

# REIKI VIDYA NIKETAN

*Guru Purnima*

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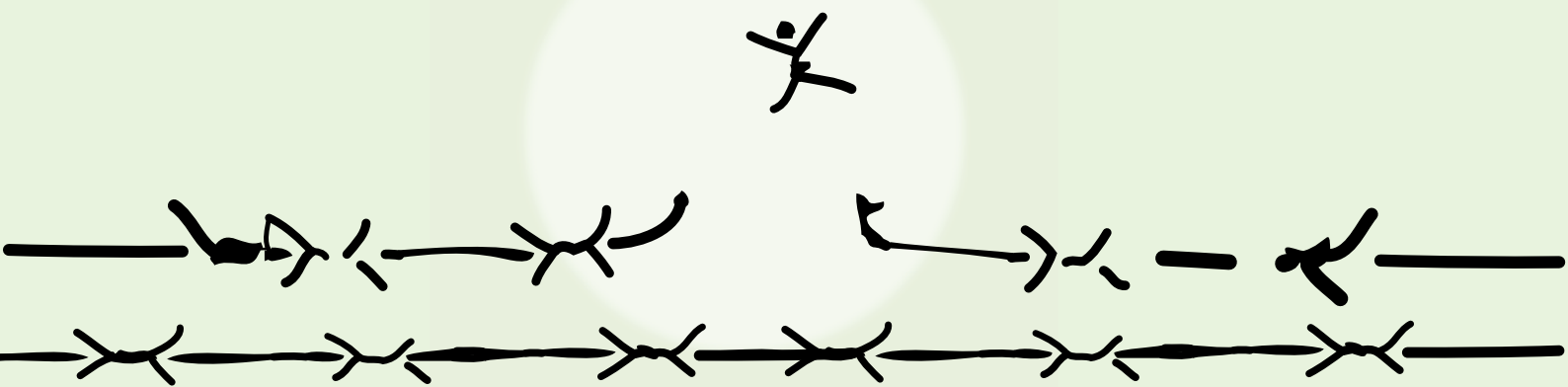
EDITORIAL

**The idea of freedom  
depends on  
your definition of bondage...**

Everyone wants to be free from something. The idea of freedom is thus universal in nature. Freedom is justice and bondage is injustice- that is what everyone has in their mind. Here is the catch that makes the idea of freedom little complicated. The justice and injustice are very subjective and depends on dimensions of a situation that you look from. That makes even the bondage very subjective in nature. Everyone may have different ideas about what bondage is.

Love is a freedom and sublime and marriage is bondage. It is a knot tying two individuals together. In fact every relationship is bondage of some hue or shade. Today, in the name of freedom and independence we are trying to break through every relationship causing a major catastrophic situation in human civilization. With a marriage dissolving I every 35 seconds in USA and in some other countries not lagging much behind, the family concept may just evaporate from this planet leaving humans in the category of animals in no time.





A professor in US university once challenged me when I said that a time to regulate and control electronic gadgets like mobile and TV has come to save the newer generations from getting hay way. He felt that I am trying to gag the freedom of the people especially in the society claiming to be a free society. I counterchallenged him by saying that if the country values individual freedom why should they stop one from driving the car beyond 50 and 0 miles per hour or why should the traffic authorities should not people to drive in the middle and the left side of the road instead of confining them to the right. He retorted that if that is not done there will be accidents. I told him that he is talking of physical accidents while I am talking of the emotional and psychological accidents. He said he got the point and was calmed down. He had his own idea of bondage and of course the freedom.

In India we are seeing some so called activists who want to break the bonds of spiritual laws and free themselves by choosing their ways. Shabarimala is one such example. Kashmir is another. They have been applying double standards to define freedom wich is just not fair. Freedom should have an appropriateness attached to that. Otherwise the same freedom may be termed as anarchy. Then the human values are all tossed out of the window. Instead of doing something about freedom one should do something about bondage. The moment the realization dawns, the ideas of bondages vanish. With the idea of bondage changed, one realizes that we had created our own cages and are trying to free ourselves the whole life.

We as humans are always free till we set the idea of limitations. There is truly nothing like a limit. It is only in our mind. The mind likes to create limits and avoid responsibilities of achieving something. Somewhere the mind loves to be in a confined space so that it can be creating alibis of failures. When mind drops these limits we experience that we are free, absolutely free. The soul is free and unlimited, infinite phenomenon. We are the souls. But the moment we disconnect from that entity we are all limited, ordinary phenomenon. Sadhaks should understand that and keep on flying in that infinite, unlimited, vast space. Drop the idea of bondage and there are no struggles to free youself.

With lots of love, light & Reiki

*Ajit Siv*



# MY GURU MY GOD MY SAVIOUR

*by Aruna M.*



A fortunate moment of my life, grateful to my parents  
Year 2000 reiki session in Chennai at President Hotel,  
Had a first glimpse of a master, ever smiling and joyful  
Surrounded by sadhaks trying to soak in the love energy.

Me a student of a compassionate Master Dinesh Bhai  
Tucked away from the group, watching him from far,  
Filled with awe and admiration for the unknown Master  
Bidding bye to Dinesh sir not knowing, to be continued soon

Waves of energy filled me completely kept me in touch,  
For a month or two the much awaited day came very soon  
When I too became a student of the Mesmerizing Master Ajit Sir  
Who in turn opened the Pandora's Box of the Mother Universe

Knowledge I carried with me from the Master was  
Purify yourself so much that, by taking your name,  
Let people get healed and Words have limitation  
But Reiki has no limitation you are unlimited divine soul.

