

REIKI VIDYA

NIKETAN

VOLUME 11

ISSUE 10

OCTOBER 2019

EDITORIAL

WHEN WE SURRENDER, WE ARE NOT ALONE...

Dear Sadhaks,
Jai Gurudev

Lately I have been meeting many from the golden age community. People who are old in age, feeling lonely, lost and suffering from many diseases which have the root in the mind! On talking to them I realize that their whole life is now revolving around the loneliness and a feeling of being alone in the midst of their own families. Not that they are widows and widowers. They still have their spouse staying with them but still they feel they are alone.

They all have gone far away from the basic idea of married life. Marriage is truly designed with an idea of being together and complimenting each other, It is a journey together with a destination of salvation. It is a vehicle and it is a path- both. The marriage is a journey that passes through five major steps to liberation. All these stages are like steps on ladder taking you to different heights of human life. They are based on the primal idea that human life elevates from one zone to the other domain. When the marriage is young, it is predominantly physical in experiences. The two physical bodies come together to fulfil their sexual needs and of course the reproduction to keep the universe ticking. Next phase starts after about 8 years of togetherness to reach into the zone of emotional togetherness. The couple is supposed to move hand in hand and step by step for moving to the mental or psychological exploration. Another seven to eight years on and the couple should be arriving in the domain of intellectual play of consciousness. And finally one arrives into that mountain top to spiritual realities to realize that we were always one and never two. The duality was only the illusion. If that happens, we are ready to be touching the sky literally. No wonder Vedas say that the marriage is complete after about 25 to 30 years as thereafter there are no more two entities left. We become one.

The irony is that all those who have or supposed to have gone through all these stages never think that they are ONE they feel they are ALONE. That is the problem. In both the cases, when you merge into one or when you are singly one, you are only one. But they have a huge difference if one understands the essence of becoming one. In the later case there is no sadness, no repentance, no miseries and there is only a joy. It is like stating that you are alone, a statement of an elevated soul from the deep walls of the dark cave. The first stage of being singly one is like a beggar pronouncing from the roadside asking for a beg.

The real understanding of relationships is in the essence of what one really is. Find out who am I? and the loneliness evaporates.

With lots of love, light & Reiki

Ajit Siv



Knowledge and Wisdom...

by Vivek Pandye

As it may be evident from the picture, knowledge (mostly) comes from books and wisdom connote the eyes (spectacles) through which we read the books. Perception matters a lot. However very few are able to attain the level through which they start perceiving life. Mostly, our lives are spent in the mundane training offered to us by the world and worldly people. If at all we could actually see the world and not assume things, the world would be a much better place to inhabit. This brings to our discussion the very phenomenon to differentiate between the mind and the intellect. Mind is when we accumulate, assimilate and digest a few of the worldly ideas meant to better our worldly life. Intellect is when we reflect, think and are able to opionate on the various aspects, processes and the procedures of our life.

The human existence operates at several levels. The emotions, the mind, the ego, the intellect and the soul to mention five out of the seven known to us. To know that life exists at all these levels is knowledge and to learn how to use these to your advantage and for the betterment of the surroundings as a whole is wisdom. Before the Mahabharata, Krishna is purportedly reported to have told Duryodhana, that peace is not an option, it is the basic necessity on which development is based. So knowledge is to know that peace is essential, Wisdom is to bring all the possible forces in order so that peace prevails. Let us consider the five basic aspects of life and have a look at them through the spectrum of knowledge and wisdom.

1. Food: It is something which is the most essential thing for our survival. You may accumulate a lot of knowledge from a dietician as to how and what and when to eat, but it needs wisdom (which emanates from awareness) as to how, what, when and how much to eat in-order to retain and maintain a healthy state of living. Also there are people who know but can't implement. Wisdom lies in implementation and execution of the knowledge derived.

2. Marriage: Marriage means in knowing that it is an important and sacred part of life. Wisdom lies in selecting and choosing the right life partner who would ensure a smooth and hassle free transition of the same. Knowledge is to know that marriage is an institution blindly followed by most, wisdom lies in choosing the correct life partner and more importantly the correct family suitable to your needs.

3. Education: Knowledge is to know that attaining a degree is essential to your survival, wisdom is to get to understand the real life processes and things happening in the background once you get that degree. Merely bookish knowledge won't help, you need to be aware and conscious at all times in order to get a task accomplished.

