

REIKI VIDYA NIKETAN

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EDITORIAL

LOCKDOWN OF MIND...

Dear Readers,

Jai Gurudev and Namaste!

We all are in the midst of a chaos. The whole humanity has been going through a crisis and struggle to survive thanks to Coronavirus. Most of the countries are under lockdowns- a situation which is unprecedented. Possibly the world is reeling under such a torturous situation never faced before including the two world wars that we faced in the last century. The science has kneeled down with no clue about the virus or the methods to contain its influence. The powerful nations look like tiny communities against this gigantic challenge. Many governments are tethering their knees not knowing how and what to govern. The economic collapse is just round the corner and uncertainties on many walks of life have already started even a larger fear than the fear of Corona monster.

But those walking on the path of divinity need to be calm and cool. We need to be centred. The lockdown and quarantines should not frighten the sadhak community. This is not a threat to a true sadhak but an opportunity to introspect. Opportunity to be with your supreme self! Opportunity to be with your nature! The elders and elevated in the earlier times used to leave the society to be alone in the mountain caves to achieve all that. God has sent this opportunity so that you can be at your home and still have the impact of a cave in the mountain. The external lockouts may play havoc with the economical breakdowns but you need to move towards the internal lockdowns to get enriched with the inner wealth which is eternal and can't be eroded by external factors now.



Lock your mind. That is what the meditation is all about. Concentrate on your breath, concentrate on your third eye chakra. That concentration is a lockdown. In this lockdown let there be no negative emotions entering into your mind. Let all negativities be out of your mind and existence. Just do not allow the fears and doubts, anger and greed, ego and arrogance be all out now. Keep a vigil. Be ruthless. Be strict. This may be a time for your salvation. Let there be not an iota of negativity. Accept everything and everyone because that is what your inner nature is. You are a part of the wholeness, the vast universe. Drop the idea of duality. Be a part of that vastness of eternal truth. You are not a body and mind alone so that any virus can come into your mind (throat) and penetrate into your heart (respiratory system) to uproot your existence from this world. Remember that Lord Shiva who allowed the poison to get into his throat and did not allow it to slip into the heart and not only that used his enormous mind power to transform that poison to nectar. Activate that Shiva power within. I know you all can do that. Awaken your innate strength and allow your positivity to rise. Do not give an inch to the negative entities. Fight it out. Drive that dragon out of the nearest window. Be responsible for your role that you have chosen. All sadhana and spiritual practices that you have learnt and mastered by now, was for this moment. Work within two meditations and not meditate within work. Let the priorities of life be clear. Remember that the challenges from the world beyond knowledge and mind can only be effectively managed by the powers beyond mind and knowledge. You are the chosen ones to counter this huge challenge. The God has invested his powers within. Have a faith in yourself. God is watching. He is there at your back no matter what happens, because he loves you. The moment of victory is near. Be prepared for celebrations. Have a smile on your lips and prayers in your heart. With lots of love, Light & Reiki

Ajit Siv

March 31st, 2020

SANITY

before Sanitizer...

By Vivek Pandye



The world is busy rubbing and cleaning their hands. Sanitizers went out of stock even before the apocalypse arrived. For the first time we are witnessing the world at a stand-still. Never-ever before, has the mankind experienced this level of immobility. The animals are roaming freely on the streets and parks more peacefully like never before. Even they must be wandering as to what has gone wrong with a race which managed to keep us in the cages for centuries. Right now we are locked up and they are free. Someone upstairs is giving an emphatic statement that the world belongs to all and not just the Homo-sapiens race. Without sounding harsh and not demeaning the gravity of the situation, there is some sort of balance happening at the subtle level. The humanity is paying a collective price with the evident lock-down scenario.

Sanitizers were a once in a five-year use kind of a thing. Right now we are rubbing our hands so much, that there is a maximum chance of the soap entering our body rather than the Corona-virus coming out. The medical stores have gone empty for both masks and sanitizers. But what are these sanitizers, why do we need them? Stupid question I guess, but somehow I fail to understand the need for a germ-killer. The sanitizer is suppose to kill germs, germs are again something that are not suitable to our bodies, the human bodies (or any other body for that matter) is made up of vibrations (consciousness) and so are the germs. The resistance within each of us and the continuous perception that there are enemies around trying to harm us is what makes us look at things with suspicion and also makes us create defense mechanism around us. Creating a shield and protecting our own beings with a complete wrong knowledge of the outside world as separate and distinct and also capable of harming us is the root cause of any virus to spread and create a wretched havoc around. Right now we need sanity more than the sanitizers.

