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# Reiki Vidya Niketan

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#### The idea of Teerthayatras (Pilgrimages)

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A lot of people ask me about the Teerthayatras (Pilgrimages). The main questions that is posed to me is always "Why to go to teerthyatras (pilgrimages) at all?" It has been an age old tradition in practically every religion across the globe. To understand the purpose behind such pilgrimages, one has to understand the meaning of Teertha. The word has its origin in two words: Teeh + Tha. "Teeh" here means the energy which has manifested as the usable energy which is concentrated. "Tha" means a place. These are truly the spots where the energy in usable form is available for one to experience and use. This is a literal meaning of this word. But the real purpose may be different. Generally such pilgrimages test your endurance and perseverance. These are the two virtues of a sadhana. The pilgrimages just create situations that you have possibly not anticipated before and you react as a pilgrim. These reactions truly tell you and others where you have reached in your transformation. Every pilgrimage will offer different challenges and bring out different set of reactions from you. Each time you can find out how your reactions to the environment are changing. These reactions act as parameters of your growth and indicate how far progress you have done in your spiritual life. How much of your sadhana is truly manifested into your daily life behaviour.

Lately we have had many such pilgrimages. First to Kailas last year in July, then Girnar this April followed by Kedarnath and now Amarnath. Many of you are common in these pilgrimages. I have been observing how beautifully you are all shaping and growing on this divine path.

What is achieved in pilgrimages is also achieved when we play games or sports together. They also make you drop your masks without your knowledge. The child within comes out with its true nature. Child is a true nature of each person. That innocence, that curiousity. This is what all of you are. That stands out in such situations. When you sit in meditations, it may happen that you are wearing a mask knowing fully that someone is watching you and you are supposed to look meditative. You may be doing an inner search but your are looking out all the time. It is very difficult for any master to fathom you in such cases. The real life situations bring out the true nature. That is your exam. That is a beauty. When you are on your vacations, you are giving exams. When you are relaxed, you are studying in a real sense. That is what real sadhana is all about.



#### **Guru Purnima Utsav**

The Guru Purnima Utsav this year was celebrated in abig way at Nashik Centre. Guruji with his sadhaks had decided last year that instead of celebrating all utsavs at Devrukh ashram, the celebrations can be done at different centres so that more and more sadhaks can really have the participation in such events. This decision was implemented from this year and the first turn came for Nashik.

Sadhaks from Nashik took full advantage of this opportunity and celebrated the event with a lot of pomp and enthusiasm. They decided to celebrate this divine festival—probably the most important on the path of spiritualism—by emulating Devrukh daily chores. The day started at 6.00 am when Shree Swami Samarth was woken up with Mangala Aarti as in Devrukh. A special temple like place was created on altar for the purpose fully decorated with a lot of flowers and rangoli. Agnihotra and Trimbak Homa was performed as the morning rituals followed by Rudra Swahakara. Many sadhaks from Nashik participated in these programmes. This was followed by breakfast. Thereafter the real essence of Guru Purnima stood out. This time Guruji had advised the sadhaks to celebrate Guru Purnima as a Knowledge Purnima under which the group of sadhaks were given certain subjects related to spiritual science and were asked to present their research papers. Vishal Shridhankar, our sadhak from Mumbai presented an hour long presentation on Orgone Energy, bringing out various aspects of spiritual dimensions of energy and explaining how the whole concept works and how our ancestors knew about the same, imbibing those into day to day rituals. Guruji answered some of the questions for the better understanding of the audience.

The afternoon session started with Swamiji's aarti at noon, the bhojan Prasad and then the research paper presentation of Rakesh Kumar and Kalpita Kumar, a sadhak couple who talked about the Serpent of Life and Ascention respectively. This really set the audience into a flow of knowledge and the in depth preparations of Reiki sadhaks in these fields where the modern science and the ancient science has a meeting point. This definitely must be one of those historical moments. After this there were some questions and answers with Guruji, the very emotional Guru Pujan and then the aarti for the evening. The satsang thereafter charged the whole atmosphere with sadhaks singing heart warming and heart rendering bhajans. The whole space was brimming with joy and celebrations as the crowd had swollen to a large proportion by that time. The day ended with Good night aarti to Swamiji. It was indeed a reincarnation of Devrukh in Nashik that whole day

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#### A story of bouncing back ... a Reiki success story By Siddhi Patel

This is a story of Kashyap Satyendrasingh Rawat. A true story. A story of bouncing back. A story of the presence of divine powers around us. A story that is an answer to the evils of terrorism in today's world.