4. Death: This aspect of our life, which is actually just the opposite of life is highly ignored by most of us. Knowledge is know that everyone dies, wisdom is in actually believing that it is not a joke and death may strike us at any point of time in life. Knowledge is to know that it is necessary to accumulate, wisdom is what tells you to let go as things and events are always transient in nature.

5. Money: Knowledge is to know that money runs the world, wisdom is to survive blissfully in faith that nothing can touch you as long as you are connected to the source. Knowledge is to know that money is important for survival, whereas wisdom is to know that earning goodwill through service is the most important thing in life. Knowledge lies in rushing after money, wisdom lies in taking a pause.

These are only five major aspects of life. You may discover many more depending on your level of wisdom and differentiation of the same from knowledge. Finally, a few quote on knowledge and wisdom, which should give you ultimate clarity of the subject.

"Knowledge is to know that tomato is a fruit, and wisdom is to not put it in a fruit salad."

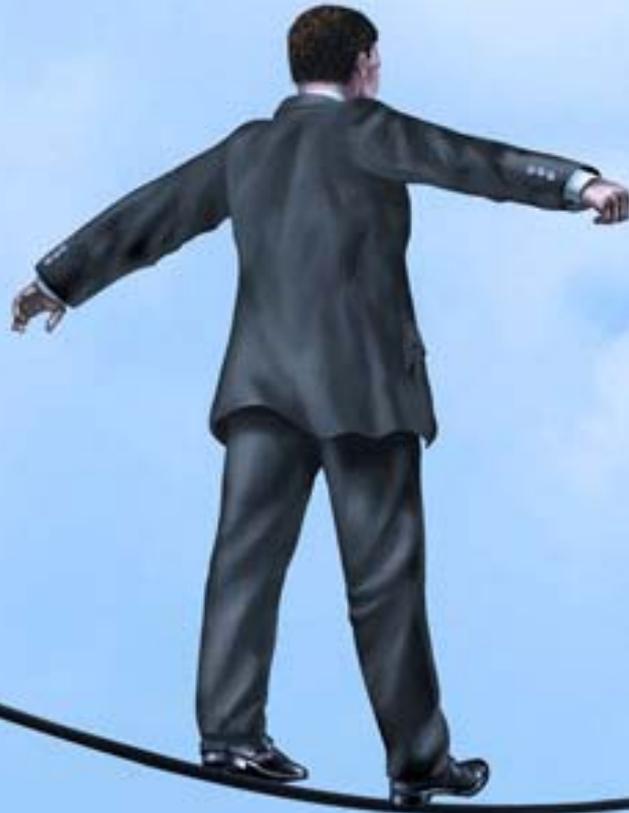
"Knowledge is essential to make a living, wisdom is essential to make a life."

"To attain knowledge add things every day, to attain wisdom remove things everyday."

"Knowledge is power, but only wisdom is liberty."

"Knowledge speaks, but wisdom listens."

Thank you. JaiGurudev.



Do you have the trust?

Shared by Mr Rajesh Khanna

A person started to walk on a rope tied between two tall towers at several hundred feet above the ground. He is slowly walking balancing a long stick in his hands. He has his son sitting on his shoulders.

Everyone down were watching him in awe breath and were tensed. He slowly reached the second tower. Everyone clapped, whistled and welcomed him. They shook hands and took selfies.

He asked the crowd "do you all think I can walk back on the same rope now from this side to that side?". Crowd shouted "Yes, Yes, you can". Do you *trust* me he asked. They said yes, yes

we are ready to bet on you.

He said okay, can any one of you sit on my shoulder; I will take you to the other side safely. Everyone became quite. There was stunned silence.

Belief is different.

Trust is different.

For Trust you need

total surrender.

This is what we are lacking towards God in today's world.

We believe in GOD

But do we TRUST Him.????



The Giver...