Reiki energy touched my students and my colleagues  
Filling my every moment with happiness and positivity,  
Touching lives through the magic hands of Reiki  
Helping me in spreading health, happiness and harmony

Little did I know in the years to come?  
I will be blessed by Almighty of infinite grace  
Once again, to re connect to my Master permanently  
And touch his space and experience his divine grace.

Sir held my hand during testing times  
To sail through this worldly trials and tribulations,  
Taught me faith and patience to empower me  
Guiding me to empty myself and fill with Swami.

Then a new journey began helped me to introspect  
And explore the real me, the pure soul and God's child  
To taste the infinite abundance of Joy, bliss and peace  
As I am under Kalpavriksha, with Kamadhenu and Chintamani

O My Guru you taught me to live in this world  
Untouched like a water droplet on a Lotus leaf  
Shine like a bright star by reflecting white light  
Bloom like a brahmakamal even in darkness too

I pay my obeisance to you on Guru Poornima for being  
An inspiration and a Guiding light in spiritual path,  
Living by example and showing the path for a purposeful life  
And teaching me that I am part of the whole



# Guru Purnima

## - A tribute to the teacher

*By Shashi*



A floating poetry of rounded luminance,  
Silvery bright and of comely countenance.  
The fair moon casteth a spell of sweet enchantment,  
As we offer obeisance to the teacher par excellence.  
Guru is the lighthouse in the turbulence of dark waters,  
The mighty beacon that guides lone ships at sea,  
He is the torch that lights up obscure pathways,  
With his quiet assurances and warm presence,  
The life-giving oasis for many a lone wayfarer,  
gypsy wanderers under a harsh, desert sun.  
To parched lands, that cry out in deep despair,  
The life giving rain is he whose nurture and care,  
Revives the ancient soil to woodlands green,  
Where all of nature dances and dreams,  
~ a riot of colours, the Artist unseen.  
Knowledge sublime from him floweth,  
in unending streams of elixir that reviveth,  
our thirsting hearts to satisfaction's brim.  
A raconteur with wisdom and wit he enthral,  
a pillar of sagely support through life's pitfalls,  
The treasure he holds and bequeaths is of priceless import,  
Not worldly riches but the sacred key to God's stately court,  
Virtue laden, golden hearted radiance we adore,  
Leading us joyfully on to realization's vast shore,  
Drink to the lees from the fountains of his Grace,  
Enshrined in thy heart is his sweet, benign face.  
Be the chosen heralds of the destined hour,  
Harbingers of Light supreme that help to flower,  
The promised golden age of the human race.  
Just as the silvery moon lights up the cloud kissed darkness,  
O guru thou art the lamp of wisdom's burnished brilliance,  
The divine dispenser of bittersweet antidotes and potions,  
To keep at bay our stubborn malady of ignorance.  
Gratitude O guru, for thy intoxicating elixir of inspiring words,  
Even thy silence speaks and across the distance heard !  
Love reigns thy heart, it's seeds sown well in our eager soil,  
Thou art the life sustaining sun that bestows bounty to our toil.  
O Gracious, merciful Being of my heart's adoration,  
With thy blessings, life hath become a celebration,  
All inconsistencies in me, to thee I humbly offer,  
to transmute and transfigure in thy alchemist fires.  
And the ashes of thy creation shall enrich and birth,  
An epoch of magnificence in the annals of Mother Earth



# THE INVISIBLE TRAP

By Anand Karnataki



We often find even higher-level respected people falling in this **'Invisible Trap'**. They act in an immature manner with their cruel chats about someone. They don't realize that this wicked gossip created by them will harm innocent person, or even they are creating irreversible **'Karmic Effects'** through their careless speech, which is very harmful for themselves.

This reminds me a story of a man notorious gossipmonger, always gossiping about people whom he didn't even know. Wanting to change own habit he went to a saint. The saint asked him to bring a branch of a dried tree located on the riverbank as fast as possible, plucking every single leaf on the way and throw them while running back. The man did exactly as the saint told him. He handed the dried branch to the saint. The saint asked the man to run back and gather every single leaf again and bring them back to him. The man objected immediately because it was impossible; the wind must have blown them in all the directions. The saint said that's true. This is how with even the gossips work. One rumor can fly to many directions within a second; how can you recover them?

Normally people see and hear what they 'want' to see, hear and talk about. Some people are habitual gossipmongers. They do not know

*"It's little harm if one loses money in gambling, losing everything even oneself; but if one talks ill of others, it is of greater harm. Bearing ill-will through speech lead to eons upon eons of Misery." - Buddha*

*"Every ill word that spoken will have to give account thereof in the day of judgment." - Holy Bible*

what is in store for them in it. Even simple gossip can result in very painful result when the action matures. The careless talk can destroy an innocent person very easily. The intense **'Negative Karma'** defiantly comes back even if it's not mature in this lifetime, it will follow wherever they go. The effects of malicious gossips and lies are often creating great misfortune and severe diseases of throat and tongue as per the ancient Indian books.

The moment one talk ill for others, the effect of the **'Negative Karma'** is instantly released. However one can reduce the impact by repenting the act, and also by helping the affected person to get back what has been lost, including his/her honour. With little love and understanding one can become a good soul again. No one is perfect. This is an evolving planet and everyone is learning and growing.