Kashyap Rawat, born on 9th October 1982 currently staying at Salatwada in Baroda was injured in a bomb-blast attack in Delhi on

13th September, 2008. That was a day when 5 blasts took place within a span of 31 minutes from 18:07 to 18:38 IST in busy markets/ commercial localities. After the 1st blast at Ghaffar Market at 18:07, two explosions took place on Connaught Place at 18:34 and 18:35 respectively. Kashyap was serving for Hero Honda Company at Delhi. He had called his fiancé that day and both met at Connaught Place at Delhi. In the second blast that took place at Connaught Place, Kashyap was seriously injured and his fiancé died on the spot. His family doctor at Delhi had seen Kashyap on the site of bomb explosion on the live new channel and rushed to bring him at Ram Manohar Guhia Hospital through a police van. His parents were immediately informed and Kashyap was shifted immediately to the Apollo Hospital on 14th September, 2008. The doctors there recommended an emergency surgery. His father Mr. Satyendra Rawat called Mrs. Sheela Jadav, a Reiki Vidya Niketan Reiki channel made a request to send reiki for successful surgery. Sheela Tai Jadav only being a 1st degree practioner, at that time requested Jagrut Korde to send reiki as she was empowered in 2nd level reiki to do so. Coincidently Jagruti was having "Guru Charitra Parayan" that day at home and there was a team of sadhaks who came to read Guru Charitra. All started sending reiki immediately. The doctors were successful in removing all the metallic elements of the bomb from his neck which was severely damaged in the C5 and C6 Spinal region.

Kashyap was suffering from severe Spinal injury was kept in ICU for 3 days. The doctors treated him were of the opinion that his spinal cord was badly injured and the recovery looked difficult, neigh impossible. Subsequently he was brought to Baroda on 12th November, 2008 and was shifted to Bhailal Amin Hospital. After 15 days of his being there, the doctors expressed their helplessness and the limitations of science which intrigued his father, Satyendrasingh who decided to go for some alternative method.

One of our reiki masters, Mrs. Sangeeta Kulkarni performed an Aura operation on Kashyap. Subsequently about 10 sadhaks started giving reiki to Kashyap with all dedication without missing a single day for 4-5 months. This valiant and compassionate sadhaks were Sheela Jadhav, Jagruti Korde, Meena Shukla, Shraddha Sangamnekar, Kumar Pingale and his parents, Prakash Sharaf, Vaishali Rawat and Kunda Mohite. Kashyap was then advised to visit Reiki Arogya Mandir, once he started walking with the help of walker where he continued about 5 cycles of 21 days. Simultaneously they also started doing Agnihotra at their place. Subsequently Kashyap and his mother learnt reiki on 20th March 2010 in Baroda from Mrs. Sangeeta Kulkarni.

Though Kashyap is still suffering from Spasticity in legs, lower back and mid back, however reiki has empowered him to attend his office work for 4 hours everyday. Kashyap has now bounced. This story should give lot of confidence to our reiki sadhaks all over the world and to all those who would like to give befitting reply to the acts of terrorism. Even if they damage we can heal that is the message.

#### Guruji's visit to USA

### Guru Purnima in Chicago



The sadhaks in Chicago celebrated Guru Purnima the day Guruji landed in Chicago on 19th July in the beautiful backyards of Janardanbhai and Vinuben Engreji's house at Wood Dale. Sadhaks lined up to wish Guruji and take his blessings on this auspicious day. Guruji in spite of a long journey was cheerful throughout and had some small talks with all sadhaks. The joy and happiness on everyone's face was to be seen to be believed.

#### Reiki Seminars in Chicago

This visit was special from the viewpoint of sadhaks in Chicago as Guruji spent almost the entire 15 days in Chicago. Normally during his trip to USA he visits the other centers as well. The sadhaks took a maximum advantage of Guruji's presence and enjoyed every moment. 3 seminars were organized in the span of just 7 days between 25th July and 31st July, after Guruji got free from his attendance at BMM Convention. The first seminar was organized for Reiki level 1 on 25th and 26th July. The second was organized for Reiki 2nd level on 28th and 29th July to be followed immediately by a third seminar for Reiki first level again. All these seminars were conducted at Bloomingdale in the divine house of Ghanshyambhai and Jyotsnaben Patel's house. Totally 72 participants benefitted by these Reiki teachings.