By Telangan

I was on my way to Ashram. It was one of those hottest days of summer. I got down at Sangameshwar by 12:30PM. Sun was burning everything in sight. I got an auto like a blessing. I reached the bus stand and even found a seat in a crowded, stuffy bus. My T-shirt was soaked by now. My patience were not going to last very long for sure. Wanted to get out of this bus soon as possible. The thought of reaching ashram in some time was calming. Burning and scorching air from outside hit the face and I realized the bus was now rolling. I decided to look at nature in a different perspective now. Everything around is created for my learning. Konkan is very green in the monsoon but now in May it is dry and dehydrated. The red soil was covering almost everything. Most of the trees were red, lifeless, without even a leaf. Those trees were reminding me of thin Sadhus of Himalaya who are involved in Tapa but silently supporting everyone around at the same time... Some barbed trees were like those edgy, and irritated people, who keep fighting with everyone. They are angry forever and nobody goes closer to them. There was cactus reminding me of hooligans. They spread around nice trees when expected least and remain aloof. Nobody wants them closer. Dried grass kept reminding me of common people of the society

who gets the maximum pain but no one bothers and still they find some joy around. They are green or dried no one really bothers...

The bus halted at one stop below the shade of a large mango tree. It was suddenly uplifting and very cool. I could see birds and nests on the tree, many natives resting underneath with least worries. The tree was loaded with tempting yellow mangoes. Its dense branches covered the entire road and one would not like to go away from it. This tree reminded me of the spiritual master instantly. The Giver, who didn't expect anything from anyone while enriching each and every one with total wisdom. In the same climatic conditions this one tree was green and making the environment also loving and giving everything while other trees were struggling for own existence. Unhappiness, tiredness and negativity were disappearing in its presence. It was balanced like Buddha. The outside conditions were not changing its distinctiveness. The fruits were like its wisdom, sweet and satisfying every one and ability of producing more. Anyone could come and rest... the master would never object. Master doesn't take anything from anyone... he is just a giver... exactly like this mango tree...



Feedback from WISE Participants

Medha Nibandhe

Hi all members of Devrukh s p we first time came in this group ,attended this program and enjoyed a lot. Many new thoughts guruji and u all ve given us we will definitely follow d path of life with these thoughts tnx to u all.

Manisha Bhava

Jai Gurudev Thank you so much for all Devrukh Devine Team for show us our inner strength and Our roles in life I feel blessed and Wish to join time and again with you all

Smita Purohit

Jai Gurudev .it was a real pleasure being with you all. And understanding the fundamentals of life from an eminent personality like our Guruji & his devoted team members, in a simplest manner. My sincere thanks to all of you for bringing joy to the forum. And specially thanks to savita who introduce us to this seminar

Monika Shroff

Thank u to all the organising team and Guruji for lightning the flame of hope n

inner identity within us.... Definitely will try my best to implement maximum no of inputs in my life and change it the way Guruji has dreamed about and increase our life's/relationship happiness index and fill colours in life's canvas....

I reached office safely miss u all girls.. Jaigurudev

Dipu Sharma

Really. Feeling blessed ..& also feeling much positive change in myself .. Thanks is really a small word to all who helps us to find ourself .. But we dnt have any other word to say to. Gurujii Mai. AshviniDii. Krupadii. Jairam. Sir .. Also pranjal sir & all... Have a two awesom days .. Full of spirituality

Smita Pathak

First of all i would like to thanks to Savita and my sisters Seema and latatai who introduced me to this wonderful training session. Own Life insite Experinced for the first time. This learning will help me forever. Thanks entire Team and Guruji Regards Smita. Thanks to Jayramji Krupa didi and Aswini Jay gurudev

Amita Shinde

Thank you to Devrukh divine team and our beloved Guruji, Krupa didi and Jairam Sir for arranging such a wonderful seminar for better understanding our purpose on this planet.

Own inside experience to understand inner powerful strength and use it in right direction to create healthy, meaningful and happy relationship.

Shubhra (Minal Joshi)

[12/09, 10:27 AM] Reiki Minal Joshi Thane: Thanks to Sir,Krupa,Ashu,Maa, Jairamji, Meenakshiji, and all math sadhak who served us on time

Thanks to Pranjal, Satwik food

Pallavi Gawade

Jai gurudev we enjoyed our inner beauty and peace thanks to all.





LAMP UNTO YOURSELF...

Sit silently, relaxed posture. Eyes closed.

Be with your breath Look at your breath closely. Let there be a total concentration on your breath. Become a breath. Slowly take your whole attention to your heart chakra. Feel the heart chakra. Feel the kindness and love within.