***Always we must think before talking and should not add our problems with useless gossips. We will never be able to correct what is shattered by it... This is an Invisible Trap on the spiritual path... We can make full use of our precious time here while not earning severe Karmic Debts.***





# “The whole Universe conspires to help you”

By Krupa Choksi

***“And, when you want something, the universe conspires in helping you to achieve it.” - Paulo Coelho, The Alchemist. This was just a statement for me until I started experiencing it and realising it. All those small incidents in my life made me realise that.***

Once it so happened that I was about to board the bus for my hometown i.e Rajkot. I had to put my luggage in the luggage loading deck of the bus. I went there and without telling anybody one of the co-passenger opened it for me. The other day I was in Mumbai and had to go to Pune for taking seminar. I asked one of our sadhak about best way to commute to Pune. He informed me about the same. I thanked him and after few minutes, I got a call from him that he has booked my ticket. I was really grateful to God that without telling he inspired our sadhak to book the ticket.

Another incident I would like to narrate you. I was thinking of designing a program for Gurupoornima and for this program I was looking for one beautiful bhajan (Prayer) since past few days. I had gone to Delhi in 4th week of June for seminar. On the day of the seminar, I sat in one of our sadhak's car to reach to the venue. She started the car and inserted a CD. And to my surprise, the first song was the song which I was looking for. I was thrilled to get this song as I did not know who has sung it, nor I knew name of the CD neither the institution which has printed this CD. Really universe/God helped me.

Apart from this, I was planning to start my Ph.d.in marketing but to get admission in Ph.d., one had to clear the entrance exam and then one has to submit the proposal and present it and then selection of the student is done. So I had filled the form in the month of August and I was informed by the University that entrance exam would be somewhere in September. I was checking website regularly. There after I went to take seminars at various places and came home after 20 days. Next day I checked the website and found that the entrance exam was after 3 days. I was really baffled and tensed and thought how am I going to study the entire course of MBA in just 3 days? There were many subjects and it had been long time since I had referred my textbooks. I got a

thought to check whether any online papers are available for reference or not. I found some papers of the University Grant Commission (UGC) for its NET and SLET exams. I started referring it. I purchased one book also which contained UGC papers and started preparing from it. At that time, I was also doing Gurucharitra parayan at home so after reading it whatever time I had, I used to prepare for my exam. I referred some of my textbooks of MBA and had decided that I will give my best and leave rest to the God.

I appeared for my exam which was online. I got score immediately on the completion of the exam and it was 81% (I passed with distinction). Further to this, when I referred the entire result which was displayed on the website, I was thrilled to know that my marks were highest. Indeed universe, Swami and Guruji helped me.

But I think such thing becomes possible only when we have attitude of gratitude in heart and we do not expect anything from anyone. So have faith that God helps us in every way. But many times the universe conspires us to make us reach the ultimate goal i.e. liberation/ freedom from the bondage of life and death. Many times to break our patterns of life.

Once I had gone to New Jersey and somebody had gifted me red purse. Though all the colours are nice, I do not prefer red colour much. The purse was really nice and was of a very good quality and brand but because of red colour, I didn't want to use it so I gifted it to someone. Eventually, after some time, one of my very close acquaintance gifted me again a red purse. And I realised God wants me to break my pattern and wanted me to teach that I should not reject anything. So now, I am using this purse very happily.

So many times what we expect does not happen. Because every time when something happens as per our desire, our ego gets inflated. In life if we want to get liberated and want to become blissful, then ego is the biggest hindrance. Hence, the best thing is surrender to the universe/ God/ Guru and accept whatever comes in your life as everything happens in our life to make us realise the truth. This is THE TRUTH whether you like it or not. Jai Gurudev.





# Brahma-Rakshasa...

*By Vivek Pandye*

Just recently we had a session on Guru-Charitra chintan. For those who haven't heard about Guru-Charitra, let me brief you a bit about the same. Guru Charitra is a holy book based on the lives of two siddhas of dattatreya lineage namely, Sri pad vallabh and Sri Narsimha Saraswati. The entire book is based on a conversation or rather question and answer format and is divided in 52 chapters. In any case, coming back to the subject of discussion, during the last session of presenting one of the chapters of Guru-charitra, I came across some insights which I would like to share with you all.

The chapter numbered 23 and titled "Brahma-Rakshasa gets liberation", unfolds like this. To cut a long story short, One of the datta avatar Shri Narsimha saraswati's name and fame started spreading across villages in the southern part of India, the Royal king, who could easily make out him to be no ordinary person invited him to his royal palace after hearing all the miracles that had happened due to him. Even Shri Narsimha Sarawati decided to come out of his secluded life and begin his mission pertaining to human evolvement. He received a grand welcome from the king, a royal feast was served and an aarti was performed for the enlightened one. The avatar had to decide his place of stay for his residence now and looking upon an outhouse in the courtyard of the king, Shri Narsimha Saraswati decided to make this place as his abode. The king and the other courtiers informed him that the place was home to a "Brahma-Rakshasa". Shri Narsimha saraswati without paying any heed to the information just entered the outhouse where the "Brahma-Rakshasa" was an occupant. Having seeing the divine soul, the "Brahma-Rakshasa" first thought that some intruder had come, but within moments he could see that it was not an intruder but a redeemer. Later on Shri Narsimha Saraswati ordered him to visit Gangaapur where he attained Moksha.

