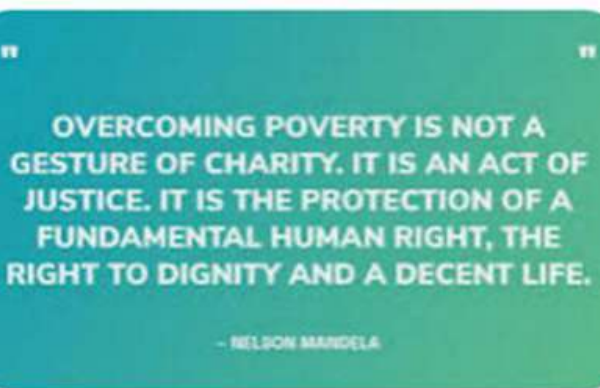
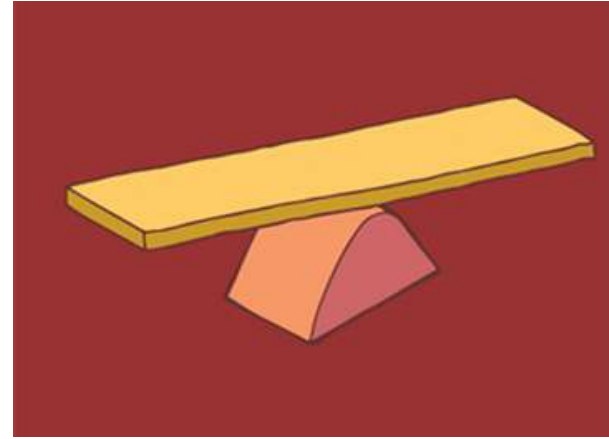
HOMA PSYCHOTHERAPY

Continued...

executed Daan for OURSELVES do not stop when it is given, is important. Best we choose wisely. It has been said that Devotion equals service divided by ego. Thus, the more humility with which we live our lives and do service, the greater our devotion. And devotion is a measure of our choice not only to integrate the will of Almighty with ours, but to choose His will over ours. That is the beginning of Total Surrender. That is 'idam na mama,' which was discussed in last month's article.

The opportunities to serve are endless in today's world. The multitudes who yearn for lives having at least the bare necessities to survive cry out for help.

Not only can we help on the material level, but we have the tools and the vision to offer roads to dignity and fulfilment. When we teach Agnihotra and the Fivefold Path to Harijans in India, we revolutionize the sharing of divine Vedic knowledge, These members of the lowest caste in India, erstwhile called 'untouchables,' and relabeled Harijans—Children of God—by Mahatma Gandhi, have uplifted their lives through the agency of Agnihotra.



And the 'fulcrum of disequilibrium' that pollution presents us with can be balanced by Agnihotra. We have 50 years of experience and data to support our statements.

Nonetheless, as each of us has the responsibility to BELIEVE WHAT YOU EXPERIENCE, you must create and foster your own sense of reality. To say that the TIME IS NOW is understating the seriousness and timeliness of the challenges and opportunities staring at us incessantly.

Were we not able ultimately to be successful, this unparalleled chance would not have come our way. Shree Vasant told us decades ago that what yogis could not accomplish in many incarnations, we 'normal, average householders can do in this very lifetime with Fivefold Path.

As intriguing as this sounds, let us not confuse simplicity with ease of action. This is the time to put the pedal to the metal, to shift our efforts into high gear, to exert maximum effort as if our lives depended on it. The truth is they do.





REIKI EXPERIENCES



Jay Gurudev!

My name is Bhavana. I am from Dantiwada. I had lot of back pain and bodyache. I not able to do my household work. My uncle suggested me to learn Reiki. I learnt Reiki in July. Within 3 days only I was relieved from my back pain. After learning Reiki I feel lot of energy and I am also free from my body pain. I am thankful to my uncle who guided me and Bharatiben who taught me Reiki.

Jai Gurudev. My name is Danaji Mali. I am from Dantiwada, Dis.t Banaskantha. I had severe back pain and my entire back was very stiff. I learnt Reiki and on the 2nd day itself my stiffness was gone. My back pain had gone. I have some stiffness in my neck and shoulders but I am 100% sure that it will go in some time. I am thankful to Guruji and Bharatiben for teaching me Reiki. I feel everyone should learn. It is a blessing from divine.