Imagine a small candle, right in the center of your heart chakra. Look at the flame. Let the flame slowly start getting bigger and bigger. The candle is now becoming so big that it occupies the whole of your body.

Just imagine that you (as a candle) have started glowing and spreading light all around you. There is an absolute darkness all around you. Visualise all those who are close to you in your life. Your family members, your friends, colleagues. They are all sitting around you in a space of darkness. You are the center. As you start glowing more and more intensely the faces of your relations have started coming to light. They are getting brighter and brighter now. They have started glowing with you. The whole space is getting light from you and has started glowing in golden colour. The whole space has brightened.

Have an intention at this moment that all those involved in your life are getting happier and peaceful. There is a joy around in your life. The real Diwali has begun. Draw all symbols on the space around and on the intention.(For Reiki channels only).

Wish yourself a happy and prosperous diwali. Diwali that will never end.

Diwali with the crackers of knowledge bursting all around you.

Diwali with the light of wisdom.

Diwali with the gift of Peace.

Enjoy the experience for about 10 minutes and slowly come back to normal.

REMINISCING JOYFUL, PEACEFUL AND BLISSFUL TIME WITH SWAMI

By Mrs Aruna M.

August is the seva time for us allotted by Guruji. I started on July 30th to reach there on 31st. My duty started on August 1st. If I would have delayed it even by a day due to floods I would have not crossed Kolhapur. Thanks to swami I reached safely. Even a day before Amba Ghat was closed and the next fifteen days it was a nightmare to Kolhapur and sangli people. I am new to that place and Swami took care of my travel. I have travelled in all seasons and the Ghats looked the most beautiful this time. Small waterfalls on the ghats, fog covering the entire ghat and the green carpet of grass covering every inch of mother earth. It was so picturesque. Nature was proudly showing its beauty and unforgettable journey.

Ashram our "Maika" as Guruji says was so welcoming with so much greenery, sky pouring through the day. Gandha the previous MS handed over the charge and Kalpi Keer like every time embraced and supported in every way for the smooth functioning of all activities of Ashram. I salute her dedication and commitment towards her role which she discharges whole heartedly with so much passion.

My last year's experiences taught me that Swami takes care of our every need during our stay and makes our stay so comfortable. So this time I was fully in acceptance and stayed happy to enjoy those precious moments. At this time I am extremely grateful to my whole family for supporting me to go ahead and do my seva. But for them this would have not been possible. The most important person is our compassionate Guruji who gave this opportunity and trusted us to be part of this spiritual space and gave us full freedom to execute all the activities. This attitude helps us to belong to the space. Belonging makes us operate from the heart and there is only love and compassion in every activity performed in the space.

As Guruji says every moment is a learning opportunity, I too learned a lot from the sevakarīs who joined me for the seva from different centres like Pune and Devrukh. The regular sevakarīs from Devrukh are already a role model for us. My first week we were a few and the Pune sevakarīs could not go back due to flood. So we stayed like a family for one whole week. Even at home today's busy schedule does not give quality time with

each other, but we spent quality time by doing all the activities joyfully and also singing bhajans. Specially the sadhak's soulful singing bhajans after aarthi is still lingering in my ears.

The new Timings for eating, the new cook Mugdha thai, seasonal food chart prepared by kalpi all helped us to have a comfortable stay. Due to this support we could find time to part of other sadhana like TM, spending more time in Silence Room. The biggest satisfaction for me was the time spent in Reiki Aroghya Mandir. This space is all charged due to Guruji's Sankalpa and we got new experiences and saw a lot of improvement in the health of sadhaks who were receiving healing. Each sadhak has a special connection to one part of ashram. Some are connected to Audhumbar, some to shiva poojan, some to Navnath, some connect to silent room, some only to swami Murthi, Palkhi preparations, some to Kailash and so on.

We got some time to be in Ghoshala too with Kalindi and other cows there. Kalindi is so loving and she loves cuddling. I hugged her and felt so happy for the rest of the day. I understood her power of healing for the first time. All sadhaks who were on seva also had a special bonding with the cows and specifically with Kalindi. Every few days new set of people joined us. And in minutes we become a family. That's the beauty of the space. We all worked as one big family. Guruji is the string who connects all of us and swami fills us with love and compassion and the act of doing-ness disappears and everything starts happening. Swami makes sure our smallest of smallest wish also gets fulfilled. Some wished would be lost in your memories but swami because of his all pervasiveness he fulfils it at appropriate time.