While I was reading this, I got enthralled by two hugely contradictory words, "Brahma" and "Rakshasa" being put together. The word Brahma literally means the creator, the creator of all creation in this world. The Yakshas, the Gandharvas, the Rakshasas all originated from the Brahma. The word "Rakshas" originates from a story from the folk lores of India. Once it so happened that an entity which was yet not named tried to destroy its own creation. When Brahma felt that his life was in a

jeopardy, he proclaimed Rakshama-Rakshama and called upon "Vishnu" (another deity for sustenance in Hinduism). Vishnu having heard the calls of desperation from Brahma, eventually came to the rescue and managed to avert the danger. That is how we get the word "Rakshasa" from "Rakshama". So we have clarity about two things, first Brahma means the creator and Rakshasa are those who try to destroy the one who created him. However, this again is not the actual point to be contemplated about.

Traditionally, we all have believed that Rakshasas are demons or bad people on a mission to destroy the good people. However if you observe closely, we cannot do harm to anyone except our own selves. We can also can't do good to others, we can only keep our own karma in a positive state of balance. If you are angry, you damage the cells of your belly first and may be the other people get affected due to your anger. If you are feeling good, you may or may not be able to make the other person feel better. We only throw vibes throughout our lives into the universe and the universe responds in a similar fashion.

The word Brahma-Rakshasa actually means people who are completely ignorant of their divine nature and are on a "SELF-DESTRUCTIVE MODE AT ALL TIMES". Only enlightened sages or avatars can rescue such entities and also grant them liberation or show them the way at least. Again, the word "Brahman" can be splitted into two, "Bruh" + "Mann", where Bruh means to expand or grow and Mann is the human mind. Rakshasas are simply people who go on to expand their minds in a particular way which ignorantly makes them move towards the ego. Even Rakshasas are Brahmanas as they expand their mind but particularly for selfish reasons leading to enhancement of the ego. A person fallen in such a trap can only be rescued by another equally heightened person with completely opposite frequency. That is how we have the importance of "Darhsana" and visit to pilgrimage places in India, whereby you constantly get an opportunity to dissolve old patterns and move towards self-realization. We all are if not permanent than in some temporary way "Brahma Rakshasas". The point is to always keep company of people who test you and uplift you and not the ones who in the name of providing comfort, drag you down.





# GURU MAHIMA

by Amrut Kirpekar

In this virtual world , I think the actual relation that is binding us to our core is Guru. In my opinion, Guru is neither a person nor a character, it is far beyond everything. Guru is simply the sky which shows the change of colors, climate and every other surroundings as and when required. Guru is an appropriation at its peak. Sitting at infinite altitude he shifts himself wherever his disciple needs him. He then gives all the experiences of an elevation to his disciples as per the respective energy levels, hence Guru can be seen in three different stages

**Siddhaa:-** *Who does something which looks very strange or out of context for a layman*

**Rushi:-** *as a need of an hour and the disciples here he descends himself in the form of expression.*

**Muni:-** *When further he supports his disciples at their initial steps towards divine.*

Guru is nothing but a bridge which vanishes when you cross it and become the other bank where you land. In true sense divinity is part of Guru and Guru is part of divine after certain level you can not differentiate between these two and this is the real “ Maya “

Divinity when expresses itself becomes Guru and Guru when expresses himself becomes divine.

Many people find this divinity in many forms. This is very interesting topic. When you come across the material world then to understand it, the Gurutatva expresses itself as –parents. When the soul gets habit of understanding this form of expression and start believing and respecting it , then is replaced by a personality ( again the change of expression of divine ) here we understand that, unless you respect, understand & believe your parents , you are not going to get the final expression of divine that is Guru of your life for taking you back from where you came actual, your mother can take you to the world but only the Guru has the right to take you back to the origin normally termed as brahma. After this stage of perception of guru the final step starts he becomes a mother, a friend, a teacher a companion and you get confused that how to believe him as a guru. I think here the true eternal love, compassion and a spontaneous overflow of feelings come out and you surrender yourself , and the topic is over. Here you get a core statement of your life --- “Idam Na Mama”

Here Guru works for you and your Bhukti & Mukti, he may not provide material aspects of life to you but makes you capable ( Siddha ) to understand whether those are necessary for you and automatically you chose an appropriate---Here we can understand , how lord Krishna became friend of Arjuna and showed him the real way of life but finally Arjuna opted for it, thus Guru just shows you the way , you have to walk through it.

Normally many disciples do not understand the role and versatility of Guru and try and predict him but when the find he behaves exactly opposite they predict him to be they loose trust on him , this is a real and crucial part, in my opinion a true disciple should be a bystander and he should know when to step in and step out in such situations. Surprisingly this game of step in and out is also taught by the same guru the process is termed as” Sadhana”.

To become a sadhak one should have all his vruttis down and surrender to his master so that nothing will take away him from his divine Guru.

One should always understand that Guru and his disciple are in relationship and not in partnership. In partnership there are roles and responsibilities but here in relationship it is all taken care by Guru. The only and last responsibility of disciple is to surrender. I quote—“ If you wish to see the life in line then surrender it to the divine” unquote-No matter in what form , in which phase of life and at what cost of emotion you meet your Guru but when you meet, the relationship happens.