Another problem with the world being we have mastered and become virtual experts in studying insanity. The psychologists of the west have developed all sorts of syndromes and disorders to name and shame the human race. Had we made some effort in studying the sanity side of human beings, we would have surely moved towards a much better world. The only positive aspect of the mind has been taught by the "Yogis" and "Siddhas" of some ancient traditions. The

wonderful potential of a sane mind is completely ignored by the rest of the world. It is only because we never paid attention to Sanity that we are forced to use sanitizers every couple of hours. The human race which was meant to study consciousness is lagging so much behind that we tend to gather the same when things start to fall apart. Sanity prevents a whole lot of nonsensical acts like setting up a market of dead and alive animals. Savoring taste out of some other living organisms pain is definitely not sane.

The world was always fragile and effervescent in its nature. No-body promised us that things would be normal year after year. It is only in the times of disaster that we regain our senses and draw reins. The rest of the times we are fast asleep. In the chase to catch up and make your life beautiful, we forget to understand the fundamental nature of life which was always temporary.

What happens exactly when you are Sane? You surely avoid spaces and places containing negative vibes. Whether it's a small microscopic virus or some trouble making person, the karma and its collateral system always have their part to play. When you choose to be conscious you naturally avoid such places and people (with or without your physical body being aware of the same). Even if something goes wrong with your body, the sanity within you helps you to build immunity rather than rigorously fighting with medications, you tend to recover naturally.

Lastly, the touch of a person who is actually humane at all times cannot make anything undesirable last for long (both within and outside the physical self). A person who has accepted the whole universe as an extension of his own self will never be afraid of a virus and treat just about anything as separate and distinct from us. If you might be aware, the Yogis of the ancient Indian culture were quite habitual in absorbing the diseases of other people just by accepting their pain gleefully. We may not be in a position to do the same, but we can surely take step towards faith and acceptance rather than fear and rejection.

Living life in full faith and spreading love everywhere is all we need. Thank You!

Note: Sanitizer kills 99.99% of germs, the remaining 0.01% could still be Corona Virus.

Most delicate part of life... *By Priyal Pabani*



It's not easy to be a student. "They are so lucky, they have no tension, they are always joyful, and I wish I was still a student..." all this is nothing but basically just a lie. Truth is students got the toughest life. The toughest doesn't only mean exams, it also mean that at this point of time they meet the whole world - that world which many-a-times drag them down but indeed they can't give response to the world because exam and study take over whole of student's life. Even though they study their best, give all their attention, study all day and night, rarely take a break then also they lack behind because the education system now-a-days made child, no longer child but the men and women. Education system wants them to work as they all grown up to adult. Even when they are chilling they can't be themselves their minds don't allow them to be themselves they are stuck only to one phrase 'top the exam'. This is the thing which happens before

the exam and after the exam also they are on the same page of the book as was earlier before the exams. Just the thing is chapters are changed. Lots of thoughts fly over their mind "what if I scored less marks? No but I have studied so well...; ...and what if I scored 99%? Mom and dad will be the happiest. I will score excellent marks". You know what's the worst feeling for student is? When they work hard to their best and then they get to know they scored bad marks. This is the moment when they start to disintegrate. They start worrying about others. They are fully fed up with the things that what others will think "You are so dumb. You've got no brain. You literally scored only this much? Your future is so dark, with this much marks. You can't make it up to your future." Isn't it the worst feeling? Are the students who got less marks really dumb? In the end, they just regret on the point that they didn't live the part of their life to the fullest.

Mind full of stress,
Heart full of worries,
Hands just on books,
This is the life of student.