Reiki Vidya Niketan Activities



1. Samadhi Smarak - Abode of Guruji was made open for Sadhaks on 4th October, 2024

Guruji is in the heart of every sadhak. Everyone remembers him from the bottom of Heart. He cannot go anywhere as he is representing Gurutatva. Gurutatva is like sky has surrounded us from all the angles. In Guru Gita it is mentioned that there is no other more than Gurutatva. Time and again he is giving us messages that he is there with all of us. He had said last year that after Navratri I will stay here. And he has made his words come true. He is actually residing in Devrukh along with Swami. We can feel his presence in his abode which was made open for sadhaks on 4th October, 2024. Guruji's paduka is placed in this Samadhi Smarak.



2. Formation of Steering Committee on 16th October, 2024

॥ Shree Swami Samarth ॥

Shri Ajit Telang Sir and Smt. Vandana Ajit Telang, our beloved Guruji & Mai have devoted their entire life for the mission of spreading Love, Light and Reiki. We all are being blessed by Swami to be part of this mission under the divine direction of Guruji to experience and Spread Love and Compassion. To move from the darkness of ignorance towards the light of right Knowledge, and to Learn, Practice and Imbibe Reiki and Reiki Principles in our day-to-day life.

To pursue this mission, he established various Institutions viz. Reiki Vidya Niketan (RVN) for empowering and spreading Reiki natural healing practices, Sri Swami Samarth Chaitanya Trust (SSSCT) for managing the place of worship of Shri Swami Samarth Maharaj and other religious and spiritual practices, Shri Swami Samarth Sevak Pratishtan (SSSSP) for managing the Devrukh Math infrastructure and Goshala and Devrukh Spiritual Prowess Pvt Ltd (DSPPL) for conducting various courses for peaceful life management and Spiritual Publications.

Guruji appointed various Sadhaks as designated persons as Reiki Teachers, Trustees and Directors of these institutions and such appointed Sadhaks worked over past several years solely under the guidance of Guruji. Due to this, though the working Institutions were different, the mission and its direction remained the same.

Therefore, after his sad demise last year, it was felt necessary to have a Central “**Steering Committee (SC)**” as collective representation to pursue Guruji’s various initiatives, to make decisions on policy matters, to co-ordinate and collaborate with the different entities so as to effectively pursue the mission of Love, Light and Reiki.

The SC is basically answerable and hence responsible to **3 “S” – Swami, Seminars and Sadhaks**. This forms the basic foundation of our mission. Swami (and hence Devrukh Math) is like a soul, Seminars and Events (Reiki Seminars, Reiki Intensive, DSPPL Programs, Festivals, GurucharitraPathan, Offering Seva at Devrukh Math and other such events) are platforms or pathways to walk on this mission and all this is ultimately for our gratitude to our Guruji and Mai and their Mission for the benefit of our Sadhaks (Present and Future). As such all-policy decisions related to “3S” shall form part of the work profile of this SC. The actual implementation of such decisions shall continue to be done by the respective establishments viz RVN, SSSSP, SSSCT and DSPPL.

To form SC, detailed “Concept Paper” was prepared outlining the need and scope of SC. It was duly circulated amongst Sr. Sadhaks and trustees, teachers and directors of all four Institutions. Based on it, detailed discussions including Joint meetings were held, suggestions were obtained and then the final framework was approved which will be implemented over next 1 year.