Many people complain that they do not get Guru or how to find Guru... I think if at all you have even a truti (a fraction of second ) doubt about becoming disciple then you will not find Guru although he is around you. Your level of perception, acceptance and anticipation shifts to its peak and you reach to your Guru and vice a versa.This is called as design.

*In Marathi there are great lines written by disciple for his Guru -*

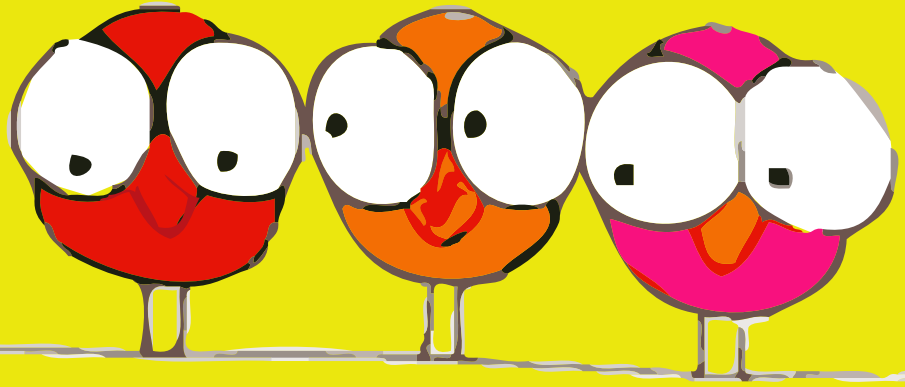
**Swadhyane umajavi maj maza madhali shakti  
Satya Labhata Sare yachana urte Amrut Bhakti**

It says that, the swadhyay (introspection) shows your true power from within and there you face the truth that nothing to be asked but maintain an enormous bhakti inside with an un ending devotion

Finally, it is said that everything is everywhere and everything is latent..

In my opinion sadhana removes the sanskaras from you and the God from inside resonates with the God present outside, that is where the supreme almighty takes the Avatar of Guru .. so the simple linear equation is to be in sadhana to extract the God from within which in return gives you the divine Guru who can change the substratum for you in such a way that you experience an Oasis even if it's a Mirage for layman.. and that's the Guru Mahima





# Comes Back...

by Telangan

If you think you are beaten, you are ...

If you think you are looser, you are ...

If you think you are miserable, you are ...

If you think you are lonely, you are ...

Happiness is born in the mind first ...

We got to think high to rise on the top ...

If you think you are a winner, you are ...

If you think you are divine, you are ...

The energy we create every moment

Keeps presenting conditions for us ...

We must stop blaming others when

The arrows we sent comes back ...

It's better to send flowers than arrows ...

It's better to have values than sorrow ...

It's better to be happy and blessed ...

Everything comes back to us as a present ...



# Let them sleep till they wake up ...

Sit straight. Relax.

Take your attention to your breath.

Ask yourself how you feel at the moment. Ask yourself "Am I happy at this moment? Happy about myself? Happy about others? Happy about surroundings?"

Look at that happiness. Imagine that you have just woken from the deep sleep. Look at the day ahead. Look at all those who have woken up with you. How do you relate with them? Don't you think that you are the children of happiness?

And how about all those who are still in the deep sleep? Do you want them to wake up? Do you feel bad that they are missing something interesting?

Do you laugh at their ignorance? Is their ignorance their idea of knowledge?

Their idea of science. Your bliss is your idea of your idea and science.

Say that it is alright. The time has not come for them to wake up. Their domestic traits are still dominant. Do not get bogged down by them. By their attitudes. Just be in trust. Waking up is inside. It has nothing to do with what you outwardly do.

Look at your idea of wakefulness. Listen to the sound of God. Feel the touch of divine.

After 10 minutes open your eyes gently and come out of meditation.



# A small step of Pathway To Wisdom - a footprint on American soil

By Vaishali Vedvyas



*DSPPL (our sadhaks' initiative in social training) entered into a tie up with New Generation Development Inc. U.S.A (a set up by our sadhaks in USA) for launching their various training programs in USA in July 2019. The first such program was held between 7th and 12th July 2019 at Sullivan Park, Oak Forest Reserve near Chicago. Here are some wise words from Mrs Vaishali Vedavyas, the Director-in-charge of this program for NGDI.*

On behalf of New Generation Development Inc (NGDI) I would like to thank you for your time, support and contribution towards 'Gurukul based Kids Summer Camp 2019 Chicago'

Hearty congratulations to us for the great success of the camp. Without you all, camp could not have been possible.

I would like to take this opportunity to thank all visiting faculties and volunteers on behalf of the kids for your generous and thoughtful gifts.

Parent's trust in us and kids' openness to learn was essential for the camp to begin. I appreciate all parents for their sincere efforts in bringing up kids with so many moral values. All kids are very sweet, humble, caring and fun to have around.

I would like to extend my special thanks to Kalpana who dedicated herself for the kitchen to provide kids their favorite food and provide adults differently. At times she handled the whole kitchen alone with a great smile on her face. She not only took care of the kitchen but she also took care of kids with motherly love when they needed.

My special thanks to Rakesh with his wholehearted participation in the camp. From setting up the camp till the end of camp he was running around for every little need of the campers. He volunteered all his time keeping aside his business priorities. Without much help, he ensured the smooth functioning of the camp.