Rewinding Life

By Telangan

Whenever things start moving out of our hands because of our incorrect actions' nature starts repairing it immediately... Last few months or years things were really fearful. Antarctica is melting so fast that the prediction is 50% of the world will go below the sea level by 2050. Mumbai had experienced it in past couple of monsoons. Uncontrollable fire in Amazon jungle, Australia or Californian forest are signs of natural imbalance. 70% world is not getting enough drinking water for eight months of the year. All of a sudden rain in summer or winter is ruining the yields for the farmers. We cut trees for the sake of development. Air pollution is killing millions. Airconditioning and lights create enormous heat. That increases global temperature badly. More water is required for generating more electricity. Wood is being cut; animals are being extinct. Factories are producing more goods; the wastage is being dumped in either soil or water. That's making soil infertile and fishes and other water lives are vanishing. People are using that polluted water for producing vegetables and fruits. The poisonous substance directly seeps in the food we eat. The results are dreadful diseases and abnormality. This list could end the world....



When we can't rest Nature takes it in its hands. Nature shows its power. Corona recently is creating big disaster globally. Developed countries like USA, China, UK, France, Italy are mainly suffering. They had to lockdown. All offices, factories, transportation... I read an article which was on a study by Stanford University Scientists. It said

'Coronavirus lockdown in China likely saved 77,000 Lives just by reducing Pollution'.

Nasa had presented a before after picture as well. Due to COVID-19 tourists stayed away from Italy. Venice's famously polluted canals are now clear and one can even see fish in the water. **The drop in global pollution levels in air, water and soil will save few hundred times lives globally than the mortality rate of COVID-19.** The Pandemic is off course not a blessing in disguise but we must take it very seriously and learn quickly from our mistakes of the past. ***The nature is trying to tell us something. If we don't learn now the nature will teach us in its own ways... Human will do... Nature will undo... it will rewind and bring the balance!***

Athirudra Sankalpa

Part of the Whole – Merging with the Self

By Aruna M.

February 18th 2020 we all came together from RVN family to take part in Athirudra Sankalpa. As Guruji rightly said the day we reached the atmosphere was fully charged and felt as though sankalpa was complete. Next three days we were mere instruments in the hands of our Swami. What a beautiful feeling around 300 sadhaks from different centres and forming 23 groups took part in the sankalpa. Some of us were new and some were already part of the first Athirudra Sankalpa.

The first thing was the way we were invited for the registration with a kit made us feel very special. The first meeting with Guruji was very inspiring. The way Guruji felicitated the teachers with swami's shawl who taught rudra to all of us was very memorable. He also praised the Art team Pooja and Avinash, Computer Art by Priti, Karnik sir for his professionalism in organising the event, the trustees who worked round the clock to make it happen and above all the sevakarīs who were present in the ashram during this week and other Volunteers. Every moment was inspiring to each one of us. Guruji as a loving mother gave a welcome to the first timers the Bangalore and Chicago team. We were all awed with the Chicago team's dedication to have travelled all the way to Devrukh Ashram.

We were all recognized with numbers through the event to make it easier to coordinate. My number was 24. I realized that the number had a special place for me during my college days. Later when I visited ashram I knew the connection between this number and Dattatreya's Gurus. One sadhak told me 2 means Anagha and 4 means Datta. So once we like something we tend to make it important, special, blessed and so on. This was on a lighter note. Finally we are all children of Swami and Guruji is our mother too. Other things are immaterial.

We all learnt Rudra from Jairam Sir last year. All of us are immensely grateful to Jairam sir. He kept reminding us that we don't complete Sankalpa, Sankalpa completes us. We had a first-hand experience of the same. We were all running to complete our chanting, some were ready to do some extra rounds to complete a particular group. Energy was so high and we all know it is because of the space and Guruji's Sankalpa.

The Aarti's in between were so blissful too. One of the aarti's I happened to notice the sadhaks gathered there. Most of them with closed eyes looked like Gopi's of Brindavan and enjoying the unconditional love of their Nandalal. Nandalal is our Swami of-course. Previous week was world's valentine day and here each sadhak looked blissful as though they found their valentine. Bhakti is done differently by different people. Some feel Swami is their mother, some their father, some a friend or some have a pure love like Meera or the Gopis. It was love energy everywhere.