Based on this, we are happy to announce that the following Sadhak have been nominated as members of the **First Steering Committee (SC)** –

Sr No	Name of the Steering Committee Member	City	Contact Details
1	Vishal Shridhankar	Borivali	Email – vshridhankar@gmail.com Cell – 9967639636
2	Krupa Choksi	Rajkot	Email – krupa.choksi@gmail.com Cell – 8097033220
3	Ashwini Telang	Thane	Email – wini.psychology@gmail.com Cell – 8976065116
4	Sachin Gadre	Devrukh	Email – sgadre10@gmail.com Cell – 9637382244
5	Jatin Dalal	Borivali	Email – jd04jatin@gmail.com Cell – 9322244828
6	Sunil Kulkarni	Parle	Email – sunildk@rediffmail.com Cell – 9892527857
7	Pranjal Joshi	Pune	Email – pranjal@capranjaljoshi.com Cell – 9850035736

Besides the Steering Committee, an Advisory Board has also been formed. Advisory Board consists of Sr Sadhaks associated with the mission of Guruji over past more than two decades. This Board will guide Steering Committee members from time to time on various policy matters.

Details of First **Board of Advisory Members (BOA)** are as follows –

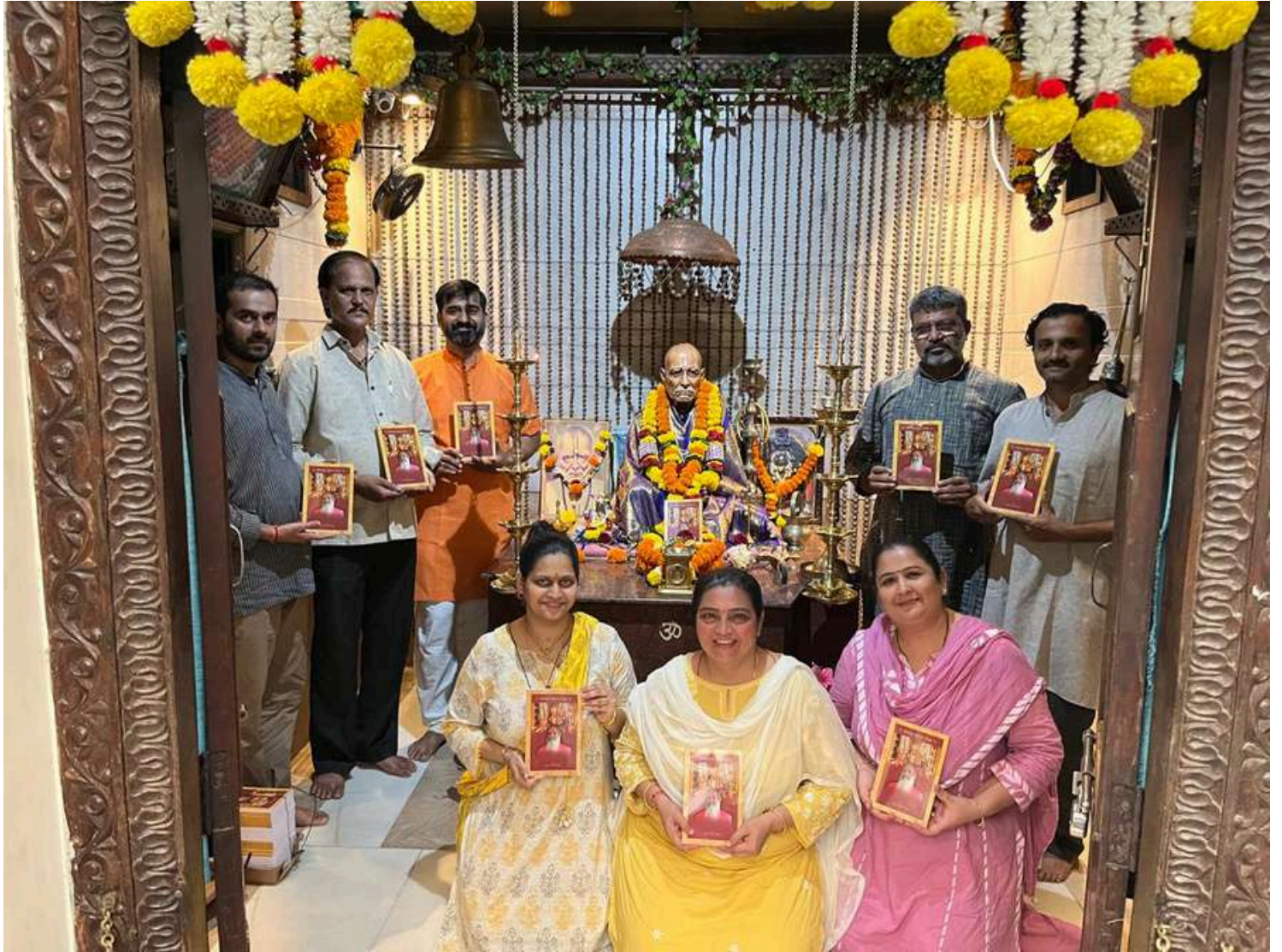
Sr No	Name of the Member	City	Contact Details
1	Madan Modak	Devrukh	Email – modakmadan24@gmail.com Cell – 9561121884
2	Sangita Kulkarni	Vadodara	Email – sangita.milind@gmail.com Cell – 9974026624
3	Daxaben Patel	Vadodara	Email – p.riddhi@gmail.com Cell – 9724200622
4	Arun Shinde	Devrukh	Email – arunshinde5751@gmail.com Cell – 9421233062
5	Kalpita Keer	Devrukh	Email – kalpita.keer@gmail.com Cell – 7218498799