I don't have words to express my gratefulness to Geya who came all the way from India leaving her 5 years old behind. Her dedication and love towards kids in the camp is indefinable. She made camp so much fun and enjoyable for kids. Without her, kids could not

have been so happy and learnt so well.

I like to thank Jairam for his sincerity and devotion towards Indian principles which was the essence of the camp. His efforts to keep kids on the track in the event of summer fun distractions kept camp going in the right direction.

I appreciate and extend my hearty thanks to Eera, the youngest volunteer of the camp. She kept aside her summer fun to contribute to the camp. She not only took care of catching all beautiful moments but she also helped everyone whenever it was needed from setting up camp, in the kitchen, bringing groceries, watching kids' safety, feeding kids and making sure they sleep on time. In spite of her age she is most mature, motherly, funny and dedicated person.

My sincere thanks to Sonal and Devyani who visited us during the camp. I appreciate the time, efforts they put in the camp and made camp more fun for kids with their generosity and creativity.

Last but not least, my special thanks to Ajit sir (guruji) without his idea camp would not have existed. Besides his busy schedule, his contribution to camp and all suggestions made camp a big success. His connections with all great people like Dan, Ray, Play for Peace- Robert and John, and his dedicated sadhaks like Hemant bhai, Nilesh bhai, Dr. Rashmi Patel, Sunita, Janardhan bhai, Dipi, Varshaben, Heena made camp very successful.

I sincerely apologize for not mentioning one very important name: Krupa Bhat Patel who dedicated her time and enthusiasm for us, leaving her two little daughters behind every night to come and stay at the camp so we can start our day early and as planned.

Krupa was the sunshine of the camp, waking up kids and teaching them yoga and pranayama. Looking at her morning glory we all were happy to wake up early in spite of summer break. Can't thank you enough Krupa, for your dedication and time.



## DSPPL's first step in USA



DSPPL (an outfit of RVN sadhaks to promote Indian spiritual teachings worldwide) signed an agreement with New Generation Development Inc. Chicago for a mutual cooperation in organising various programs to promote Indian culture and new attitude, approach and abilities to handle new generation related issues. The agreement was signed by Mr Rakesh Vedavyas and Mr Jairam Athalekar, Directors of NGDI and DSPPL respectively.

## DSPPL's first Children Retreat program on American soil

Rakesh Vedavyas and Mrs Vaishali Vedavyas (both Directors of NGDI) worked unflinchingly and fighting all odds to launch the first children retreat program at Sullivan Park, Oak Forest Reserves in Cook County of Illinois. The program was held between 7th and 12th July which was attended by 13 children studying in USA. The program became a big hit with subjects like Vedik Maths, Abacus, Principle based sciences, Yogas & Pranayams, Provocative Learning, Inner Physiology, Cars designing, Reiki Healing, Playing for Peace and many more. Getting faculties like Mr Dan Creele, Mr Ray Piagintini, Mr Robert, Mr Janardan Engreji, Mr Hemant Patel, Dr Rashmi Patel (from Emery Medical Centre), Ms Devyani Bhatt, Yoga teacher Ms Krupa Bhat Patel all from USA and Jairam Athalekar, Geya Mehta from India was a huge achievement and led to ultimate success. The parents at the end of program were full of appreciation towards the program and extended their hands of cooperation for such programs in future



## WISE program arrives in America



DSPPL organised through their partner company NGDI in Chicago, their first WISE (Women's Innate Self Empowerment) training program in USA at Naperville near Chicago. The program was conducted on 10th and 11th June 2019 which was attended by 18 women. After this successful WISE, the program has been requested in areas of Raleigh (North Carolina) and Detroit (Michigan) This is the first initiative by DSPPL in collaboration with NGDI, a Not for Profit organisation in USA.

## Nadia Edreva and Jairam Athalekar become Reiki Masters of RVN



Mrs Nadia Edreva was initiated as Reiki Master by Guruji in Chicago on 2nd July 2019 along with Mr Jairam Athalekar.

Ms Nadia is the first Master of Reiki Vidya Niketan born outside India. Nadia was born in Bulgaria and migrated to USA about 18 years ago. She learnt Reiki in 2010 and became a mainstay of Reiki movement in Chicago thereafter.

## Reiki Arogya Mandir at Thane



Thane sadhaks have strongly resolved to start series of Reiki Arogya Mandirs (RAMs) in and around Thane to offer free Reiki support to all those needy and poor residents. The first such RAM was started on Guru Purnima day (16th July) at Garden Enclave Society where the society has offered the space for such an activity every evening between 9 and 10 pm. Two senior citizens were offered Reiki on the first day itself Another RAM will start in Siddhachal community very soon.



Mr Jairam Athalekar was introduced to Reiki in 2008 and has been on the forefront of most of the RVN initiatives having social impact.

Jairam, the senior professional in India's power sector, headed the Study Circle movement after his voluntary retirement and also led the Atirudram Sankhpa since 2016.





# Gurupurnima Specials...

## Gurutatva

By Mrs Sushama Jitheshkumar

Guru, where Gu means darkness and Ru mean light, so guru means a journey from darkness to light and the tatva is the element that takes us through this journey.

The tatva is an invisible cord which is connected to us right from our birth till death unlike the umbilical cord which gets disconnected at physical level from the mother.

To experience the tatva cord one must be in "realization" only then one can see, feel and experience it.

Life gives us ample opportunities to realize the cord connection but a few do realize this in time, others on time, still others at their end time.