Everything in the space was reverberating Love. The food served

for all of us, the shamiana protecting us, the trees, the flowers in the garden, the cows in the Goshala, swami and palkhi and the fellow sadhaks,. The design on the shamiana had a cream background with lots of plants bearing different colours of flowers. I felt the background is reiki, pure love of swami and guruji, each and every flower was representing the sadhaks. We all vibrating like a rainbow in the sky and for that the sunshine is given by swami and guruji.

The whole event reminded me of Guruji as the Big self and we all were part of him. Some of us were cells, some were muscles or nerves, some were veins. There were others who did the pumping of the heart, digestion of the stomach, breathing like lungs, cleaning like the kidneys and thinking like the brain. We all finally thus were complete by becoming part of the whole. In this who is big ? who is small? We all are the part of bigger Sankalpa.

The final day of Shivratri also came and we completed the chanting and we also did rudra swahakar. The day was very well planned it was again memorable. The final meeting with Guruji and his sharing of experiences were very memorable too. As usual how God, Nature made of five elements keep giving us unconditionally, our Guruji is one among them too. He surprised and overwhelmed us by giving each one of us a shawl of Swami. He said swami will protect each one of us always. What more one can ask for? It's always abundance, abundance and abundance with swami and guruji.

When I experienced Guruji's big heart to give and spreading Love I remembered the Rivers Ganga, Cauvery. I have seen the magical beauty at ThalaCauvery, starting point of cauvery .Till that point the river is not seen, but there is a pond where the river originates. Again it travels under the ground so many kilometres and reaches the villages and towns without any pomp or show. It flows joyfully sharing itself unconditionally like Guruji. We are the dewdrops and the rain droplets joining the river. When I visited the Gomukh starting point of Ganga I was mesmerized with the purplish glaciers. We are those glaciers waiting for the right time to melt in the warmth of the sun called swami and merge with the bigger river Ganga otherwise our Guruji. Till that point Ganga is under and not seen outside. Later it starts majestically and flows happily to reach Gangotri and from there to other parts of the country.

This reminds me our Guruji he started his journey say 25 years ago and sometimes above the ground and sometime below the ground he is going on flowing to reach each one of us. We as small tributaries or as droplets of melting glaciers join the bigger river Guruji. He keeps flowing tirelessly taking us along to merge in the ocean of bliss called Swami.

Thank you Guruji for the opportunity.

Managing Challenges like Corona Virus- Spiritual Way

Pondichery Mother's Story

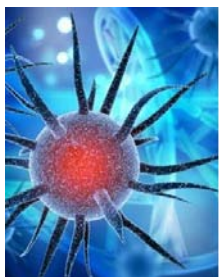
The world is shaken with Coronavirus today. Everyone is struggling to survive. Major powers with tremendous technology have sunken on their knees.

**What are the reasons of any virus occurring and killing people profusely
- Mother of Sri Aurobindo Ashram said**

By Dr Sampadananda Mishra

Prof Sampadananda Mishra of Sri Aurobindo Society Pondicherry, posted on Facebook here and said please read below what the Mother of Sri Aurobindo Ashram said about it. The write up is a bit long, but it gives a clear idea about why is the world now going through this misery.

"They (the microbes) are forces of disintegration. But they continue to be alive even in their divided forms and this is the origin of germs and microbes.



Therefore most microbes have behind them a bad will and that is what makes them so dangerous. And unless one knows the quality and kind of bad will and is capable of acting upon it, there is a ninety-nine per cent chance of not finding the true and complete remedy.



The microbe is a very material expression of something living in a subtle physical world and that is why these very microbes (...) that are always around you, within you, for years together do not make you ill and then suddenly they make you fall ill.

There is another reason. The origin of the microbes and their support lie in a disharmony, in the being's receptivity to the adverse force. I will tell you a story... I was in Japan. It was at the beginning of January 1919. Anyway, it was the time when a terrible flu raged there in the whole of Japan, which killed hundreds of thousands of people. It was one of those epidemics the like of which is rarely seen. In Tokyo, every day there were hundreds and hundreds of new cases.

The disease appeared to take this turn: it lasted three days and on the third day the patient died. And people died in such large numbers that they could not even be cremated, you understand, it was impossible, there were too many of them. Or

otherwise, if one did not die on the third day, at the end of seven days one was altogether cured; a little exhausted but all the same completely cured.