This space connects to every sadhak and only to the positivity in every one and we become so positive and the oneness prevails all the time. So every moment becomes blissful. We remain active through the day and end of the day also we are very exuberant. The morning prayer time is my favourite because it is so quiet and serene space and we get together for chanting, pranayama and bhajan and finally sending reiki to the universe, family, RVN family, to Mutt and

Ourselves and the day begins on a good note. “**Om Namō Narayanaya**” is all time favourite. Reiki seminar also was a learning experience for me.

I had a great opportunity to be with a senior couple from Devrukh for five days. I got to learn a lot from them too. The kaka was so humble and simple. Always ready to help. Never was tired mentally to support us in the activity or to support his wife. Later I came to know they have been in the space for a long time and regular in their sadhana and had great experiences. Yet he was so so simple. When he did pranam to me he did it as though he is doing it to God Datta himself. Their love for each other. They supported each other. Physical activity Kaka will support Kaku, when it comes to eating food kaku will take complete care that Kaka gets to have a good meal. She will keep offering hers too like a loving mother. I felt we all have to imbibe these qualities for a beautiful journey in our respective lives.

Devrukh sevakarīs always helped when we needed

help the most. Kalpitha managed it so well and if needed she too joined us in completing our activities. On the whole it was a great learning experience. I also got the translation of the thought written on the board in ashram. It's essence was “After so many births we become sadhaks, it's a golden opportunity for us to be in the path. Sometimes these sadhaks can be more helpful than even a blood relative to each one of us”. I could feel that kind of bonding with each other. Thanking swami and Guruji for choosing us and guiding us whether we are far or near. Space is only for the mind. We are all connected by guruji's compassion and we are one big family “**Vasudeva Kutumbakam**”.

My return journey also was so comfortable as Bhava dropped me till Malkapur. The scenery was extremely beautiful. Then travelled from Malkapur to Kolhaour and from there to Bangalore. Overall Joyful memories, peaceful time and Blissful state of mind. Thanks to Guruji and also Mayi for all the support and trust.

Buddha:

Enlightenment is a state, when mind is free from suffering and constant desires. Mind is the greatest enemy of human. It provokes individual to live in external than the inner world. When we try to fulfill any desire we get physical pleasure for a while and then it becomes a memory or a history. Mind then lingering for getting same experience again and again and in that process we miss the real joy of life. We can discipline our mind by meditating more and help it to be free from constant wants in our lives. When we could focus on our internal world we are free from all the desires and wants. We are in trap of the desires but we do not want to hold the responsibility for our suffering.

We expect external world responsible for it.



Just for today

by Telangan

Just for today

Listen to your heart

And follow your dreams

Push your limits

Break all the rules

Laugh at everything

Hate no one

Forgive one and all

Cherish every moment

Life for you will

Never be the same

Just for today

Smile and move on...

Ashram Events



Lecture at Sanskar Dham at Ahmedabad

Guruji was invited by the management of Sanskar Dham in Ahmedabad to deliver lecture on the Challenges of New Generations, on 22nd August 2019. Sanskar Dham is an institution founded by the mentor of our beloved Prime minister Mr Narendra Modiji. This is a part of Anant University, a dream of Modiji. The lecture was well attended by students and parents/ Teachers and was very successful.

Lecture at RSS Branch in Baroda

Guruji also delivered a lecture on Homa for every Home to the RSS families in Baroda on 23rd August 2019. Guruji emphasised the need to spread happiness and health to every home to create a harmonized society. He suggested various spiritual methods like Reiki, Agnihotra, Meditations and group healing activities to achieve that.