#### Reiki Intensive and Reiki satsangs





Reiki satsangs this time were something which was very special events. The satsangs which started just as a chat with Guruji on the evening of 25th July, after the seminar, in the beautiful backyard garden of Janubhai became a regular affair not missed even on one day till 1st of August. What started as a small event with about 25 people attending ended with almost more than 50 at a given time. The satsangs discussed various points and Guruji answered all the questions that were fielded to him by sadhaks on various aspects of spirituality. The special guests like dan Creele and Hugh Blewet who presented the Native American spiritual dimensions added a lot of colour to this event.

After the success of last year's Reiki intensive sadhaks were keen to have similar event this time too. However due to a short time available for Guruji a single day even was organized only for 2nd degree sadhaks at Sat Keval Mandir in Carol Stream on 1st August. 85 sadhaks attended the event

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#### A letter to Guruji from Dan Creele (U.S.A.)

/Ajit,

Once again it was an honor to be with you and your circle of students. They have the exact same spirit and joy of the Native American people I have been with. The joy and laughter comes from a place deep within their DNA and changes the energy in the area.

I did not get a chance to really elaborate on all the items it felt I needed to gift you, but I am sure you will understand when and where to use them.

Pictures of Keewaydinoquay, Nowaten Dale Thomas, and Jim Gillihan I hope can find a space in your Ashram and you can share their story with your students and visitors

Gillihan Bead - is the highest honor I would ever have for anyone. Jim was an amazing person and wonderful teacher. He, like you, had a photographic mind and could simplify complicated things for us to understand. It really came from him. Words and feelings just come when and who to give it to. Two years ago I was gifted with his pipe. It was to be buried with him but it was not. A friend said, "Jim came in a dream to him and told him to give it to me." So after that I wanted to carry on the tradition he started when he was alive.

Sacred Water – you will know when and where to use it.

Machu Picchu – 11-11-11 – I am meeting with Marta Thomas and will explain to her who you are and why it would be important for you to be present at their gathering. I will have her be in touch with you after we meet.

ALL those items that were gifted WANTED to go to you. ALL day Saturday it seemed they talked to me and helped me understand why they needed to go.

Hugh did a great intro for his two hour presentation. It is fascinating what he has discovered and it will resonate with what you have been sharing for a while on the pyramids.

I hope you had a safe trip home.

Blessings,

Dan



Dan Creele presenting a divine Pipe to Guruji



Guruji with Dan Creele and Hugh Blewet two leaders of Native American spiritual movement



Guruji with Mayan Calendar– a point of discussion in Spiritual world today

#### My experiences with Reiki

Aviral Jain.

On May 1998, I learnt my 1<sup>st</sup> degree Reiki from my Guruji Ajit Sir and followed it by 2<sup>nd</sup> degree next month.

I was suffering from many troubles before Reiki like physical ailment Epilepsy and emotional troubles like insecurity .low-confidence, stammering .But gradually all the problems vanished because of regular practice of Reiki added with Pranayam & Ayurveda and by blessing of Guruji, which I believe is the extension of Reiki.

I remained in touch with Ajit sir since I learnt the Reiki and that was instrumental in clearing all my problems.

Normally Principles like 'attitude of gratitude' 'trust' 'simplicity' 'being in awareness' 'learning' is considered to be outdated in modern world. But I learnt to use those principles in day to day life and found it to be very practical & scientific. In adverse conditions also these principles are very practical.

When I started Reiki my parents were very much against Reiki though they have also have learnt Reiki but they have not practiced it. They did every thing to stop me from being in touch with Guruji and Reiki but due to blessing of Swamiji and Ajit sir I came out of it and now I am on my own feet.

Last 4-5 yrs have been very tough for me when I came to Bhopal. I have troubles in my jobs, Health and with my parents. But I keep on practicing Reiki and teachings of Ajit sir and slowly all those problems get vanished. There is no guarantee that after learning Reiki you won't get troubles in life but if one practice Reiki regularly and follow the teachings the troubles will get subsided.

As Ajit sir says every problem comes with a purpose of teaching you something. Nothing happens in life without purpose. All these things appear to be very idealistic but I found it to be very practical.

Just Practicing Reiki daily without living with it daily & constantly in your every actions & reactions may not yield the result expected. One has to follow the teachings, be in space of it all the time.