There was a panic in the town, for epidemics are very rare in Japan. They are a very clean people, very careful and with a fine morale. Illnesses are very rare. But still this came, it came as a catastrophe. There was a terrible fear. For example, people were seen walking about in the streets with a mask on the nose, a mask to purify the air they were breathing, so that it might not be full of the microbes of the illness. It was a common fear....

Now, it so happened I was living with someone who never ceased troubling me: "But what is this disease? What is there behind this disease?" What I was doing, you know, was simply to cover myself with my force, my protection so as not to catch it and I did not think of it anymore and continued doing my work. Nothing happened and I was not thinking of it. But constantly I heard: "What is this? Oh, I would like to know what is there behind this illness. But could you not tell me what this illness is, why it is there?" etc.

One day I was called to the other end of the town by a young woman whom I knew and who wished to introduce me to some friends and show me certain things. I do not remember now what exactly was the matter, but anyway I had to cross the whole town in a tram-car. And I was in the tram and seeing these people with masks on their noses, and then there was in the atmosphere this constant fear, and so there came a suggestion to me; I began to ask myself: "Truly, what is this illness? What is there behind this illness? What are the forces that are in this illness?"

I came to the house, I passed an hour there and I returned. And I returned with a terrible fever. I had caught it. It came to you thus, without preparation, instantaneously....

Well, that evening I had a terrible fever. The doctor was called (it was not I who called him), the doctor was called and he told me: "I must absolutely give you this medicine." It was one of

the best medicines for the fever, he had just a little (all their stocks were exhausted, everyone was taking it); he said: "I have still a few packets, I shall give you some"—"I beg of you, do not give it to me, I won't take it. Keep it for someone who has faith in it and will take it." He was quite disgusted: "It was no use my coming here."

So I said: "Perhaps it was no use!" And I remained in my bed, with my fever, a violent fever. All the while I was asking myself: "What is this illness? Why is it there? What is there behind it..."

At the end of the second day, as I was lying all alone, I saw clearly a being, with a part of the head cut off, in a military uniform (or the remains of a military uniform) approaching me and suddenly flinging himself upon my chest, with that half a head to suck my force. I took a good look, then realised that I was about to die. He was drawing all my life out (for I must tell you that people were dying of pneumonia in three days). I was completely nailed to the bed, without movement, in a deep trance. I could no longer stir and he was pulling. I thought: now it is the end.

Then I called on my occult power, I gave a big fight and I succeeded in turning him back so that he could not stay there any longer. And I woke up....

When someone came to see me, I asked to be left alone, I lay quietly in my bed and I passed two or three days absolutely quiet, in concentration, with my consciousness.

Subsequently, a friend of ours (a Japanese, a very good friend) came and told me: "Ah! you were ill? So what I thought was true.... Just imagine for the last two or three days, there hasn't been a single new case of illness in the town and most of the people who were ill have been cured and the number of deaths has become almost negligible, and now it is all over. The illness is wholly under control."

Then I narrated what had happened to me and he went and narrated it to everybody. They even published articles about it in the papers.

Well, consciousness, to be sure, is more effective than doctor's pills!



Is Corona really bad ?

By Vivek Lohar

Yes it is but on medical and scientific foregrounds. Think a step further, change the perspective from fear & worry to a state where we need to understand what exactly is happening and why?

Let's, see it with different angle, the animals and birds facing problem due to the human intervention must have prayed to god for a calm environment for a while(maybe vacation). The Air, Noise and water pollution which was caused on a high scale under the head 'Development' was actually causing harm to animals, birds as well as humans. Today when everything is at a halt the silence cannot be defined in words. Just listen to the chirping of birds, it seems as if they are rejoicing the silence. We as humans should not take this in a negative way.

Now when we see it economically, it definately is going to affect the country at large but it is a divine truth that if the economy falls it can be rebuilt in a better form than earlier (strip down the past for examples with evidences). On the other hand when it comes to life we have only one life and that cannot be regained in the same form we have it right now I;e as a human being. If you are been told to

be at home why not see it as a opportunity to explore different things sitting at home.