I for instance realized it on time. It happened when I went through a situation which was so unexpected and unimaginable for me then. I complained and complained and complained to god "WHY ME?" Further I cursed the people I felt responsible for it.

For months end I couldn't come out of it, and one day unexpectedly on the 11th hour I was cajole to join the 1 day trip to Shirdi Sai baba temple, and this was the turning point of my life which made me realize my connection with this guru tatva.

The complains and curse turned to compliance and cure, the "WHY ME?" factor became "LUCKY ME" factor

I realized that this guru tatva is constantly connected and working for me in different names and forms like My family, like Sir Ajit Telang, like Teachers and Masters, like Reiki, like Agnihotra, Tryambak, Meditation, Shri Rudra, Chants, and many more.

These gurus in my life have been shaping and polishing me each day so that I can handle all the emotional drama happening around me gracefully. I can feel their presence through my experience, through others opinion, through visuals in form of captured pictures, through meditation.

A few incidence I would like to site here are

1) My ear surgery; In the year 2015 i had to go through a ear surgery from a renowned ENT surgeon in Mumbai. According to him it was just a small 30 min surgery but it actually lasted for 2.5 hrs. On regaining consciousness I thanked the doc for the surgery and he replied "I don't owe this thanks as I don't think I did your surgery, it just got complicated in the process and beyond my expectation, u better thank god"

Before taking this decision of undergoing surgery I had taken Sir's permission and he had given an unexpected nod to go for it.

2) When Jithesh my husband got the so called medically termed "Severe heart attack" when he was alone at home in Bangalore last year (2018). The kind of awareness he showed in that critical situation to alert neighbors by keeping the TV on at high volume at 3 am so that people will come least to complain about the noise. He also managed to book the cab and keep his cards and passwords handy for the one who would come to his help.

As I came to know about his news I started from kerala with his family, but not even a single moment did any negative thoughts touched my mind. I knew swami is at home and he will take care of him.

3) When I see some images in the agnihotra or trayambak fire or experience the Om symbol on god's photos I know he is there with me.

4) Siya, my daughter is a reiki child. I always wondered what is different in her when she was a child? And recently I discovered at the age of 13 she is much more matured than the children of her age group. She handles situations in a much better way than even I could do. Yes, she does not always follow what I believe in but what she believes in is also worth believing.

Hence I always consider myself to be filthy rich with the kind of family I have, the guru I have, the company I have, and the people I am now surrounded with ; all radiating love, light and reiki.

To conclude I can say, material wealth I do not seek and eternal love don't know where to keep...

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## About teacher and teaching..

By Amara Vasuntara, Chennai, India

"He alone teaches who has something to give, for teaching is not talking, teaching is not imparting doctrines, it is communicating" - Swami Vivekananda

On this auspicious occasion of Guru Purnima, I bow down to u for imparting the immense wealth of reiki knowledge. Thank you for enriching my life and widening my horizons. My Guru Purnima wishes to you.

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# Tribute to the principle of Masterhood...

*By Vishal Shridhankar, Reiki Master, Mumbai.*

Koti Koti pranam to all my fellow Reiki Masters, the USUI lineage and the Masters in Universe who are guiding us on this path and mission.

I would like to share this with you all that recently I had a opportunity to attend the Reiki Seminar of Rakesh in Mumbai and it was such a beautiful experience.

Listening to the Seminar, it just felt so wonderful. Everything was simply tuned.

At that moment it dawned upon me that whether one Master is taking the seminar or not, wherever and whenever there is a seminar all Masters are part of it.

On the auspicious day of Gurupurnima, Lets pray wherever we are. Whenever there's a seminar we just connect with each other.

As Rakesh very rightly said after the Seminar, the happiness on the faces of the participants is fulfillment and the happiness beaming from within is even more fulfilling.

It's only possible because of our Guruji's love upon us all. He is giving us so much love that's there no way but to share it through Seminars.

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*From Mrs. Seema Trivedi.*

Jai Gurudev,  
Guruji and to all Masters.  
Happy Guru Purnima.

This auspicious Day is to show Gratitude towards Guruji . As he has taught us to live in Happiness with Love.

Thanks Vishal, Rakesh and Krupa to share the experience of seminar. I also have same experience when I see the faces of participants with bliss and Happiness . Because of Guruji this Divine Grace is there and it flows through us.

So Let this Divine grace of Love be there always.  
KOTI, KOTI PRANAM To GURUJI

With love, light and Reiki

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*From Ms Krupa Choksi*

Dear All, Jai Gurudev.

Wish you all a very Happy Guru Poornima!

My reverence and prostration to our beloved Guruji and all masters on this universe who has made us vehicle to share their knowledge through us. It is gurukrupa only which has made it possible. I agree with Vishal and Rakesh that the moment we sit on that seminar seat, our personality goes and divine takes over. The feeling after every seminar and after seeing that bliss and happiness on the faces of the participants, that our life is fulfilled. I always look for that moment at the end of the seminar when divinity connects with divine through us and participants. This has become possible only because of the divine grace of our beloved Guruji. He has made everything so simple for us.

Through his grace life seems very easy.  
Guruji ke charanon mein koti koti pranam.

With love, light and reiki,

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*From Mr Deepak Garge.*

Dear All, Jai Gurudev!

Happy Guru Poornima to Guruji and all the dear ones!!