This is an official information to all the Sadhaks.



3. Guru Gita book published on 04 Oct 2024

On the occasion of opening of Guruji Smarak (4th October 2024) a book as a Prasad of Guruji's teachings was published. The book is on Guru Geeta Sanskrit shlokas the meaning and message behind it as narrated by our beloved Ajit sir is the theme of this book. Lord Mahadeva has described secret behind Guru, Guru Tatva and easiest way to achieve Liberation to Mata Parvati in Guru Geeta. Ajit sir has made this sacred sanskrit knowledge available to us through his notes on Guru Charitra adhyay number 49 which was published as it is in this book. We all feel obliged as this is the blessings from Ajit sir to all our sadhaks.





Ashram Wisdom

We analyse when we are down...

The other day, Guruji was in Pune to conduct the 2nd level of Reiki seminar. During this trip he also went and met Dr Subhash Gokhale, his colleague founder member of Reiki Vidya Niketan who does a lot of research on Energy science, now called as Supersensonics. Guruji was pleased to know about the developments on this front. This is basically about a diagnostic aspect of human problems in energy terms. The first day of the seminar was little dull and Guruji and his assistants were discussing about the negative energies and measurements of the same using dowsing as a science. Everyone was analyzing about how the energy in the seminar space was strange etc. The next day was a totally different phenomenon. The whole space was bubbling with energy with participants just swinging on the waves and so were the assistants. The next morning Guruji asked his assistants, "Hey what happened? Yesterday you were to measure the energies using dowsing, the way we did on the first day." The sadhaks were foxed. They said they did not even think of that and missed out the whole matter. Guruji explained, "That is what happens in our life also. When something goes wrong and you feel lousy, you start analysing. But when you are blissful, the first thing that goes out of window is the analysis. Whatever gives you bliss, you do not analyse because you don't need that. Only when you are down you are start measuring things and analysing. Do you know now why in Spirituality, we do not analyse? While in modern science everyone wants everything to be analysed. No analysis has really led to any discoveries or inventions which have changed quality of human life.



SEMINAR SCHEDULE NOVEMBER 2024

Sr. No.	Scheduled Date	Master	Location	Degree
1	9th & 10th Nov' 2024	Aruna Margam	Hyderabad	1st
2	9th & 10th Nov' 2024	Krupa Choksi	Vadodara	2nd
3	9th & 10th Nov' 2024	Bharati Zinzuwadia	Ahmedabad	1st
4	16th & 17th Nov' 2024	Aruna Margam	Bengaluru	1st
5	16th & 17th Nov' 2024	Sangita Kulkarni	Rajkot	1st
6	16th & 17th Nov' 2024	Kalpita Keer	Devrukh	1st
7	16th & 17th Nov' 2024	Seema Trivedi	Mumbai	1st
8	23rd & 24th Nov' 2024	Kalpita Keer	Thane	1st
9	23rd & 24th Nov' 2024	Vishal Shridhankar	South Mumbai	1st
10	23rd & 24th Nov' 2024	Rakesh Kumar	Pune	1st