When you are at work you think about getting holidays and now when you are told to be at home, people are getting bored. Spend the valuable time with family like never before, Call to those friends and relatives with whom you never had time to talk, Try spreading love and affection sitting at home with sweetness of your voice and words. Read the books you always wanted to read and what not. It is just accepting the situation and adapting to the same. We have been given enough to stay at home and eat two times meals.

Coming back to the silence, don't get feared by this silence as this silence of fear is always better than the silence which comes from sorrow. Just taking the right precaution be at home and safe. Everything will resume when the right time will come. It is just the duty of every individual towards every other individual to help each other and not increase the burden on people working for us in such a pandemic Situation.

Take care All.....



critic

by Telangan

Do not judge me by the
worst people of my life
Judge me by the love
within me....

Do not judge me by the
Fall of my life,
Judge me by the number
Of times I rose up again...

Do not judge me by
What you think is my life,
Judge me by wearing my shoes,
And see it from my place first...

The older I've become,
The better I've learnt,
It's OK to live life
Others don't Understand...

MEDITATION OF THIS MONTH



- ◆ Close your eyes and sit relaxed. Breathe normally.
- ◆ Take your whole attention to your Solar Plexus.
- ◆ Ask yourself how are you? Ask yourself how far you have gone ahead in Sadhana? Where are you?
- ◆ Look at your Ego closely. How much Ego you have accumulated? Do you think that you have achieved something great? Do you think that you are superior to others?
- ◆ Ask yourself what this ego is for? Where are you leading to? Are you separating from the Universe? Possibly that is what the ego would indicate. Do you love to be in this position? Ego of what? Why? Are you aware that you are blocking yourself from the new experiences due to your ego? Do you know that your ego is making you feel heavy? You are going away from your happiness?
- ◆ Take your whole attention to your heart chakra and allow the white light from that to enter into your solar plexus. Have an intention that your ego is dissolving slowly. Experience the peace and love flowing into your solar plexus. Feel the union with the universe, with the mother energy, draw all symbols on your solar plexus.
- ◆ Be with that state for about 10 minutes. Forgive yourself for being in ego and drop the ego at this moment. Feel light. Draw all symbols.
- ◆ Gently open your eyes, thank yourself. Thank the group. Be with Satsang. Be with Seva (Service). Be with Samarpan (Surrender). Be with Sadhana. Be with Samadhi.

“LUCKY SHAWL”

Jai Gurudev. Dear Sadaks. I would like to share a real story which happened with me towards the month of February 2020.

At the conclusion of the Maharudram on the Mahashivratri day on February 21, we were blessed with a Shawl which had been offered to the Swami by the devotees all these years.

At the time of giving the Shawl – which we considered to be a real privilege and blessing – nearly 300 of us Guruji specifically told us to keep it with us and use it whenever we are in trouble.

It so happened that after attending the Three day Mahashivratri meet I returned to Thane on February 22, noon and a shocking message was waiting for me. Even when I was travelling home in an auto I got a message from my daughter that my grandson Aneesh fell down from the bicycle previous night and the handle of the bike had pierced his abdomen. That night all was well and the next morning he vomited and complained of extreme pain in his abdomen, and being concerned my daughter and son in law rushed him to the nearby hospital where he was given first aid and advised further specialized treatment.

They were at the Bethany hospital to meet the specialist. Immediately upon getting the message I too rushed to the hospital and (applied the Agnihotra ash on his abdomen) met the doctor who advised x-ray, scanning, CT scan etc etc. After all the process it was revealed that his pancreas had been severely ruptured.

Being seriously concerned we got him admitted to the hospital and he was in the ICU for the next four days.

During his stay in the ICU I remembered the message of Guruji asking us to use the Shawl while in distress or trouble. Immediately I handed the Shawl

to him and asked him to keep it below his bed. Which he did and immediately asked me “is it a “lucky Shawl”, from where did you get it, from Devrukh. Did Guruji give it. When I explained him everything he was delighted and also asked the nursing staff not to touch the same.

Going beyond he took the adhesive plaster and pasting it on the bag containing the shawl, wrote, “Lucky Shawl” no one expect Should touch it.

He was comfortable all through and when he was about to be shifted to the private room from the ICU he instructed and ensured that the Shawl also travels with him.