Once I was selected in a university for M.B.A, but that university requires 50% in Graduation but I scored less, every body told me to bribe the college officials to change the result and told me how to do it but I decided otherwise and I had to leave that college but around two years ago that university got their license cancelled. So ultimately that decision of not bribing was considered to be unpractical at that time, but it came out to be correct. And I completed M.B.A from some other college. That's why I consider that these teachings are very much practical.

In the life there are lots of Ups & downs. In fact more downs than ups but due to blessing of Guruji and Reiki I understood the life and how to remain happy and be with Swamiji.

#### Guruji honoured at BMM Convention in Chicago

Guruji Ajit Telang was honoured by Brihan Maharashtra Mandal USA by inviting him a sa special invitee and a guest speaker at the 15th convention of BMM at Chicago between 21st and 24th July 2011. The convention was held at McCormick Centre in Chicago. BMM is an apex body of about 48 Maharashtra mandals at state levels and the convention is generally held every 2 years at different places in USA and Canada. This time about 3300 participants attended the convention. Guruji was given two slots to present his views on Reiki Healing and Shree Swami Samarth. Both the lectures were well attended and appreciated by the participants. Guruji brought out the power of Reiki spiritual practice which can create a new world full of happiness and peace, a world beyond violence and hatred and insisted that Reiki can create a revolution in the new order of the world taking the residents of this beauti-

ful planet beyond the narrow and parochial ideas of religions and castes.





A rapt attentive audience all ears to Guruji's speech



Coverage of the event in **Pakistan Times** 

Guruji delivering a lecture

#### Law of Expectations ..

Ajit Katakdhond

I keep listening to Bhagvata talks. As you once said, Swami Avadheshanand Giri also says " jaisi drishti vaisi srishti" - the world he says looks exactly as you want to perceive it. I have lately found this to be true by personal experience. Cultivating awareness has revealed more of me to my self. The things I used to blame on others are directly or indirectly the results of my own choices and past actions

I have found the law of expectation also works as described. Changing my expectations has turned around many an unfavorable situation into neutral situations at least. The trouble comes but passes by and never actually reaches me.

Following your teachings and daily Satsang (via the media) has made me comparatively better behaved. I thank all the Siddhas for their constant companionship and guidance.

Regards,

Ajit Katakdhond

# Ashram Wisdom .....

#### Do you think your Reiki has not worked?

Using your logic means to live in alignment with the universal intelligence. You can not leave an alignment with that if you resist life, if you resist what is, if you complain about life or have a quarrel with the present moment.

Ekhart Tolle

Look at this. Many a times some sadhaks come and tell me that they had given Reiki to someone but the person did not survive. They feel miserable about that. They feel they have failed as healers. They get disappointed. They get disheartened. They should go deeper to get the deeper meaning of healing. Healing does not mean making someone live longer. It means the freedom from pain, freedom from sufferings. Not necessarily death. Secondly you may never know why you are giving Reiki to someone. May be the purpose that you thought and the purpose that the divine has while working through you may be totally different. Divine has a wisdom while you have a knowledge. Divine knows much more beyond what you know. What you are possibly doing is only for the future not for this moment at all. Like many a times, after my seminars I leave for my home and my sadhaks offer me something to eat on my way. They make a nice tiffin box with some delicious food that they know I love and put in my bag saying that I should eat it on my way. I do not eat there and then. I do eat it on my way when I feel hungry in the train journey. They do not see that. They may feel that their food is wasted because they have not seen me eating that. They would possibly be happy if I eat it there and then. But believe me the food is not meant to be given for that. It should satiate me when I need it most. And that is what happens. So when you give someone Reiki and you do not apparently see it has worked the way you wanted to, believe me, it will be there to help your patient when he /she needs it most. When that energy is all alone and needs your support, it will work. It will help that person to achieve the ultimate though you may feel it has not helped him/her at all. That understanding is sadhana, that understanding is wisdom.

# Reiki Seminar Schedule

Sr No	Dates	Location	Master	Degree
1	14th 15th Aug	Thane	Ajit Sir	2nd
2	18th & 19th Aug	Baroda	Ajit Sir	1st
3	20th & 21st Aug	Ahmedabad	Ajit Sir	2nd
4	27th & 28th Aug	Devrukh	Ajit Sir	2nd
5	10th & 11th Sept	Nashik	Ajit Sir	1st
6	17th & 18th Sept	Thane	Ajit Sir	1st
7	1st & 2nd Oct	Devrukh	Ajit Sir	1st