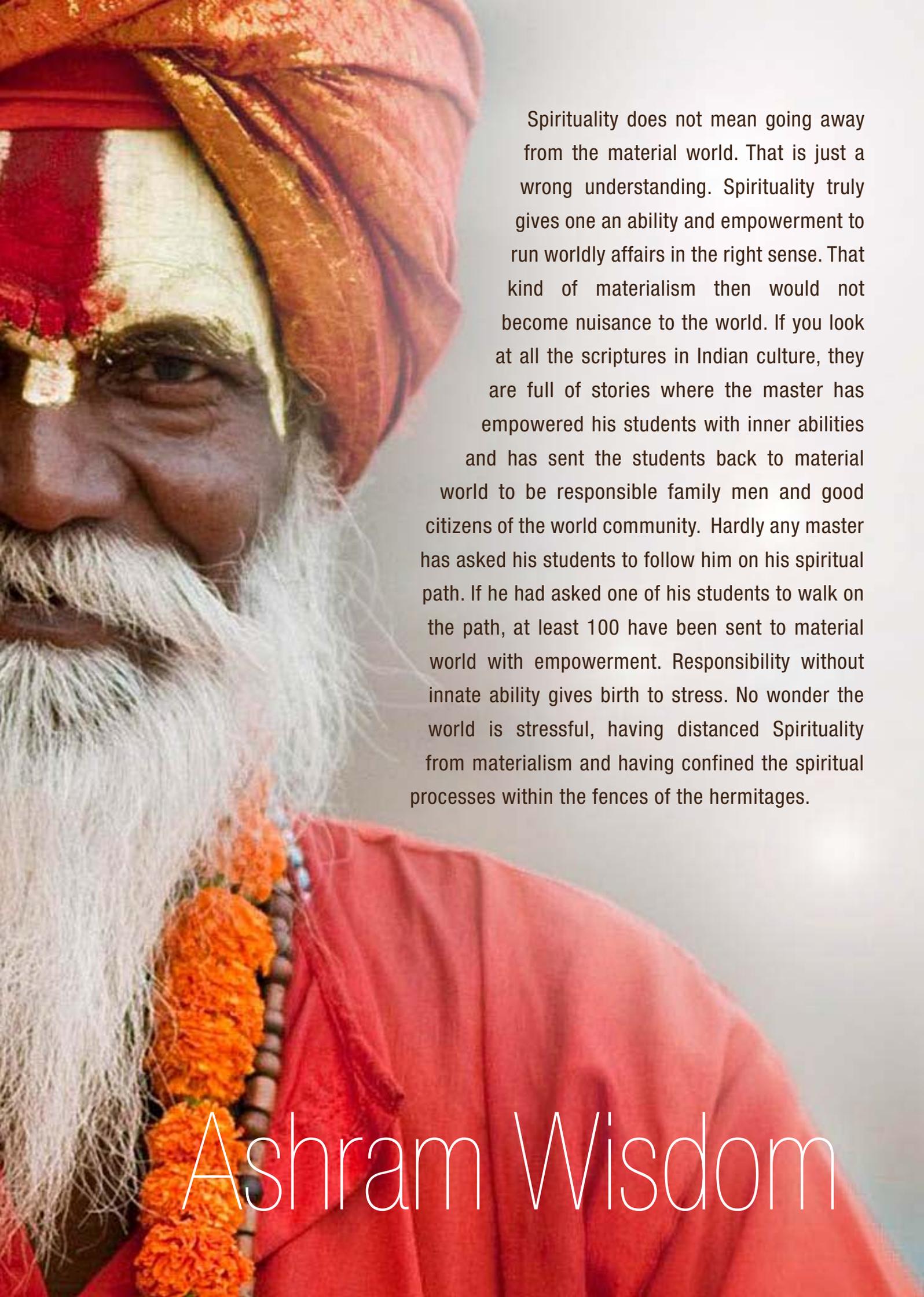
WISE Program at Karla (Lonavala)

Women's Innate Self Empowerment (WISE) training program was organised by DSPPL in Karla, near Lonavala in Maharashtra on 10th and 11th September for members from Thane and Mumbai community which was attended by 48 ladies. This program reached great heights by very active participation of the attendees who came from different age groups and cultural base. The ambience of the hill station added its own flavours to the colourful program contents and created a turning point in many lives.

Play For Peace ties up with DSPPL

DSPPL recently tied up with Play For Peace in an informal way which is likely to get into a formal collaboration on completing the necessary formalities. This would help DSPPL to get support from Play For Peace which is an international organization involved in creating communities beyond differences and conflicts. From Conflicts to Compassion is the motto of PFP. This will allow PFP's philosophies to peter to the sadhak community and add a social dimension to spiritual knowledge. This will also open doors for DSPPL's initiatives on creating a better world through the right knowledge in more than 20 countries worldwide.