As rightly shared by Vishal and Rakesh, we all experienced the similar thought process in Krupa's Seminar in Pune, when a most senior lady sadhak (almost 75+years)shared her experience and thanked Krupa for the knowledge she gained in the Seminar.

It's all only possible because of our beloved Guruji for taking all efforts and guiding us on this divine path.

Once again Sashtang Namaskar to Guruji and Thanks a lot!!!

With Love, Light & Reiki,

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## Bowing to that Guru....

*From Ashwini Telang*

Ever since I was a child, I always have adored Shree Sai Baba of Shirdi. The moment I think of him and his devotion towards his Guru, Shree Swami Samarth, I get inspired to be as devoted as he was throughout his lifetime. The level of surrender he had towards his Guru is still a benchmark for me.

In my childhood, my father used to narrate stories and incidents of Shree Sai Baba that were very thrilling and enchanting to me as a child. I always used to wonder who taught him all these things. Where and when did Sai meet his Guru, if at all he had one? And how did he learn them?

All these questions were been answered by my father that Shree Sai Baba was a disciple of Shree Swami Samarth. While telling me the stories, he mentioned that Shree Sai Baba met Swami at a very young age. Shree Swami Samarth then taught him to meditate. Furthermore Swamiji asked him to go to Shirdi and reside there nameless. These instructions were followed by Sai without any question. He went to Shirdi and sat under the neem tree meditating day and night. At this junction, he was only 16 years old boy.

When I first heard this from my Dad, I thought to myself "wow! What a surrender..." I felt that I want to become like him. But somewhere I knew it's a very difficult task. Sai Baba's life under tutelage of his Guru, became so effortless thereafter that he was surrounded by wonderful devotees like Bayjabai, Shama etc. which was of course the grace of his Guru. Though Swami Samarth was staying in Akkalkot and Sai Baba in Shirdi, Swami was consistently a guiding behind Sai's miracles in the interest of humanity, in spite of the large physical distance between them. That speaks Volumes of how Guru's grace is beyond time and space. The concepts of patience and faith was the message Swami wanted Sai Baba to spread to the world. That message is still valid for all sadhaks.



Dear All,

Jai Gurudev!

Happy Guru Purnima! Today when we can relate..... to all our collective efforts in conducting and being part of a Divine Seminar, we bow to the tradition and lineage of all Masters and countless missions taken place on this earth for humanity to cross the oceans of sufferings. Today we bow to that Divine Master Spirit which has always been with all of us through thick and thin, and never left human kind like a Protective all pervading Mother!

Last Seminar we experienced how the Reiki Space of Seminar is an oasis for all those who seek, a place for old sadhaks to come and revitalised in their seeking. New Initiations..new journeys...end of sufferings...sometimes its so overwhelming...as Vishal and all of us experienced...we can sit and be in awe for the Guru Tattva to be in Absolute Harmony and in tune...singing the chords of Universal Plays of Consciousness!

Arigato gozaimas....Thank you!

## Ashram Wisdom



### What do we leave within the patient in Reiki?

Recently there was Guruji's lecture on "Reiki for you and your family" in one of the big Government organization. All the participants got very much interested and impressed and there were series of question and answers. Guruji explained about energy science, healing through Aura surgeries, etc. in a very apt manner. One of the participant stood up and asked a question, "We have heard that in many cases doctors when they perform surgery on patient, forgets pair of scissors, scalpel, cotton, etc. inside the body, so is there anything like that which remains when you perform aura surgery?" At that time, Guruji laughed and gave answer, "Those doctors may be forgetting something while perform surgery but in Reiki we deliberately keep something within patient, and that is **love and compassion.**"



## Reiki Seminar in August 2019

Dates	Centre	Degree	Master
3rd & 4th August	South Mumbai	1st	Vishal
3rd & 4th August	Chennai	1st	Khushal Solanki
7th & 8th August	Nashik	2nd	Ajitsir
10th & 11th August	Mumbai	1st	Rakesh
10th & 11th August	Vadodara	1st	Seemaben
10th & 11th August	Rajkot	1st	Krupa
10th & 11th August	Devrukh	1st	Sangita
10th & 11th August	Chiplun	1st	Kalpita
10th & 11th August	Thane	1st	Vishal
14th & 15th August	Ramnad	1st	Khushal Solanki
17th & 18th August	Ahmedabad	1st	Bharatiben
17th & 18th August	Bengaluru	1st	Aruna
17th & 18th August	Pune	1st	Krupa
24th & 25th August	GSFC Baroda	1st	Ajitsir
24th & 25th August	Nashik	1st	Kalpita
31st Aug. & 1st Sept.	Delhi	1st	Krupa

## Reiki Training Programs under Ayushman Bharat Scheme

Dates	Centre	Degree	Master
7th & 8th August, 2019	Rajkot	1st	Krupa/ Seemaben
7th & 8th August, 2019	Bhavnagar	1st	Bharatiben/ Deepak
20th & 21st August, 2019	Vadodara	1st	Krupa/ Seemaben
20th & 21st August, 2019	Surat	1st	Sangita/ Rajendra
27th & 28th August, 2019	Ahmedabad	1st	Bharatiben/ Jairam
27th & 28th August, 2019	Gandhinagar	1st	Sangita/ Rajendra

### Other Programs:

**15th August 2019: Dattayag-** Pune- Amrut Kirpekar (9960101018)

**23rd August 2019: Dattayag-** Bengaluru- Aruna M.