But not before asking the attending nurse, “You can ask the patient in the next bed, a 80 plus lady suffering from severe ailments and on ventilator to use this “lucky shawl” she will get all right.

At the hospital Guruji also spoke to my daughter and gave her courage.

And at the General ward, one day Milind Chavan came and did the process on him.

All this he has been telling everyone after that day that the “Lucky Shawl” being with him all along has kept him comfortable and cured him of the problems.

“Can I use it during my exams, he asks me while reluctantly returning the Shawl to me.

Thus within hours of getting the Shawl it had been put to use and the results are for every one to see.

I remember the Tarak Mantra at every movement, “Nishank Hoi Re Mana, Nirbhaya Hoi Re Mana”

Swami is always with you and have full faith in him and follow the guidance of Guruji all through.

Guruji has been always saying Sadhaks need not worry. You just go on doing nitya Sadhana, everything will be in place.

Ashram Events



20th Math Anniversary

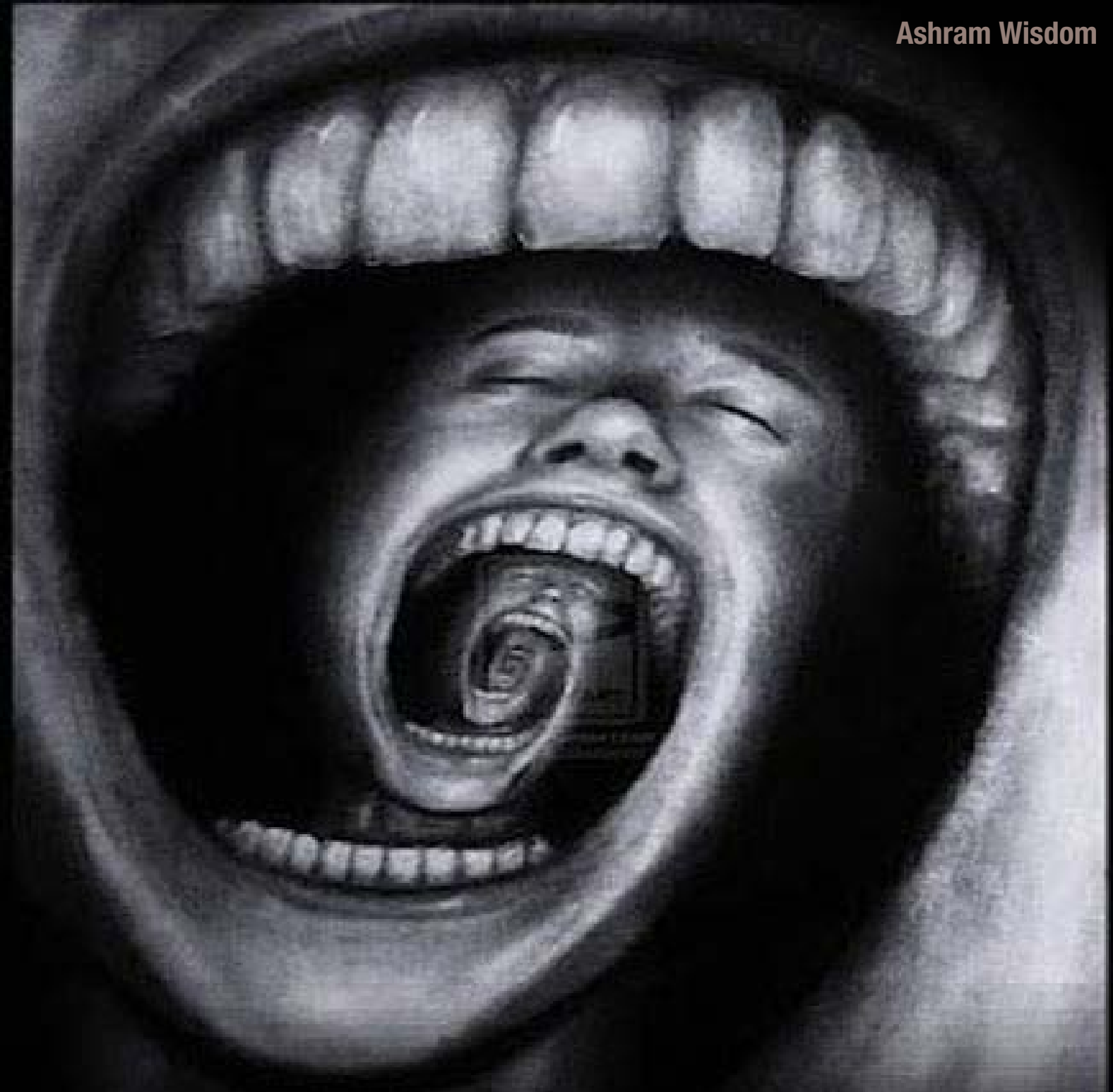


Our Swami Samarth Math completed 20 years on 15th March this year. This event was celebrated on 14th and 15th March at Devrukh ashram with various programs. Popular singer Mr Jitendra Mistry with his group presented a vocal music program on 14th evening. On 15th the young sadhaks from Hoopri (near Kolhapur) presented musical melodies "Amrutdhara" which was very well appreciated by sadhaks. The drama enacted by our own sadhaks on Coronavirus and increasing the inner strength with the help of spiritual processes. Kalpita Keer was declared as the best sadhak of the year by Guruji.

Training on Human Physiology in Thane

One of our sadhaks and a successful Medical Doctor in USA, Dr Sanjiv Patankar was kind enough to organise the training on Human Physiology in Thane on 21st March 2020 for sadhaks in Thane. Dr Patankar is currently in India and engaged as The Head, Educator at Walavalkar Hospital at Derwan village near Chiplun. 14 sadhaks attended this session in spite of Coronavirus environment. The sessions started at 9.00 am and ended at 6.00 pm covering various areas like Human Immunity, Reading and understanding chemical reports, the diseases of stomahe (mainly colon) & Guts, Gut flora, Bacteria and Virus, measuring the effects of Reiki on diseases and documenting healing experiences.