Spirituality does not mean going away from the material world. That is just a wrong understanding. Spirituality truly gives one an ability and empowerment to run worldly affairs in the right sense. That kind of materialism then would not become nuisance to the world. If you look at all the scriptures in Indian culture, they are full of stories where the master has empowered his students with inner abilities and has sent the students back to material world to be responsible family men and good citizens of the world community. Hardly any master has asked his students to follow him on his spiritual path. If he had asked one of his students to walk on the path, at least 100 have been sent to material world with empowerment. Responsibility without innate ability gives birth to stress. No wonder the world is stressful, having distanced Spirituality from materialism and having confined the spiritual processes within the fences of the hermitages.

Ashram Wisdom

Reiki Seminar in OCT 2019

Dates	Centre	Degree	Master	Contact
5th & 6th October	Rajkot	2nd	Ajitsir	Jyoti Saraiyya (9824299153)
5th & 6th October	Chennai	1st	Khushal Solanki	Khushal Solanki (9500071637)
5th & 6th October	Mumbai	1st	Vishal	Vinaya Sawant (9004328016)
12th & 13th October	Baroda	1st	Sangita	Chandresh Parmar (9974701200)
12th & 13th October	South Mumbai	1st	Seemaben	Sharada Gurav (9819215650)
12th & 13th October	Goa	1st	Kalpita	Netra Gauns (9422643106)
12th & 13th October	Ramnad	1st	Khushal Solanki	Mr Nallamutthu (9443321025)
12th & 13th October	Bengaluru	1st	Aruna Margam	Komal Pukale (9845279840)
12th & 13th October	Pune	1st	Rakesh	Amrut Kirpekar (9960101018)
12th & 13th October	Thane	1st	Vishal	Girish Karnik (9820260229) Milind Chavan (8779001317)
19th & 20th October	Ahmedabad	1st	Krupa	Kinal Pandya (9714515839)
19th & 20th October	Devrukh	2nd	Ajitsir	Math (02354 261322)
19th & 20th October	Nashik	1st	Kalpita	Shubhada Garge (9623547827)

Reiki Seminar in NOV 2019

Dates	Centre	Degree	Master	Contact
2nd & 3rd November	Rajkot	1st	Seemaben	Jyoti Saraiyya (9824299153)
2nd & 3rd November	Mumbai	1st	Sangita	Vinaya Sawant (9004328016)
2nd & 3rd November	Chennai	1st	Khushal Solanki	Khushal Solanki (9500071637)
2nd & 3rd November	Delhi	2nd	Ajitsir/ Krupa	Preeti Khanna
9th & 10th November	Baroda	1st	Kalpita	Chandresh Parmar (9974701200)
9th & 10th November	Nashik	1st	Vishal	Shubhada Garge (9623547827)
16th & 17th November	Ramnad	1st	Khushal Solanki	Mr Nallamutthu (9443321025)
16th & 17th November	Hyderabad	1st	Renu Chaudhry	Renu Chaudhry (4023814033)
23rd & 24th November	Bengaluru	1st	Aruna Margam	Komal Pukale (9845279840)
23rd & 24th November	Thane	1st	Ajitsir	Girish Karnik (9820260229) Milind Chavan (8779001317)
23rd & 24th November	Ahmedabad	1st	Bharatimami	Kinal Pandya (9714515839)
23rd & 24th November	Pune	1st	Vishal	Amrut Kirpekar (9960101018)
23rd & 24th November	Devrukh	1st	Rakesh	Devrukh Math (02354261322)
23rd & 24th November	Kota	1st	TBD	Dr Neeta Parekh (9413886755)

Other Programs:

2nd & 3rd October WISE (Women Innate Self Empowerment) at Rajkot Jyotiben Saraiyya ((9824299153)

8th to 14th November "Seven Steps to Heaven" Ms Krupa Choksi (8097033220) Mr Jairam Athalekar (9867384039)

24th to 30th December Advanced Residential Empowering Women Awakening (AREWA)
Ms Krupa Choksi (8097033220) Mr Jairam Athalekar (9867384039)