The Rendezvous with Truth...

The time for your meeting with truth has arrived. While training about 100 sadhaks in the science of Kinesiology, Guruji said that, a human minus negativities is a Truth. Humans being a part of that divine entity are full of positivity as a nature. Positivity is our inbuilt nature. We can't separate ourselves from the field of positivity. No wonder we can't spread the positivity. It is the negativity that spreads fast. For a simple reason that it is foreign to human existence! Anything that comes from

outside can be spread out. You can spread a disease because disease is not a nature of humans. You can't spread the health as it is your inherent characteristic. All that one can do is to guard against a negativity- a virus of a sort coming from outside. Just be tight on your existence. Just be alert. Just be aware. Just be conscious about every moment of lust, greed, temptations and anger. Be with a truth, be with a health, happiness and harmony. That is the need of the hours."

Reiki Seminar

April 2020

Dates	Centre	Degree	Master	Contact
4th & 5th April	Vadodara	2nd	Ajitsir/ Rakesh	Chandresh Parmar (9974701200)
4th & 5th April	Kota	1st	Krupa	Dr Neeta Parekh
11th & 12th April	Chiplun	2nd	Ajitsir/ Kalpita	Jayanti Katadare
11th & 12th April	Airoli	1st	Sangita	Aditi Pusegaonkar
11th & 12th April	Delhi	1st	Vishal	Preeti Khanna
11th & 12th April	Ahmedabad	1st	Bharatiben	Kinal Pandya 9714515839
11th & 12th April	Bhavnagar	1st	Seemaben	Chandresh Parmar 9974701200
18th & 19th April	Thane	1st	Rakesh	Girish Karnik 9820260229
18th & 19th April	Mumbai	1st	Seemaben	Vinaya Sawant 9004328016
18th & 19th April	Pune	1st	Vishal	Amrut Kirpekar 9175050900
25th & 26th April	Goa	1st	Kalpita	Netra Gauns
25th & 26th April	Nashik	1st	Sangita	Monali Rakshe 9420692136
25th & 26th April	Rajkot	1st	Krupa	Jyoti Saraiyya 9824299153

Other Programs

13th to 17th April 2020
Power of Positivity- Kinesiology
Devrukh Ashram
Krupa Choksi (8097033220)